



# Bionic Couple



Every morning, before her feet touch the floor, **Sharon Fogle** of Lewisburg thanks God for a good night's sleep, the day ahead, her artificial knees and **Dr. Ronald DiSimone**.

Four artificial knees between Sharon and her husband, Harold, have friends calling them the "bionic couple." Dr. DiSimone, their orthopedic surgeon, has "amazing expertise while being humble, intelligent, caring and honest," says Sharon. He is the reason their lives have been revitalized and their debilitating pain has been eliminated, allowing them to pursue the work and hobbies they love once again.

When asked why they traveled more than 20 miles to Williamsport Regional Medical Center for surgery and followup care when there are hospitals close by, Harold says, "You just don't argue with success."

Sharon, 63, discovered
Dr. DiSimone in 1998. She was
48 and had already spent two
lifetimes on her feet working
as a nurse by day and helping
Harold with chores on their
dairy farm in the evenings and
on weekends. Her knees were
so badly deteriorated that she
was taking 16 pain pills to get
through each day. Local doctors
told her she was too young for

knee replacement surgery. In her work as a visiting nurse she heard patients speak highly of Dr. DiSimone in Williamsport. Knowing little else about him, she took a leap of faith and scheduled her first appointment.

"What I appreciated about Dr. DiSimone from the beginning was his honesty. He told me I had end-stage osteoarthritis, and that while I was young for an artificial knee, I would soon be spending my days in a wheelchair. I wouldn't be able to do my job. It was up

# Bionic Couple

to me to decide what quality of life I wanted," Sharon explains.

She had her first knee replacement surgery in May 1998. She waited until January 2000 for her second knee replacement, which she calls the "new millennium knee."

"Dr. DiSimone's post-op concern about my pain and comfort was surprising. That a surgeon would care that much spoke volumes to me," says Sharon, who returned to Dr. DiSimone for surgery to repair carpal tunnel syndrome in November 2011. "Every time I went to the operating room, I felt confident and at peace. I told him, 'I have the best team, the good Lord and you,' and he responded, 'It must have been mostly the Lord and all of your hard work.'

That's just how humble he is."

Without her surgeries, Sharon's nursing career, a dream since childhood, would have ended. Now she works full-time as a community health nurse for the area's Agency on Aging. She is thankful that her artificial knees made her physically able to

delivery route with the United States Postal Service. Dr. DiSimone began treating him with cortisone injections in 2007, but Harold needed them more and more frequently. Due to the pain, he got just three hours of sleep at night. His efforts to lose weight diminished as he became

"A lot of people today dismiss and separate the medical from the spiritual part of your life... I think that including that element of spirituality with their care is why Susquehanna Health is so stellar."

-Sharon Fogle

care for her mother before her recent death.

Harold, 64, has had trouble with his knees since childhood. He hoped to "keep them going" until he retired from his rural

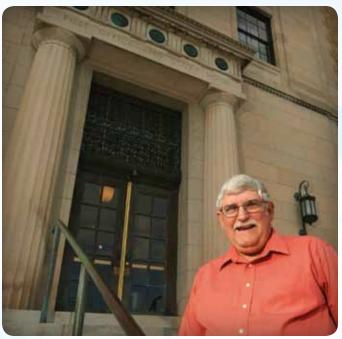
less and less active, and Sharon worried when she watched him come home from work. He wasn't walking, he was "lumbering."



Harold Fogle, Dr. Ronald DiSimone and Sharon Fogle

"Susquehanna Health is just stellar; the people are wonderful wherever you go... I've been in nursing for 46 years, and I know excellent care when I see it." -Sharon Foodle





In January 2009, Harold had his first knee replaced and scheduled his second knee replacement just five months later.

"I've got a much better quality of life," he says. "When I run into people who haven't seen me, they notice a difference. They say, 'We haven't seen you walk like that for ages!"

Now retired after 35 years with the Postal Service, Harold, who rented out the farm several years ago because of his physical limitations, helps his brother with a mulch delivery business. In addition to her job, Sharon stays active by walking each day.

As a nurse, Sharon knows that the team behind Dr. DiSimone helps with his success. "Susquehanna Health is just stellar; the people are wonderful wherever you go, from the patient room to the gift shop," she says. "My sister and mother each had surgeries there too, and everyone just had excellent care. I've been in nursing for 46 years, and I know excellent care when I see it."

Harold agrees, noting that prior to his surgery at age 62, he had never been hospitalized before, yet he felt completely at ease the whole time.

"A lot of people today dismiss and separate the medical from the spiritual part of your life," Sharon explains. "We wouldn't have had the medical part without the spiritual. It's His strength and grace that gives angels

charge over us every day. I think that including that element of spirituality with their care is why Susquehanna Health is so stellar."

Last December when reading about Susquehanna Health's Project 2012 and the new Susquehanna Tower, Harold was inspired to make a *Keystone Society* contribution as a tribute to Dr. DiSimone.

"I thought, how often do people get to hear the good side of things and how very much they're appreciated?" Harold says. "We're just so deeply grateful for how Dr. DiSimone improved our quality of life."





# Tools on the website help you strategize and tailor your gift.

- Make the greatest charitable impact while maximizing personal benefits.
- A series of newsletters will support the website with in-depth articles and information about charitable and planned giving.

# NEW WEBSITE **SIMPLIFIES** PLANNED GIVING

"We're making it easier for our donors to make a gift to the health system," explains **Tom**O'Connell, Director of Major and Planned Gifts for Susquehanna Health. "Using these tools they can walk through different types of gifts to see what best fits their needs based on factors such as their age or their interests."

Now you can use the interactive website to evaluate giving options, plan a gift and see just how it will benefit the health system.

The last capital campaign revealed a need to communicate the numerous options and benefits of planned giving. The website and newsletters will help fill that gap by educating prospective donors and their advisors, simplifying the donation process, and maximizing the benefits for all involved.

"What we are creating is a unique resource that can really benefit all community charities," says Tom. "This will be a library of information to help donors gain a clear understanding of how their gifts can make the most impact both for the charitable organizations they want to help and for their current financial picture or that of their heirs."

Interactive website tools will help the Foundation get to know current

and potential donors better and communicate areas of need for the health system. The stories behind donations will be shared along with in-depth articles on subjects such as trusts and estate planning.

"Enhancing our relationships with donors is at the center of these upgrades," says Tom. "Through stronger relationships at the front end, we can ensure that financial gifts are used according to our donors' wishes and designated for areas of need within the health system. This also helps us recognize and show appreciation to our donors, including those who have designated Susquehanna Health in their estate planning. Of course we're happy to receive all donations, but particularly when a surprise donation comes through an estate, we've missed the opportunity to build that relationship and say 'thank you.'"

Contact Tom O'Connell, Director of Major and Planned Gifts, at (570) 320-7612 or toconnell@susquehannahealth.org for an appointment to discuss how you can tailor your donation to maximize your charitable impact.

# The OORFPORT

In January 2008, we reorganized our giving levels to recognize our donors beginning with the Capital Campaign for Project 2012. In the next several pages you will find the categories and their brief descriptions as well as the giving levels within each category.

Donors are listed through April 30, 2012.

# SIGNATURE GIFTS

Signature Gifts recognizes individuals and organizations who made a commitment to Susquehanna Health Foundation with a contribution of \$100,000 or greater.

# Signature Gifts Members

# \$1,000,000+

Blue Cross of Northeastern Pennsylvania

Employees of Susquehanna Health -Tree of Life Club

Dr. and Mrs. Francis M. Powers Jr.

