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# From Caregiver to Care Receive

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Campaign Closes & Innovation Continues



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at Work

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Changing with Every Season

"Rapidly changing" seems to precede every reference to United States healthcare, and Susquehanna Health System isn't immune. The intentional changes to our facilities, services and partnerships during recent years are helping us keep pace with advances in medical science and technology to meet the healthcare needs of our region. They have also prepared us to be successful as the business of healthcare, influenced by insurers, changing government regulations and discerning consumers, becomes increasingly demanding and competitive.

#### Susquehanna Health Foundation

#### Lycoming County

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#### Development Associate

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**Development Officer** *Melissa Coolidge* mcoolidge@susquehannahealth.org (570) 723-0506 With your help and support we've anticipated and prepared to meet each challenge with the right facilities, the right professionals and the right partnerships. We've elevated and expanded our services, improved quality and access, reinvented how we provide care and redesigned positions and workflow to achieve operational precision and reduce waste. We've strategically partnered with organizations to train highly skilled caregivers and to make healthcare more convenient and coordinated for our patients, and we're confident that our success to date positions us well for the future.

As we look ahead, we know more bold steps will be necessary to assure fulfillment of our mission of improving the health and well-being of our community and our commitment to delivering high-quality care, patient safety and total patient satisfaction. We are a financially strong health system, yet maintaining that fiscal strength will require actively addressing numerous challenges that confront hospitals and health systems across the country including ours. An aging population with increasing care demands, shrinking Medicare reimbursements that fall below the cost of providing care, and a shift to population health-based payment models or Accountable Care Organizations are just a few.

In addition, patients who have traditional insurance are dealing with higher copays by becoming more conservative about elective procedures and more selective about where they go for care. The new ideal in healthcare is high-end quality, service and outcomes delivered at minimal cost—a Ritz Carlton meets Walmart proposition.

These changes are catalysts motivating a large portion of providers, hospitals and physician groups across the Commonwealth and the nation to band together to gain the advantage of size as well as expertise and experience. Likewise, we are exploring partnership options to prepare for the healthcare environment of the future. Considering future partnerships is certainly consistent with the way Susquehanna Health has operated over the last 25 years. Our region's premier health system is the product of highly effective strategic partnerships and alliances—an average of one per year since the merger of Divine Providence Hospital and Muncy Valley Hospital in 1990. Recent examples include PinnacleHealth's River Health Accountable Care Organization, the Penn State Hershey Cancer Institute, Soldiers + Sailors Memorial Hospital, the Green Home, the Park Home, River Valley YMCA, ARAMARK, Pennsylvania College of Technology, The Commonwealth Medical College and Cleveland Clinic's Sydell and Arnold Miller Family Heart and Vascular Institute.

As we consider the best opportunities to continue Susquehanna Health's mission, we place considerable weight on our responsibility to our community. As a healthy, financially progressive organization we are a major employer and contributor to the infrastructure of the communities we serve. We support our communities through preventive health initiatives, charitable care, financial and volunteer support of nonprofit organizations, voluntary tax-value payments, and many other community benefits. Our good fiscal health assures we can continue to have significant value and impact on our community, physicians and employees and is further incentive to carefully evaluate and pursue opportunities to secure a vital future.

Healthcare is certainly changing, but what remains consistent no matter where Susquehanna Health System provides care or who we work alongside to provide it is our commitment to our mission and our focus on improving quality, ensuring patient safety and assuring total patient satisfaction.

tuso Typen Steven P. Johnson

Steven P. Jonnson President Susquehanna Health Foundation

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# From Caregiver to Care Receiver. A Cancer Survivor's Story

Dawn and Sam Astin

As a colonel and co-commanding officer of the American Rescue Workers in Williamsport, **Dawn Astin**, 54, provides food, shelter and assistance to people in need every day. In January 2011, just four days after her 50<sup>th</sup> birthday, she became the one in need when doctors detected a large tumor during her first colonoscopy.

Within days, Dawn and her husband, **Sam**, met with **Dr. Mauricio Pineda**, a hematologist and medical oncologist at Susquehanna Health Cancer Center. Still in shock, Dawn remembers the clean and bright environment of the Cancer Center, the beauty of the healing garden, and even more importantly, the feeling of being enveloped in care and concern by her doctor and nurses.