The Donald B. and Dorothy L. Stabler Foundation

# \$500,000-\$999,999

Divine Providence Hospital Auxiliary

The Klingerman Family

Ann R. Lamade

Muncy Valley Health Care Foundation

Barbara W. Taber

# The Williamsport Hospital Auxiliary

Williamsport Lycoming Community Fund at the First Community Foundation Partnership of Pennsylvania

# \$250,000-\$499,999

Robert W. Beiter

# Alice and Charles Corbett

Elizabeth K. Frederick Estate

# Muncy Valley Hospital Auxiliary

The Park Home, Inc.

John & Carol Savoy and John Savoy & Son, Inc.

Verizon Wireless

# \$100,000-\$249,999

Larry Allison, Larry Allison Jr., Allison Crane & Rigging

Anesthesia Associates of Williamsport

AutoTrakk, LLC

Tim and Ruthanne Crotty of Susquehanna Supply, Co.

George and Shirley Durrwachter

Bill & Mary Fish and Brent & Daria Fish of Fish Real Estate

Anita Gibbons & Patrick and

Trisha Marty

Steven and Mary Ann Johnson

Rosalie F. Kaleda

John C. and Linda S. D. Lundy

M&T Bank

Bill and Lorraine Manos Foundation/

Fairfield Auto Group

Richard D. and Sylvia R. Mase

Robert and Judy More

The Muncy Bank & Trust Company

PRIMUS Technologies Corp.

Dr. and Mrs. Rodwan and Zokaa

Rajjoub

Reynolds Iron Works, Inc.

Silvertip, Inc.

Albert and Judy Styrcula

George James Tsunis

Weisel Family Trust

Wolyniec Construction, Inc.

John and Sue Young and Young Industries



# CORNERSTONE SOCIETY

**The Cornerstone Society** recognizes individuals who supported Susquehanna Health Foundation with a contribution of \$10,000 – \$99,999.

# Cornerstone Society Members

# \$75,000-\$99,999

# E. Ruth Crist Estate

John G. and Mabel M. Snowden Memorial Fund

# \$50,000-\$74,999

Neil and Karen Armstrong Richard and Nancy DeWald William Pickelner Estate Anne L. Pikolas

# \$25,000-\$49,999

Christian and Ashley DeWald

Norma B. Franzen

# Sarah J. Fry Estate

Daphne W. Hill

Michael and Barbara Hudock

Keith and Jennifer Kuzio

Mr. and Mrs. Chip Lamade

George and Elizabeth Logue

Don and Jen Lundy

Mr. and Mrs. Lester T. Mumford

Ralph and Frances Nardi

Birch and Annmarie Phillips

Charles and Mary Santangelo

Donna E. Sayah

Robert and Charlene Shangraw

Mr. Steven T. Shearer and

Dr. Heather Hill Shearer

The Staiman Families

# Thelma White

Gregory and Mary Zeitler

# \$15,000-\$24,999

R. Edward and Linda Alberts and Family

Robert M. Barbour

Frank and Diane Brennan

Michael and Tera Bush

Ron and Jeanne DeFeo

Frani and Doug Doherty

Harold R. Drick

Susan and Charles Duchman

Mr. and Mrs. Jerry Falco

Jones Charitable Foundation

Herman and Molly Logue

E. LaRue Lunt

Robert B. and Barbara A. Lytle

Glenn C. Mechling

Gary M. and Geneva Small Peck

Lucile W. Reynolds

Thomas J. Rider Trust

Waldron Memorial Fund

# Jerry and Barb Wertz

Michael D. and Mary B. Wolf

# \$10,000-\$14,999

Anonymous (2)

Christine A. Ballard

Mike and Donna Bastian

Meg Lamade Beckerman

John L. Jr. and Sarah H. B. Bruch

Tom and Laurie Burkholder

Joseph and Patricia Carter

Steve and Ronna Cassotis

Anne E. Cranmer Estate

Robert P. and Linda H. Crockett

Candy and Steve Dewar

Fred M. and Shirley L. Dieffenbach

Allen E. and Catharine K. Ertel

# Evelyn Lunt Gephart, Norma Lunt Mullen and E. LaRue Lunt

Representative Garth and Sue Everett

Jo-Anne Fawcett Estate

Florence Putterman Foundation

Samuel and Patricia Fry

Joseph B. and Lillian M. Gehret

Harold and Joyce Hershberger Jr.

Bill and Sharon Hoffmann

Michael and Lyneah Hudock

Paul A. Jarrett

Joe Hume-Promotional Specialists

Patricia W. Kieser

Gloria M. Lundy and

Heather L. Macdonald

Patrick and Trisha Marty

William J. and Peggy McClain

James E. and Elizabeth Mothersbaugh

Andy and Brenda Nichols

George I. Rodgers II, CFP

Paul H. and Tacie E. Rooney Jr.

Frederic G. Sanford, MD

Elva M. Schmidt, RN

James and Debra Schneider

Peter and Linda Schultz

Rita and John Spangler

James and Monica Turri

Robert Schell Ulrich

Anthony H. Visco Jr.

Bob and Irenay Weaver

Marion Calvert Wright Estate

Ken and Stephanie Young

# CADUCEUS SOCIETY

The Caduceus Society recognizes physicians who made a commitment of \$2,500 or greater to Susquehanna Health Foundation.

# Caduceus Society Members

# \$500,000+

Dr. and Mrs. Francis M. Powers Jr.

# \$100,000-\$499,999

Anesthesia Associates of Williamsport Dr. and Mrs. Rodwan and Zokaa Rajjoub

# \$50,000-\$99,999

Jean and John Burks Dr. and Mrs. Hani J. Tuffaha

# \$25,000-\$49,999

Dr. and Mrs. John C. Becker Dr. Ronald E. DiSimone Dr. and Mrs. Daniel R. Gandy Dr. Ted and Jane Larson Jr. Dr. and Mrs. George A. Manchester Drs. Timothy and Kathleen Pagana

Dr. and Mrs. Gordon A. Shaw Susquehanna Urologic Associates

## \$10,000-\$24,999

Dr. and Mrs. William R. Beltz Christopher and Susan Branton Dr. and Mrs. Paul W. Braunegg Jr. Dr. and Mrs. Leonard R. Collins Greg and Marilyn Frailey Dr. and Mrs. Michael Hoffman Dr. Renuka Kakarala and Dr. Sai B. Saija Dr. and Mrs. Charles D. Lamade Dr. and Mrs. Donald J. Leathers Dr. and Mrs. Albert G. Liddell Dr. William C. and Beverly H. McCauley

Dr. and Mrs. David B. Nagel

Dr. and Mrs. Harshad Patel

Jim and Peg Redka Dr. René and Diana Rigal Dr. and Mrs. Warren L. Robinson Keith and Pam Shenberger Dr. and Mrs. Stephen Weber

# \$2,500-\$9,999

Anonymous (2) Dr. and Mrs. Carl R. Albright Dr. and Mrs. David N. Ambrose Charles and Karla Anderson Dr. and Mrs. Michael I. Belenko Dr. and Mrs. Mark D. Beyer

Drs. David and Susan Borys Dr. Karen Brady Dr. Tom and Rebecca Burke Dr. and Mrs. John V. Calce Cornerstone Family Health, PC Dr. and Mrs. Scott D. Croll Dr. T. E. Cullen and Bronwen Cullen

Dr. Sabrina Dowd Drs. Dilip Elangbam and Subadani Angom

Dr. and Mrs. Gary M. Dincher

Dr. and Mrs. Joe English Dr. and Mrs. Todd Fausnaught

Mr. David and Dr. Lisa Galloway Dr. and Mrs. Steven W. Geise

Dr. Kenneth Glaser

Dr. Daniel I. Glunk and Dr. Margrit M. Shoemaker

Dr. and Mrs. Russell L. Gombosi

Dr. Iudith Gouldin and Mr. Anthony Parente

Barbara Heere and Bernard Butkiewicz Dr. and Mrs. Timothy Heilmann

John and Veronica Jones

Dr. and Mrs. William F. Keenan

Dr. and Mrs. I. G. Kim

Dr. and Mrs. Kevin W. Kist Jr.

Dr. Paul and Cynthia Leber

Dr. and Mrs. Eric Longenbach

Dr. and Mrs. David J. Lopatofsky

Michael Marceau, MD

Dr. Thomas I. and Reverend

Dr. Lois D. Martin

# Robert L. Muller, MD

Dr. Naresh C. and Anita Nagpal Dr. and Mrs. Alexander R. Nesbitt Stuart M. Olinsky, MD

Dr. William and Cynthia Pagana

Dr. and Mrs. Young W. Park Dr. and Mrs. Frank W. Parker

Dr. and Mrs. William J. Peck

Dr. Robert and the Reverend

Christine Purcell

Dr. Christopher Reilly and

Dr. Teresa Bianco

# Dr. and Mrs. Steven D. Rockoff

Dr. Mohammad Shafique Dr. and Mrs. Sam F. Stea Bernard and Sarah Steinbacher Dr. Allan K. Stryker

Dr. Lawrence and Nancy Tomack Dr. Peter and Rose Trevouledes

Dr. and Mrs. Thane N. Turner

Dr. and Mrs. Seth I. Weber

Rosemary Wiegand and Brett Homan

Dr. and Mrs. Daniel E. Wolfe Edward G. Wyshock, MD



# Extraordinary Ladies





Merilee Baxter, Dr. Susan Branton, Kimberlee Williams and Richard Williams gathered after dinner at the Kathryn Candor Lundy Breast Health tournament. Kimberlee, a breast cancer survivor, is photographed with her care team, who fought the battle with her. She shared her moving story of her life before being diagnosed to hearing the words that she had cancer to learning she was cancer free.

# On June 4, 2012, the Williamsport Country Club was adorned in shades of pink for the 11<sup>th</sup> Annual Kathryn Candor Lundy Breast Health Center Women's Golf Tournament.

This extraordinary ladies-only golf tournament raised more than \$47,500 to enhance services at Susquehanna Health's Kathryn Candor Lundy Breast Health Center.

Over the years, more than \$400,000 has been raised for the Center by this event. Along with the financial support of the women who play, contributions and sponsorships are received from individuals, local businesses and community groups. Proceeds from the tournaments have assisted with the purchases of a specimen radiograph unit, ultrasound systems, biopsy devices and additional imaging equipment. These tools help breast physicians and radiologists make the most accurate breast disease diagnoses while providing appropriate treatment for the best outcomes.

# Tournament Winners:

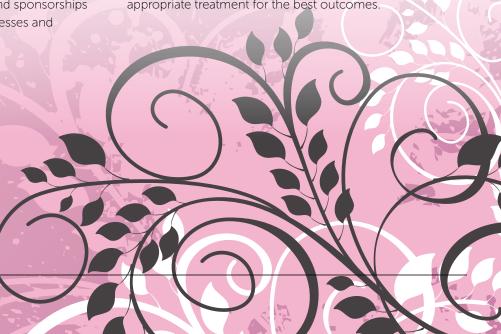
# Overall Gross:

Sis Ertly and Barb Pagana

## Overall Net:

Ellice Tomlinson and Candy Nevel





# BUSINESS & INDUSTRY GIFTS

**Business & Industry Gifts** recognizes businesses that supported Susquehanna Health Foundation with a contribution of \$5,000 or greater.

# Business & Industry Members

# \$100,000+

AutoTrakk, LLC

M&T Bank

The Muncy Bank & Trust Company

The Park Home, Inc.

PRIMUS Technologies Corp.

Reynolds Iron Works, Inc.

Silvertip, Inc.

Verizon Wireless

Wolyniec Construction, Inc.

# \$50,000-\$99,999

Alexander Building Construction Co.

Jersey Shore State Bank

McCormick Law Firm

PPL Corp. and Affiliates

TurnKey Construction, Inc.

TurnKey Electric, Inc.

Webb Communications, Inc.

# \$25,000-\$49,999

Beiter's Inc.

Citizens & Northern Bank

Glenn O. Hawbaker, Inc.

Hudock Moyer Wealth Resources

John Savoy & Son, Inc.

# L. F. Driscoll Company, LLC

McNerney, Page, Vanderlin & Hall

ParenteBeard LLC

Sovereign Bank

# Stantec

Susquehanna Bank

Tura, L.P.

Weis Markets, Inc.

# \$15,000-\$24,999

Clear Channel Corp.

Construction Specialties, Inc.

Larson Design Group

Pennram Diversified Mfg. Corp.,

Andrew & Karen Hooker

Woodlands Bank

# \$5,000-\$14,999

Aquarius Pool & Patio, Inc.

Billtown Mechanical Corp.

Brodart Co.

Central Equipment Company

Data Papers, Inc.

EmCare, Inc.

Forrester Environmental, Inc.

G. R. Noto Electrical Construction, Inc.

## Gilmour Arts

The Herman O. West Foundation

Hermance Machine Company

I.C.S. Inc. - Ron Hine

J and M Construction Specialties, Inc.

KBF Print Technology

Keystone Bingo Supply, Inc.

Keystone Data Systems, Inc.

L-3 Communications Electron Devices

Lamar Advertising

Lezzer Lumber Co.

**Lundy Construction** 

Mid-State Beverage Co. –

Don and Betty Jo Heim

Murray Motors -

Brian Peace and Bill Brown

Norcen Industries Inc.

Patterson-Brandt, Inc. Penn Recycling, Inc.

Ronald McDonald House

Charities of N.E.P.A.

Schneider Valley Farms Dairy

SelecTrim Corporation,

James Wood and Marcus Annicelli

Steinbacher Enterprises, Inc. – Dave and Karen Steinbacher

Trojan Tube and Boiler Services

Williamsport Moving Company



**The Keystone Society** lists those who make a commitment to contribute \$250 or more annually to Susquehanna Health Foundation. Listed below are all Keystone Society members through **April 30, 2012.** 

# Keystone Society Members

## \$1,000-\$9,999

Rod and Lynn Bailey and Family Julie Barner

Dean and Joy Barto

The Bastian Family: Carol and Rich Love, Donna and Mike Bastian, Sharon and Jim Godfrey, & Cindy and Rob Bastian

J. Budd, Jean L. and Laurie J. Bell Daniel C. and Rebecca C. Berninger Lori and Robert Beucler Blackhawk Specialty Tools

# Stephen Buggy

William J. Burd

# The William H. Buttorff Family

Mr. and Mrs. Michael J. Casale Jr.

Nicholas and Carol Catino

John and Karen Blaschak

Central PA Square & Round Dance Association

Ronald E. Cioffi

Don and Debbie Creamer

Dr. and Mrs. Scott D. Croll

William and Joyce Davis

Peter and Ro DePasquale

Richard and Nancy DeWald

DeWald Chiropractic

Divine Retiree Travelers

Merrill and Dorothy Dodge

Donald R. Lundy Jr., VMD/Twin Hills

Veterinary Hospital

Dr. James and Emily Douthat

# John and Shirley Eck

Mary D. Elder

Elite Feet, Inc.

Eric Stashak Photography

Chaplain David K. Fishel

Mary K. Fortin

Norma B. Franzen

Fraternal Order of Eagles -Williamsport Aerie #970

Dr. and Mrs. Robert H. Fredrickson

Friend of the Breast Health Center

Friends and Family of the Caputo and Matlack Families

Richard A. Fry

Timothy M. and Mary C. Gage

Dr. and Mrs. Daniel R. Gandy

LaVera and Bill Gehron

The Dr. William H. Gehron Jr. Family -Betty Gehron

# Susan Nicholas Gephart

Gesang Verein Harmonia, Inc.