"They were very reassuring. I had this overwhelming sense of a unified effort to take care of me," she says. "They knew about my work in the community, and they made me feel important and loved. One of the nurses said, 'You take care of everyone else now it's time to let us take care of you."

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<sup>(C</sup>One of the nurses said, 'You take care of everyone else—now it's time to let us take care of you.'<sup>29</sup>

Positive impressions were confirmed when, at Dr. Pineda's suggestion, she received a second opinion from Penn State Hershey Medical Center Cancer Institute and got the same treatment recommendation.

After surgery to remove her tumor and confirm her stage 4 colon cancer diagnosis, Dawn began six months of chemotherapy at the Cancer Center. The treatments ran three days a week, every other week, and it wasn't long before Dawn was in the throes of side effects.

"The nurses were just wonderful to me. They were definitely part of my healing," says Dawn, explaining how they affirmed her experiences with hot flashes and mood swings resulting from the sudden onset of menopause as well as nausea, constipation, mouth sores, "chemo brain" and fatigue.

In addition to offering compassion and understanding, they helped her cope. They provided printouts on her medications, gave her cookbooks to improve digestive health and helped ease her anxiety before treatments. It was reassuring to have received responses to her questions within the same day.

Dawn's numerous treatment guests were always welcome. As long as space was available, she could choose a private or open treatment area based on how she was feeling. Praying with a visiting chaplain, priest or nun was often part of Dawn's experience as well as being treated to warm blankets and hand massages, which helped her relax and feel comfortable.

"They made me feel so loved. The Cancer Center provides health in a holistic manner, and they do it very, very well," says Dawn. "The special treatment provided physical relief from the issues going on in my body."











After her final treatment in October 2011, a clear CAT scan brought jubilation. Dawn and her mother delivered food, including shrimp and cookies, to the Cancer Center in celebration. With chemo behind her, Dawn began feeling better. She and Sam flew to Arizona to visit their daughter, son-in-law and grandson and eagerly anticipated the birth of their next grandchild.

Then, in March, Dawn was devastated to learn she had a rapidly growing cyst on her ovary as a result of her colon cancer. Following surgery to remove the cyst, Dawn resisted Dr. Pineda's recommendation for more chemotherapy. At his urging, she traveled to Johns Hopkins University Oncology Center in Baltimore for a second opinion.

"There I was with my husband and my son, and one of the leading teams for treating colon cancer in the United States gathered around us to say they would do exactly what Dr. Pineda recommended," she recalls.

The next six months of chemotherapy were less physically taxing and produced fewer side effects for Dawn. As she neared the last treatment in October 2012, Dr. Pineda recommended a maintenance infusion of Avastin every three weeks for as long as she chooses to continue.

Three years after beginning maintenance infusion, Dawn is re-energized, able to enjoy her family and continue her ministry of Jesus Christ's love through her work. She remains cancer-free and is grateful to Dr. Pineda and the staff at the Cancer Center.

"When I walk into the chemotherapy room every three weeks, I feel like everyone there is just as intent on helping me heal as they were the first day I walked in," she says.

Dawn went through many emotional phases during her battle with cancer, but with the support of the Susquehanna Health Cancer Center and her faith, she is now living a happy, healthy life again.



# Patients is a Good Thing

Early Detection and More Treatment Options Help to Save Lives

More patients are being treated at Susquehanna Health's Cancer Centers at Divine Providence Hospital and Soldiers + Sailors Memorial Hospital than ever before. Much of this growth means that cancers are being detected earlier, giving patients more treatment options and a better prognosis. It also means that patients are living longer and taking advantage of programs to help them with survivorship. To keep pace with this growth, fundraising efforts are being focused on the Cancer Center to help recruit additional cancer specialists, acquire new technology and add more space to ensure continued timely treatment.