Ladies Auxiliary

William L. Gettings

Ralph and Mary Hart Endowment Fund

Paul and Iva Heise

Donna L. Hill

Ann M. Hocker

Kenneth and Ann Hoover

Stephen and Martha Huddy

## Bonita M. Hulin

Barbara and John Hunsinger

Roger and Denise Jarrett

Wiebe Jelsma

Jersey Shore Football Booster Club

# Allen and Ashley Kiessling

# Grace A. Kinley

Ann L. Knauber

Franklin J. Lapp

Leroy O. Buck Post 7863 -

Veterans of Foreign Wars

Dr. and Mrs. David A. Lightman

Pamela J. Lundy

John P. and Judy L. Maietta

Heather McLaughlin

Richard and Gina Michael

Timm and Kristen Moyer

Judge Malcolm Muir Norma Lunt Mullen

M-----i--

Muncy Inmate Organization

John K. and Patricia A. Neely

Newberry Lioness Club

Thomas and Gloria O'Connell

The Old Corner Hotel

# Deborah Parsons

**PATHS** 

Kathryn A. Penfield

Penn Cabling Services, Inc.

Pennell & Wiltberger, Inc.

Henry and Eleanor Perciballi

William L. Phillips

Picture Rocks Lions Club

Ann F. Plankenhorn

Jim and Peg Redka

Ronald and Lisa Reynolds

Joseph and Louise Rossi

Jane A. Rutledge

# Saint John's - Newberry United Methodist Church

Schrader Architectural Products - Jack and Cindy Schrader

# Joseph and Charmaine Shockloss

Dr. Thomas C. Smith and Suzanne Dively-Smith

Jean Snowiss

Abram M. and Dorothy M. Snyder Foundation, Inc.

Barry and Barb Stiger

# Henry and Donna Stutz

Susquehanna Paper & Sanitary Supply Corporation

# Carol Thomas and Family

Troy High School 7th & 8th Grade Lady Trojans Hoops For Hope Ronald and Patricia Walko

The Ward Foundation

Ward Manufacturing
Sherry and Jason Watts

Bud and Sharon Webb

Marilyn D. Wehler

Westfield Capital Management Company LP

Ronald and Marlyne Whaley

Thelma White

Terry Wild

Williamsport Area High School

Booster Club

Williamsport Moose Lodge No. 145

Woodcock Foundation for the Appreciation of the Arts, Inc.

Woodlands Bank Employee Fund Raiser Group Charles Yanofsky, MD

\$500-\$999

Tammy Anderer

Arnot Sportsmen Club, Inc.

AutoTrakk, LLC

Bank of America Matching Gifts

Ronald Beckman Jr.
The Bjalme Family
Cynthia and Jeff Bower
Christine A. Boyles

John and Cynthia Brindger

Susan Browning *Alvin C. Bush* 

*Mara L. Carpenter*C. Edward Carson

Cheryl and Dale Chapman

Karen S. Clark Philip Clarke

Alan and Patricia Cohick John and Lydia Comerford

John M. and Linda D. Confer

James A. and Carolyn E. Crays, Greg and Sandy Crays, Taren and Andy Kitchen, Amy Crays, Sierra Lush, Gloria and

Jay Bodle

Tim and Ruthanne Crotty Melissa and Robert Davis

Howard Dean

David and Marjorie DeBlander

Ron and Jeanne DeFeo

Sandra L. Derr

Carl and Lorraine DiParlo

Andrea Drake

Barb Dugan and Keith & Kim Steimling

Sheryl E. Dunn Bonnie L. Eck Betty P. Edkin Willets G. Ellison

The Families of Bonnie Tallman and

Marilyn Frederick The Family of Evelyn Irwin James and Barbara Fedele

William Fink Fred Fischer

Harold and Sharon Fogle

Robert J. Foust

Clyde and Elaine Fuller

Mr. and Mrs. James K. Gates II

Crystal Gilbert Stacey Girven

Robert and Clara Mae Glunk

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Heather F. Haefner and Mark Anderson

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Dr. Sheila Hartung and Dr. Steve Hartung

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Cheri and Robert Heverly Rexford and Catherine Hilton

Deborah M. Hoffman Anne and Tim Holladay

Fred A. Holland

Horsepower HOG Chapter 1423

James Huebert

Huffman's Office Equipment

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Integra Business Center, Inc. Bob and Lou Ann Ireland

Sandra A. Irion

James S. Armstrong Associates Jersey Shore Boys Basketball Program

Reverend and Mrs. Charles P. Johnson

Phil and Christine Johnson Mr. and Mrs. Robert E. Kane Jr. Sarah C. Kent, MD

Kiwanis Club of Williamsport

Kyle Klingborg

Oscar and Shirley Knade

Joan Koontz

Keith and Jennifer Kuzio

Nancy J. Lady Ann Y. Lamade Howard J. Lamade Jr.

Joanne Landis

Dr. Paul and Cynthia Leber

Charles P. Lewis

H. Franklin and Pamela Little

Loyalsock & Montoursville Garden Clubs

Charles and Hallie Luppert

Donna L. Lynn Drue A. Magee J. J. Magyar

Chris, Mike, Dom and Anthony Marrazzo

Mr. and Mrs. Stephen A. Martin

Mary Frances leMat Social & Scientific

System Community Giving Vincent J. and Susan E. Matteo

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Barbara and Bernard McFadden

Arleen P. McGuire William S. McKay Linda M. Mignot

Drs. Brad Miller and Cheryl Stayton

Patricia E. Miller Jane S. Mitchell James J. Moore

Paul and Jeanne Moulton
James and Shirley Muffly

Mike and Jana Mussina

Norcen Industries Inc. Jim and Terri O'Connor Mark C. Oberheim

Old Lycoming Township Volunteer Fire Company

Mrs. Marie Patchen and Children

The Paulhamus Family -Roberta M. Paulhamus

Linda L. Philbin

Cynthia Hamilton Phillippe

Ben and Ann Riles



William G. Ritter Phyllis M. Robinson Cecelia L. Rogers Patricia A. Rogers Flora E. Rothrock Michael L. Rupert

Gurie and Jaspreet Sandhoo

James E. Schaefer

Richard and Elizabeth Schluter *Marion E. Schultz and Family* 

Charles and Helen Schwarz

Marie Scott

Dr. Kenneth T. and Mrs. Jo'an E. Settlemyer Dr. and Mrs. Gordon A. Shaw

Mary E. Jolin Smith, Ronald & Dawn Smith and Family, and Barry & Teri Smith Fisher and Family

Harry L. Snook *Kelby Snyder* 

Ellen and Hal Spooner

St. Nicholas - St. Mary's School

Bob and Heidi Stopper Suzanne and David Stopper James and Carol Stroble

Thomas and Mary Strunk
Supply Source Inc.

Susquehanna Health Retirees

Paula Swett Ruth N. Taddeo Howard Tran

Thomas S. Urban Family Bill and Kim Van Campen Deborah and Bob Wallace

Jerry and Joy Walls Dominique Watson

Marshall and Melissa Welch West Branch Tennis Club, LLC

Annette S. Whitmoyer Donald N. Wilver Jr. Alex and Tracie Witter Mary Alice S. Woodling

Young Men's Democratic Club of Lycoming County, Inc.

Zafar Grotto String Band, Inc.

\$250-\$499

Sharon R. Adams Colleen P. Albright June L. Alsted

Anadarko Petroleum Corporation

Dr. Elizabeth and Eric Anderson

Carol L. Aul

Militza Ausmanas, MD

Steven Avery Alfreda Baer

Brian and Victoria Bair

Matthew and Heather Baranoski Michael Philip Barclay and

Laurie Crockett Barclay

Joan A. Bard
Carole Battisti
Gregory L. Beck
Ann S. Beitz
Greg and Katie Bell

Mary Ann Bellfy Whitney Bernan Stacey Berry

Bethel Linden Presbyterian Church Dr. and Mrs. Mark D. Beyer

John Bianco

Tom and Jane Bixler

The Blessing Insurance Agency, Inc. Bostley's Pre-School Learning Centers, Inc.