When Susquehanna Health's new Cancer Center opened at Divine Providence Hospital seven years ago, it was the flagship project of the *Count On Us For Life* Capital Campaign. The stateof-the-art center incorporated the latest technology and attracted leading cancer care physicians to the area. With amenities such as heated, massaging treatment chairs and a beautiful healing garden, it showed the region how a cancer treatment center could be transformed into a healing environment that provides the most advanced and comprehensive cancer care in northcentral Pennsylvania. The patient-centered design was recently duplicated at the Soldiers + Sailors Memorial Hospital campus, where Wellsboro patients are able to receive high-quality cancer care without traveling a great distance.

Maintaining leading-edge standards in cancer care is critical. Funds raised will ensure the region timely access, excellent care and patient comfort. In the next few months, equipment will be purchased to enhance the Trilogy Linear Accelerator, a tool used for administering radiation treatments at Divine Providence Hospital. The new Rapid Arc system administers radiation doses with greater accuracy to protect healthy tissue from being damaged. Used in conjunction with the Robotic Table, another upcoming addition, patients will experience faster treatments When you're diagnosed with cancer, time is of the essence and immediate access to quality cancer care is vitally important.

— Michelle Gaida

with greater efficiency and comfort. These additions help uphold the Cancer Center's high standards.

"When you're diagnosed with cancer, time is of the essence and immediate access to quality cancer care is vitally important," says **Michelle Gaida**, Executive Director for Cancer Services at Susquehanna Health. "The Susquehanna Health Cancer Centers exceed benchmarks in cancer care access and welcome same-day appointments, because patients should not have to wait to talk to their specialist or begin treatment. These new tools will help reduce the amount of time a patient spends receiving treatments and give them more time to spend with their loved ones."

The Cancer Center at Divine Providence Hospital will add six to eight additional exam rooms and small nursing stations, called pods, to enhance care.

"We are looking at the future of cancer

services and how we can proactively prepare," Michelle says. "New screening programs that are able to detect cancers earlier are being approved at the federal level, and we have the technology to treat the smallest tumors to help our patients survive. We remain at the forefront of technology, delivering the highest level of care so our patients can be treated locally."

The Center at Divine Providence Hospital will add a True Beam Linear Accelerator within the next couple of years to expand radiosurgery capabilities. This technology allows higher doses of radiation to kill tumors in smaller areas and will have greater application as the lung cancer screening program, and others like it, gain momentum.

Funds will also be used to continue providing the amenities that make the Cancer Centers a healing environment. Everything from heated blankets, customized robes and massage services to Sirius XM radio for music therapy and an array of healing touch options helps to soothe and comfort patients. In the future, patients will have computer tablets to use in the waiting rooms for registration, research, gaming and shopping.

Ha In

Survivorship is another component of cancer care that is growing as treatments are producing better outcomes for patients. This growing service will also be accommodated in a larger space, as a greater volume of survivors is anticipated.

To support Susquehanna Health's Cancer Center, donate online at SusquehannaHealth.org/Donate or contact Susquehanna Health Foundation at (570) 320-7460.

See page 11 for information on Susquebanna Health's Cancer Clinical Trials.



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# The Donorreport

A note to our donors: If your name has been omitted or misprinted, please notify us and accept our sincere apology.

#### SIGNATURE GIFTS

**Signature Gifts** recognizes individuals and organizations who made a commitment to Susquehanna Health Foundation with a contribution of \$100,000 or greater. **Donors are listed through June 30, 2015.** 

# Signature Gifts Members

#### \$1,000,000+

Blue Cross of Northeastern Pennsylvania Doris and Fred Diehl Estate Employees of Susquehanna Health - Tree of Life Club

First Community Foundation Partnership of Pennsylvania

Dr. and Mrs. Francis M. Powers Jr.

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# Project Progress

#### **Hospitality Inn**

The Hospitality Inn on the campus of Williamsport Regional Medical Center has five new hotel-quality rooms following a recent renovation. Designed to provide modern, comfortable and

convenient accommodations at a reasonable price, the facility serves an increasing number of families from outside the area whose loved ones are receiving care at the hospital.

The renovations incorporate a Little League theme throughout with artwork, photographs, posters and memorabilia.

Proudly displayed is an original Little League uniform from 1939 donated by the Frank Lundy Family to Susquehanna Health. The décor is a nod to Little League<sup>®</sup> International headquarters in Williamsport and celebrates the League's family and team values.

The Little League Kid Zone was made possible through the partnership and generosity of *Little League International* and

#### Bone & Joint Care at Divine Providence Hospital

Enhancing convenience and care for patients with bone and joint issues is the goal of a \$4-million renovation project at the Divine

Providence Hospital campus that is scheduled for completion within fiscal year 2016.

Improvements begin with a streamlined call center to be staffed by navigators who can ensure appointments are scheduled with the appropriate specialist orthopedic surgeon, sports medicine physician, rheumatologist or foot and

ankle specialist. This new setup will ensure easy collaboration and appropriate care for each unique patient question.

The Wenner Building, on Divine Providence Hospital's campus, is being renovated to include offices for Susquehanna Health's orthopedic surgeons. **Dr. John Bailey** and **Dr. Mark Rackish** will join **Dr. Michael Hoffman, Dr. Ronald DiSimone** 



*The Garth Brooks Teammates for Kids Foundation.* Kid Zone, a spacious activity room off of the lobby, invites guests to unwind with large-screen televisions, interactive video games and Wi-Fi.

There is also a "Grab n' Go" area with vending and gifts available.

The five new guest rooms on the third floor comprise three deluxe rooms, an ADA-compliant room and a family suite consisting of two rooms. Each guest room has a private bath, flat-screen television, individual climate control and a mini

refrigerator. The rooms are reasonably priced and operated and managed by Susquehanna Health partner, Aramark. Also available on the fourth floor are 22 fully furnished rooms with shared bath and shower rooms. These rooms have been in use since the 1980s and are complimentary to guests, but reservations are still required. **To reserve a room, call the reservation specialists at (570) 321-1000.** 

and rheumatologist **Dr. Keith Shenberger** in the space. The first floor will be dedicated to patient treatment, with 27 spacious

exam rooms, three X-ray machines and comfortable waiting areas. Patients will enjoy convenient access to the Costello Center, a full-service rehabilitation center located in the same building. Upstairs, a new conference room can be used for educational sessions and collaborative activities.

Renovations to the 1201 building across from Divine Providence Hospital will

nearly double the space for sports medicine and foot and ankle care. The building will feature 15 patient exam rooms, two new X-ray machines to streamline patient evaluations and modern patient waiting areas. The site will bring **Dr. Edward Gusick** and orthopedic surgeon **Dr. Patrick Carey**, both fellowship trained in sports medicine, together with foot and ankle specialists **Dr. Zach Ritter, Dr. Steven Hawley** and **Dr. Christine Nolan**.



Susquehanna Health

#### CORNERSTONE SOCIETY

The Cornerstone Society recognizes individuals who supported Susquehanna Health Foundation with a contribution of \$10,000–\$99,999. Donors are listed through June 30, 2015.

### Cornerstone Society Members

#### \$75,000-\$99,999

E. Ruth Crist Estate

#### \$50,000-\$74,999

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#### \$10,000-\$14,999

Anonymous (2) Heather and Dan Allison Julie Barner Dean and Joy Barto Meg Lamade Beckerman *In Memory of Joanne J. "Johnny" Lamade* Phil and \*Joyce Bower

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### **Cancer Clinical Trials**

Clinical trials help researchers collect data for new drugs or treatments so they can be approved by governing agencies like the Food and Drug Administration (FDA) for broader use. They're an important part of cancer care, and Susquehanna Health provides many options for patients who want the opportunity to participate in a study while staying close to home.

Susquehanna Health Cancer Center has been a partner with Penn State Hershey Cancer Institute and a member of the oncology group ECOG-ACRIN since 2007. These affiliations enable the Cancer Center to provide patients with local access to a broad spectrum of phase II and III clinical trials for the treatment and prevention of cancer.