Dennis Bower Lee and Greg Bower Sherri M. Bower Christine K. Broscious Charles G. Bryant

Mr. and Mrs. John F. Bubb Deanna K. Bump-Wilton Dr. Debra Burrows and Mr. Arnold Burrows Wayne Butler, PA-C

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Continued on page 19





# Clinical Trials Offer Hope Now and for Future Generations

When Carol Kell had a double mastectomy to treat breast cancer, doctors discovered her aggressive cancer had spread to her lymph nodes.

Her oncologist presented all of her treatment options, one of which was a clinical trial.

When she heard participating in a clinical trial could help with cancer research, breast cancer patient **Carol Kell**, 58, of Renovo didn't hesitate to sign up.

"If I could make things better for someone in the future, then absolutely I wanted to do it," she says.

Susquehanna Health Cancer Center has been a partner with Penn State

Hershey Cancer Institute and a member of the Eastern Cooperative Oncology Group (ECOG) since 2007. These affiliations enable the Cancer Center to provide patients local access to a broad spectrum of medical oncology and radiation oncology clinical trials with the specific aim of treating and preventing cancer. Data from clinical trials are necessary for a new drug or treatment to be approved by governing agencies such as the Food and Drug Administration (FDA).

"Offering clinical trials benefits our patients by making an emerging treatment available when it is not yet approved as a standard of care," says **Dr. Warren Robinson**, FACP, an oncologist at the Cancer Center. "We want people to know what we have here, and that our patients can have access to new research treatments without traveling out of the area. Clinical trials advance the science of medicine.

◆ Carol Kell and Sue Miller, RN, Oncology Research Nurse Coordinator



Participation in clinical trials also helps the Cancer Center maintain its quality and enhances the skills of our physicians."

An internal review board at the Cancer Center selects trials that best match the patients and cancers they commonly see and are expected to improve the health and welfare of the community they serve. There are currently open trials for the treatments of breast, colorectal, lung and kidney cancers as well as melanoma, myelodysplastic syndrome and myeloma.

"I figured if I was going to go through this anyway, why not do it in a way that they can learn something that would help someone down the line," says Carol.

This included education about the treatment plan, potential risks and side effects from treatment, and the visits and

Carol's next step
was to meet with
Sue Miller, RN,
Oncology Research
Nurse Coordinator, to
learn about the trial.

tests required to participate in the trial.

This process of communication among a patient, physician and research nurse is known as the informed consent process.

"We make sure potential trial patients understand the full impact

of the trial," says Sue. "We also stress that the decision to participate in a clinical trial resides with the patient. Trial participation is voluntary, and the patient has the option to discontinue participation at any time."

For patients participating in clinical trials, Sue serves as an additional member on their cancer care team.

As research nurse coordinator, she

I had a question or a problem, I called Sue, and she responded right away. I felt special and cared for. I was very pleased with the timeliness and attention to every issue that I had."

Carol is presently cancer free and is getting back to the activities she enjoyed prior to her diagnosis.

The Cancer Center is the 2012 recipient of a commendation rating by



attends all physician visits, administers the treatment, helps manage side effects and acts as the patient's healthcare navigator and advocate during the clinical trial. "The care is the same that all patients at our Cancer Center receive. But the patients like always being in contact with the same person," says Sue. "I am closely involved in every aspect of the patient's care."

In Carol's case, the trial compared the effectiveness of chemotherapy with different intensities and frequencies of doses. She received treatment every other week from October 2011 through March 2012.

"It was difficult at times, and I had some complications," says Carol. "But it's hard on everyone. Whenever the American College of Surgeons as a comprehensive community cancer program. "In terms of establishing new medical standards over the years, we have seen trials lead to better treatments, outcomes and less toxicity for patients. This is another way we're bringing leading-edge care to the region," says Dr. Robinson.

# \$250-\$499 continued from page 15

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# Dancing

# TO MAKE A DIFFERENCE



We gratefully acknowledge the dedicated members of the Central PA Square and Round Dance Association, who come together every fall and spring to raise money to support cardiac and cancer services at Susquehanna Health. The spring dance to benefit the Susquehanna Health Cancer Center enabled them to make a \$501 contribution, and last fall's dance to support the Heart & Vascular Institute led to a donation of \$541. Since 2005, six different dance clubs from State College, Selinsgrove, Danville, Bloomsburg and Wellsboro have raised more than \$6,000 from the square dances held at Divine Providence Hospital.



# LEGACY SOCIETY

**The Legacy Society** recognizes those who made a planned or estate gift to Susquehanna Health Foundation.

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**The Tree of Life Club** is the employee giving club and has raised an additional \$500,000 through its second campaign. Listed below are all **new** TLC donors from **January 1–April 30, 2012**.



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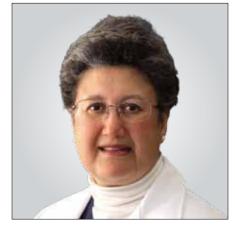
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Continued on page 26



By bringing the best physicians and advanced medical treatments to our region, Susquehanna Health delivers on its promise to provide high-quality, patient-centered care.



# HANAE BAHR, MD Breast Imaging

Dr. Hanae Bahr joined Susquehanna Imaging Associates and is practicing exclusively out of the Susquehanna Health Breast Health Center. She received her medical degree from Robert Wood Johnson-UMDNJ in Piscataway, NJ. She did her internship at SUNY at Stony Brook, NY, and her residency at Temple University Hospital in Philadelphia. Dr. Bahr also completed a fellowship in body imaging at Thomas Jefferson University Hospital in Philadelphia and another in breast imaging at the University of Maryland Medical System in Baltimore.



# ATHENA T. JOLLY, MD, MPH Occupational Medicine

Dr. Athena Jolly is a physician at Susquehanna Health WorkCenter. She is board certified in occupational and internal medicine and completed additional training in toxicology and industrial hygiene at Johns Hopkins School of Public Health. She is a graduate of Athens University School of Medicine and completed her medical training at Christiana Care, Wilmington, DE, and Johns Hopkins University.



JOHN N. BOLL JR., DO Family Medicine

Dr. John Boll is a physician and faculty member of the Williamsport Family Medicine Residency. Prior to his current position, Dr. Boll spent 10 years providing full-spectrum family medicine care to the medically underserved community in the Appalachian Mountains. Dr. Boll completed his undergraduate studies at Messiah College and received his doctoral degree from the Philadelphia College of Osteopathic Medicine. He graduated in June 2002 from the Williamsport Hospital Family Practice Residency Program.



MERVIN MANUEL, MD Pediatrics

Dr. Mervin Manuel, board-certified pediatrician, has joined Doctors Gombosi, Mahmood and Martin and Physician Assistant Annette Mileto at Susquehanna Health Internal Medicine and Pediatrics at Rural Avenue. Dr. Manuel completed his pediatric training through the Mount Sinai Service at Elmhurst Hospital Center and has more than 14 years of experience in pediatric care.



# ZACHARY RITTER, DPM Foot & Ankle Specialist

Dr. Zachary Ritter, fellowship trained in foot disorders, has joined our team and provides a wide range of podiatric services from routine podiatry care to treatment of more serious conditions and traumas of the foot and ankle. Individuals suffering from diabetic complications of the foot will have access to custom-fit orthotics and wound care. Taking foot and ankle care to the next level, Dr. Ritter offers surgical options including reconstructive surgery and total ankle replacement.



# MICHAEL WEISNER, MD Family Medicine

Dr. Michael Weisner has joined Doctors Mullarkey, Wright and Young at the Susquehanna Health Family Medicine at Montoursville practice. Dr. Weisner received his medical degree from the Milton S. Hershey Medical Center of The Pennsylvania State University in Hershey, PA, and is a graduate of the Family Practice Residency at Geisinger Medical Center. He is board certified in family medicine.

# NEED A DOC?

For assistance finding a physician with the skills and expertise to meet your medical needs, call our PhysicianFinder service at (570) 321-2160 or (877) 883-4789, Monday through Friday from 8:30 am to noon and 1 to 4 pm.

# Ahead of her time

# CELEBRATING A WOMAN'S SPIRIT AND TIRELESS DEVOTION

On Mother's Day weekend, Joanne "Johnny" Lamade's family celebrated her life and her time spent as a volunteer and board member for Susquehanna Health. The Lamade Family, through donations, created a statue of Johnny to place in the Healing Garden in front of the new Susquehanna Tower. This sculpture is dedicated to honor all volunteers and the life of Johnny to recognize her devotion to The Williamsport Hospital and her tireless efforts to promote volunteerism and service. Her tenacious spirit earned her the appointment as the first woman on The Williamsport Hospital Board, on which she served for 20 years.

Susquehanna Health President & CEO Steve Johnson with Johnny Lamade's children, Chip Lamade, Anne Pikolas and Meg Beckerman and artist Zenos Frudakis.





Continued from page 23

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# Remarkable Gifts From a Remarkable Lady

Remarkable. That's how many remember Alice Corbett. Volunteering until the end of her life at age 98 on December 8, 2011, Alice touched many lives with her service. She also made a lasting legacy with financial gifts to the organizations that meant so much to her.



Alice, who was born April 8, 1913, came to Williamsport in 1957 when her husband, Charles, was transferred as part of his work. She joined Annunciation Catholic Church and within the year joined the Divine Providence Hospital Auxiliary. She volunteered at Divine Providence Hospital the rest of her life—more than 50 years.

A devoted mother, she raised two children, Tom and Patricia, and worked for the state for more than 28 years, retiring in 1978.

"She always had to be busy doing something," recalls her son, Tom. "Volunteering is what she liked to fill her time with after retirement."

At Annunciation she helped with church dinners, wedding receptions and other parties. At St. Anthony's Center she prepared dried foods to be sent to Third World countries. At Divine Providence Hospital she held various leadership positions with the Auxiliary. Tom recalls "helping" her make copious batches of peanut butter fudge for the hospital's annual bazaars when he was young. She also volunteered in pre-admission testing and the gift shop, and, in her final years, at Susquehanna Health Home Care & Hospice.

She also volunteered for Meals on Wheels and the American Red Cross and even became a 5-gallon blood donor.

After her retirement Alice began playing the card game bridge and played up to four times a week for the rest of her life.

"She was a people person for sure," says Tom. "She came home tired but happy. That was her thing. That was her life after she retired—enjoying her family, volunteering and bridge."

Tom says Alice rarely splurged on items for herself. But over the years she made generous contributions to the organizations she believed in. She supported Divine Providence Hospital financially for more than 20 years and provided for a final Signature Gift to the hospital upon her death through two annuities.

"Alice was very generous to the hospital over the years," says Tom O'Connell, Director of Major and Planned Gifts for Susquehanna Health. "She made many anonymous cash gifts and gifts in honor of loved ones. She always gave very thoughtfully."

With her final gift Alice asked that she and her husband, Charles, be recognized at the Sisters of Christian Charity's convent located at The Meadows. Her son, Tom, says it's a fitting legacy based on a lifetime of fond memories she had working with the sisters at St. Anthony's and Divine Providence Hospital.



To learn how you can make a legacy gift to Susquehanna Health or how to make charitable contributions part of your strategic financial plan, contact Tom O'Connell, Director of Major and Planned Gifts, (570) 320-7612 or toconnell@susquehannahealth.org.





Continued from page 29

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NATIONAL DOCTOR'S DAY

2012

# Heartfelt Thanks

For the second year, Susquehanna Health Foundation designated Doctor's Day, March 30, as an opportunity for patients and their families to show appreciation to the caregivers who have touched their lives. This year, the community nearly doubled its response with more than 560 notes of appreciation in honor of 163 physicians, middle-level providers, nurses and support staff. In addition to the notes, more than \$19,400 was donated in honor of the physicians and staff.

Dr. Edward wyshock,
You have saved my life more
than once. Because of your
great care, I have been able
to enjoy my life. Every day is
a blessing! I am so grateful
to you and your excellent
care. You have given me the
precious gift of life, which
allows me to enjoy my family!



Susquehanna Health President and CEO Steve Johnson, President and CEO of Divine Providence Hospital Robert Kane, Dr. Edward Wyshock and Administrative Director of Cancer Services/Director of Nursing Michelle Gaida

The handwritten notes of appreciation were delivered on Doctor's Day. Many included heartfelt sentiments like the one above.

Susquehanna Health President and CEO Steve Johnson presented Dr. Edward Wyshock a special award for receiving the most notes of appreciation, just as he did last year. Doctors who received notes and donations in their honor expressed surprise and thanks for the special recognition.

# TRIBUTES: DOCTOR'S DAY

**In Honor of Dr. Eric Adams** Theresa A. Berresford and Family

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In Honor of Dr. Michael L. Ayers Jack P. Scampone

In Honor of Dr. John H. Bailey Nick Klaras

To **Dr. Frank Yartz** "I remember the care you took of me not only physically, but you also took care of me emotionally. You remembered me from one miscarriage to the next. You comforted me. You were so kind to my husband. I will always remember that and always be grateful to you, especially now as we are finally about to welcome our second baby into the world!"

Gary L. Kennedy Marian R. Lindquist Henry and Donna Stutz

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In Honor of Dr. Susan A. Branton Merilee Baxter Valerie L. Benson Dr. Teresa Bianco Sherry L. Blackwell Margaret Jo Davis Sandra Probst Gillam John and Wanda Harvey

To **Dr. Dakshina Walgampaya** "For the past year you were there for me, even just a phone call away. My life was in jeopardy and you were right there by my side giving me hope. You were always up-front, truthful and honest about my condition at the time. You kept telling me to hang in there and don't give up. It shows that you care about your patients..."

Elizabeth "Betty" Hanshaw Joanne M. Hessert Donald and Brenda Larson Harold and Orvene Opp June T. Hurd Christine Manny Barbara A. Soderlund Diane L. Walashunas Raymond and Katherine Watts



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To **Dr. Rodwan Rajjoub** "We are so thankful that we came to see you to help our son. He has been suffering with pain and discomfort for almost two years and none of the doctors we saw had an answer. Our son was getting very depressed thinking he was never going to play sports again. You gave him his life back! We can't thank you enough."

In Honor of Dr. Scott D. Croll

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**In Honor of Dr. Marius Figueredo** Gretchen M. Lysy

To **Dr. Craig Stabler** "Because of you I was able to go back to playing the game I love and received a full ride to Saint Francis."

Mrs. Irene Gohrig Louise M. Marchese Israel and Janet Nolen Frances L. Noll Rose Lu L. Popovich Linda Rhein, PhD Nelle Rote James and Lorraine Stetts Elizabeth A. Ward Barbara K. White

To **Dr. Mark Rackish** "Thank you so much for returning my hip to near normal functioning. I am once again able to hike over the hills with my dogs on a daily basis. I was even kayaking three months after surgery. It is a genuine blessing to be able to go through my days without pain. I am forever grateful."

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Richard H. Confair
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Heather "The Techie," Joy "The Nark,"
Robert "The Informer," Jessie "The
Saver," and Phoebe "The Ring Master"
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**In Honor of Dr. Thomas A. Hepner Jr.** Nancy E. Bailey

In Honor of Dr. Vincent P. Herbst Henry and Donna Stutz Alden and Muriel Wilcox

To **Dr. Timothy Pagana** "Thanks for being such a caring doctor. You and your staff are wonderful, caring people... One thing that meant so much to me before my surgery was that you said a prayer with me, which was so comforting. I feel so blessed to have a Christian doctor like you. You are the best."

In Honor of Dr. Michael Greenage Grace E. Booth

In Honor of Dr. Michael A. Gross Mr. and Mrs. Lloyd S. Mordan Janet L. Secules In Honor of Dr. Pamela Herrington Saundra Blackburn

Continued on page 43





# 5 WEEKS

before Jessica's April 15 due date everything was going according to plan.

With her pregnancy progressing normally and contractors nearly finished with work in their home, Jessica and Ryan planned a weekend visit with family in Pittsburgh.

# Thankful for Great Care—and All the Little Things Too

Plans changed when Jessica's water broke in the middle of the night.

It was March 14, and she was in labor five weeks ahead of schedule.

At The Birthplace, doctors and nurses helped Jessica and Ryan stay calm. They were confident and matter of fact about precautions they would take for their premature baby.

After a little more than 17 hours, Maxson was born, weighing 5 pounds and 7 ounces. He cried right away—a good sign—but he was also wheezing a little. Jessica held him for just a few minutes before he went to the Level II Nursery for monitoring, oxygen and an IV. It would be two and a half days before Ryan or Jessica could hold their son again.

"That was a strange time for us,"
Jessica explains. "We could only
watch him in the nursery. It was very
difficult, but the staff was wonderful
about it. They were very caring and
understanding, just ready to do
anything for us."

Right away Jessica worked with the lactation consultant, a breastfeeding expert, with the hope of breastfeeding her baby when he was ready.

"During those first few days, I felt like pumping breast milk was the only thing I could do for him. It was one thing I had control over," Jessica says.

At three days, Jessica introduced Maxson to breast milk fed through a tiny pipette. As his condition stabilized and he became stronger, she transitioned to bottle and direct breastfeeding.

During the next couple of weeks Ryan and Jessica stayed in a room

close to the Level II Nursery so they could wake Maxson every three hours to feed him. Each feeding had to be completed within 30 minutes to benefit him. After his initial drop in weight, he began gaining a half ounce to an ounce every day.

His long hospital stay was emotionally tiring for Ryan and Jessica, but the hospital staff helped

Jessica asked how she could thank them for their kindness.

"They said we didn't need to do anything, but we were just so touched, we really wanted to show our appreciation," Jessica says. "That's when we decided to make the donation."

Jessica and Ryan honored The Birthplace staff at Williamsport

"Everyone working in the unit nurses, housekeeping staff—asked about Maxson by name, and that meant so much." —Jessica

brighten their days. When Jessica arrived for Maxson's 2 am feeding on her birthday, the night nurses surprised her with a birthday card from Maxson placed with some snacks around his bassinet.

"Those little things just really helped. The hospitality and welcoming feeling were overwhelming," Jessica says. "Everyone working in the unit—nurses, housekeeping staff—asked about Maxson by name, and that meant so much."

Regional Medical Center with a financial gift showing gratitude for the care that they and their newborn son, Maxson, received during his birth and subsequent stay in the Level II Nursery.

After three weeks, Maxson could go home. Jessica and Ryan are happy to report that he is thriving and developmentally on track even learning to flash his beautiful baby smile.





The Birthplace, our newest bundle of joy at Susquehanna Health, opened its doors in June with brand-new amenities for growing families. A product of Susquehanna Health's Project 2012, the new Birthplace is located in Susquehanna Tower at Williamsport Regional Medical Center. While continuing to provide the same amazing care, The Birthplace now features a welcoming, scenic view, advanced technology and exclusive amenities.

## **Luxurious Room Amenities**

The new Birthplace was built with comfort in mind, aiming to be a home away from home for the more than 1,200 mothers who give birth at Susquehanna Health each year. Along with the addition of six labor and delivery rooms and 17 private post-partum rooms, the new facility features first-class amenities, including:

- flat-screen televisions
- entertainment systems for watching movies
- wireless Internet
- mini-refrigerators
- comfortable sleep space for fathers or a support guest
- pampering toiletries for mom

Every Susquehanna mother receives the utmost care and support to ensure a great start for her baby. This includes the expertise of four certified lactation consultants, who are always available to help breastfeeding mothers. Despite all the recent changes, one Birthplace tradition remains the same—all mothers and family members are offered our popular five-star celebration meal post-delivery!



# More Space, More Functionality

The cohesive unit is built around the unique needs of laboring and post-partum moms and their newborns. An efficient new design promotes family bonding, superior care and teaching. New nursing stations located outside every two patient rooms will help staff respond quickly to patient needs. Additional unit features include:

- six private labor and delivery rooms
- operating room with two recovery areas
- five-bed Level II Nursery for babies 32 weeks and up
- four-bed pre-natal evaluation and testing area
- 15-bed newborn nursery

A new conference area just outside The Birthplace is the convenient, comfortable location for childbirth education classes and the popular new mothers' group, Baby Café. There is also an area for outpatient lactation consults by appointment.

The benefits of the new Birthplace go far beyond what the eye can see. Experience the miracle for yourself. Find out more about The Birthplace at SusquehannaHealth.org/Birthplace.



## GRANT PUSHES THE BIRTHPLACE TOWARD BABY-FRIENDLY DESIGNATION

The First Community Foundation Partnership of Pennsylvania awarded The Birthplace with a \$47,956 Williamsport Lycoming Community Fund grant toward achieving Baby-Friendly status.



Baby-Friendly is a National Initiative for Children's Healthcare Quality designation given to hospitals that make quality improvements to support mothers and babies so they are able to breastfeed. The percentage of mothers who breastfeed is higher in Baby-Friendly hospitals, and breastfeeding is one of the most effective preventive measures a mother can take to protect the health of her infant.

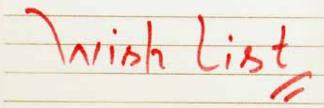
"Our lactation support already sets our Birthplace apart from other maternity services," explains Patsy Miller, Director of Mother/Baby/Child at Susquehanna Health's Birthplace. "Additional steps toward achieving Baby-Friendly status will enhance that component of care to give moms and babies the very best start."

The core of the Baby-Friendly Initiative are the Ten Steps to Successful Breastfeeding—science-based practices established by the World Health Organization and UNICEF and endorsed by the American Academy of Pediatrics.

The Birthplace will use the grant money to help nurses achieve the required 18 hours of training to assist with breastfeeding as well as to support education for inpatients, outpatients and the community about the importance of breastfeeding. Funds will also be used for development of a Baby Café at the James V. Brown Library in Williamsport. The Baby Café takes breastfeeding support to a neutral and convenient community location. The sessions will coincide with infant story times and be facilitated by a lactation consultant who will provide verbal or hands-on assistance with breastfeeding. Moms can stay beyond the one-hour meeting time to network.

For more information on the Baby Café, please visit: SusquehannaHealth.org/Birthplace.





Susquehanna Health Foundation has asked our patient care managers to share their wish lists—items that operational funding cannot cover this year. The Foundation is asking the community to provide the necessary funds to purchase the items below.

## One HALO Sleep Sack (\$7.05)

The Birthplace

In a sleep sack, the baby is warm, swaddled and does not need any additional covering. The Birthplace has had great outcomes with its safe sleep education and initiatives in collaboration with the Lycoming County Coroner's Office and Cribs for Kids. There was only one SIDS-related death in Lycoming County in 2011 compared to four in 2009. More than 1,200 sleep sacks are needed annually.

# ☐ Grief Support Books for Children (\$50)

Heartworks

The Heartworks Grief Support Program needs books on grief support for children.

## ☐ Assist Social Services with Helping Those Less Fortunate (\$100)

Williamsport Regional Medical Center

This program would allow Social Services and Nursing to purchase a variety of items that patients do not have or are unable to obtain. Examples are a discharge prescription that is not covered by insurance, cab fare to return home, clothing to wear home, etc.

# ☐ Books for 50 Pediatric Patients (\$200)

Same Day Services

Books are provided to all pediatric patients who are having a surgical procedure. This gives the child something to focus on other than the surgery.

# One Temporal Thermometer (\$321.48)

Susquehanna Health Cancer Center

Currently the chemotherapy nurses are using ear thermometers for patients being treated at the Cancer Center. The patients often have hearing aids that must be removed to take a temperature, which causes them discomfort.

The temporal thermometer would provide a hassle- and pain-free way of taking routine temperatures.

## First Aid and CPR Instruction for the Sports Medicine Camp (\$500) Sports Medicine

## ☐ "Mass Box" (\$700)

Pastoral Care

The box contains all necessary sacramental items for our Priest Chaplain to celebrate Mass in the new Susquehanna Tower Chapel.

## ☐ One Year of Grief Support Services for One Child (\$1,000)

Heartworks

Heartworks is a free program for children ages 4 to 17 who have recently experienced a loss of a loved one.

## ☐ One King Vision Portable Video Laryngoscope (\$1,109)

Pre-hospital Services

This technology would allow the ambulance services to provide prompt and proven effective emergency and life-saving secured airway control to residents of our region.

### ☐ **One Recliner** (\$1,700)

Muncy Valley Hospital

A recliner could be provided to both clinically aid the recovery of patients as well as help them to feel at home during their extended stay with us.

# Pediatric Resuscitation Cart (\$4,800)

Muncy Valley Hospital Emergency Department

## ☐ Exercise Equipment (\$5,000)

Cardiac Rehab Program

Cardiac Rehabilitation is a customized program of exercise and education. Cardiac rehabilitation is designed to help patients recover from a heart attack, other forms of heart disease or surgery to treat heart disease.

If you would like to make a gift to purchase one or more of the Wish List items, please enclose your check in the magazine's attached envelope and make a note of which item(s) you wish to purchase. You can also make a gift by going online to SusquehannaHealth.org/Donate and making a note in the comments section.

Continued from page 37

In Honor of Dr. Michael Hoffman

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Shirley L. Collins Kathryn M. Eck Marian B. Hutchinson Sarah "Sally" Lott

In Honor of Dr. Kevin W. Kist Anne and Tim Holladay

To **Dr. Alexander Nesbitt** "This is to honor you for your compassionate care given to my husband throughout his life. We always knew that you provided not only medical care, but you cared about him as a person and our family. Your special attention was much appreciated, and our family hopes that your dedication will be rewarded many times over in your career and your life."

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In Honor of Dr. James B. McClain Anonymous

To **Dr. Linda Myers** "You have been so special in my life. You have been very supportive and compassionate during my battle with breast cancer. I have gone through some rough moments, but you have always been there for me, going well beyond what anyone could expect. I feel so blessed that I was put under your care."



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To **Dr. Anthony Ippolito** "I am so grateful to you for your kindness and compassionate care! Thank you for helping me regain my life, my mobility and giving me hope during a very difficult time."

Joan S. Lyons Ethel T. Melvin Eleanor L. Mutchler Marion E. Schultz Susan A. Shaner Linda M. Younes

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In Honor of Dr. Collier B. Nix Clyde E. Ault Joseph and Kathryn Miller Althea J. Minier Robert and Kathryn Wandell

To **Dr. Daniel Glunk** "You were there when my esophagus 'blew a gasket' telling me I'd be ok, that night calling the hospital to see how I was, and me waking in the morning to your smiling face. I was afraid, and you took the fear away! You take wonderful care of me, and I take better care of my health because of you."

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Marjorie J. Mahoney and Family

Staci Mondell

Barbara A. Sampsell

Ruth M. Schreiber Alden and Muriel Wilcox

Marie B. Zurinsky

To **Dr. Quinne Farrington** "I will always be grateful to you for giving me back my life. Not only is she a gentle, kind and compassionate person but also a thorough and conscientious doctor. She is willing to listen with patience and understanding, never making me feel rushed and only too willing to answer my questions."

**In Honor of Dr. Raj J. Patel** Donald and Ellen Mack Marilyn I. Renner

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To **Dr. Scott Croll** "On occasion, we witness people performing their jobs with the diligence and effort that go beyond what is expected. Dr. Croll certainly fits that description, not only as a wonderful surgeon but also a kind human being. This observation was made over several visits and was not always directed toward me, which only reinforces my opinion of his genuine kindness toward his patients and colleagues. In a world of less personal service, Susquehanna Health and Dr. Croll are exceptions to this norm."



In Honor of Dr. Keith Shenberger Saundra Blackburn Clara May Johnson

Nancy B. Spangler Anne M. Swartz In Honor of Dr. Carrie Timko

Kathy Ebeling Shawn J. Hall Rebecca Shady

To **Dr. John Burks** "How can we not tip our hat to you, curtsy, cheer and recognize you on this special day. You have been there to support us as we've needed your skill, knowledge and compassion. And the neat part is that other patients tell us they've had similar positive connections with you. You have a special charm that lightens the hearts of those you help heal. Thank you!"

In Honor of Dr. Margrit M. Shoemaker

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In Honor of Dr. Dakshina Walgampaya Jim and Germaine Donahue Marlene J. Gaskins Joyce L. Rhodes

In Honor of Dr. Thomas E. Wallace Richard H. Confair Clarence and Rose Gough William and Mary Lee Kelly

To **Dr. Karla Anderson** "I am so thankful that God led me to you a few years ago. Your understanding and genuine caring helped so much to ease my mind prior to my surgery. Being in my 60s and having only had surgery when I was 8 or 9, I confess I was a little bit scared of the prospect of 'going under the knife.' I often tell people how glad I am that you were the one who did my surgery. Thank you for being so kind."

In Honor of Dr. Hani J. Tuffaha Anonymous Lloyd "Bill" and Betty Bailey

Al Boyer Christine Eckert **In Honor of Dr. James F. Way** Jeffrey and Ann Duncan

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Dorothy A. Colegrove

Mary Jane Edgerton

William and Mary Jane Ehlich

Delores E. Eiswerth

Francis P. Grimes

Priscilla M. Hensler

To **Dr. Susan Branton** "When I asked for a referral, I asked to be sent somewhere where God is and prayed that the right people would be put in my path. I am grateful for the excellent care by you and your staff and am very grateful for my state of recovery at this time. May God continue to bless you in your work."

Gloria Iean Hesler Tom and Jean Hunter Benjamin Hutcheson Esther J. Karpauitz George and Mary Knapp Donna Lannen, Bonnie Bechdel, Connie Harman, and Ken Emenhizer Jr. Marian R. Lindquist Ray and Lori Mahaffey Christine Manny Chris and Mike Marrazzo Blanche L. McCormick Ann P. Milani Nancy A. Reeder Carol A. Smith Mary Lou Smith Beulah G. Snyder Mr. and Mrs. James M. Sones Jr.

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In Honor of Dr. Nche Zama Alden and Muriel Wilcox



# 'Cash from Trash' program benefits Susquehanna Health

John Houser, Frank Lundy III and Lon Myers of Lundy Construction presented Steve Johnson, President & CEO of Susquehanna Health, a check for \$5,932.75. Lundy Construction utilized Staiman Recycling to salvage materials from Susquehanna Health projects and then generously made a donation back to the health system from the proceeds.





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