The Cancer Center is also participating in several new research studies recently launched by the National Cancer Institute (NCI)

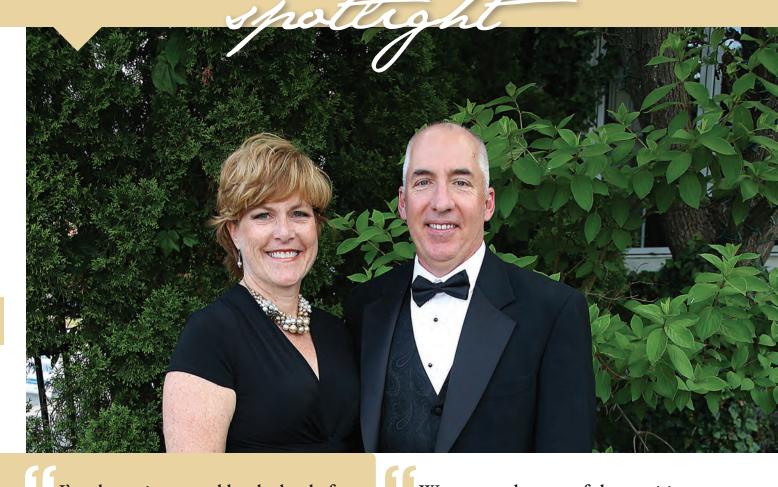
on "precision medicine." This approach targets a tumor's specific gene mutations rather than treating the cancer by type, such as breast, colon or lung. The hope of precision medicine is that the specifically targeted treatment will improve response and survival for patients.

Clinical trial participation at the Cancer Center offers patients the unique opportunity to work with a personal clinical trial nurse navigator who coordinates patient care and support services. Patients seeking earlier phase clinical trials available at academic institutions are assisted by a research nurse who investigates potential trial options and makes the needed referrals to eliminate that burden from the patient.

To learn more about the clinical trial opportunities available at Susquehanna Health Cancer Center, please visit SusquehannaHealth.org/ClinicalTrials.



#### CORNERSTONE SOCIETY



I'm always impressed by the level of commitment Susquehanna Health employees have to what they're doing for other organizations. The organization is very involved and giving in our community. —Heather Allison We want to be part of that positive momentum—to help these organizations grow and provide high-quality services that will be there when we, or others in our community, need them.



During a tour of The Birthplace at Williamsport Regional Medical Center, **Heather Allison** was almost moved to tears. Recalling her birth experience at a German hospital, in a unit with no airconditioning and a shared bathroom, she marveled at what's available in her hometown.

"It's easy to take the facilities we have for granted," Heather says. "Until you have a medical need, you don't really think about it. But we are so fortunate to have the excellent facilities and care that we have here. There's really no need to go anywhere else."

Heather and her husband, **Dan**, both grew up in Williamsport. In fact, they lived across the street from one another from the time Heather was two years old until she was in junior high school. But it wasn't until years later, after each had separately lived and worked as far away as Europe and California and then returned to Williamsport to be near family, that their paths crossed again.

Dan is manager of engine systems control at Lycoming Engines, where he helps make airplane engines. His diverse background includes work on radars and sonars for the Department of Defense as well as 15 years in the biotechnology business, where he worked on the Human Genome Project.

Heather has always worked in academia, including at Pennsylvania College of Technology. She has been a consultant in Workforce Development & Continuing Education for the last 17 years.

One of the couple's common interests is supporting their community through volunteer work and charitable giving. Dan has served on the Lycoming County United Way, and Heather has been involved in many organizations, including the Keystone Society Committee for Susquehanna Health Foundation, where she has helped with fundraising.

"Everyone shares a responsibility to the community. We work to sustain our own lives, but we need to give part of that back to the community. It's part of the balance," Heather says.

Several years ago Dan decided to focus their charitable giving on local organizations. After carefully researching to ensure that funds will be used efficiently, he chooses organizations that affect their family or the community directly, such as local fire and ambulance services, the Red Cross, Central PA Food Bank, Erie Gives, Pennsylvania Free Enterprise Week, Susquehanna Health and their church.

"The nonprofit organizations in our area survive and grow on donations," Dan says. "We want to be part of that positive momentum—to help these organizations grow and provide high-quality services that will be there when we, or others in our community, need them."

Both Heather's and Dan's loved ones have received care through the Susquehanna Health Cancer Center, and Heather will never forget the special care her stepmother received during her final days at The Gatehouse. Those very positive experiences drew their interest in supporting Susquehanna Health.

"Several women in our family went through the Cancer Center for breast cancer treatment, and we recognized that the care there is really top notch," Dan says. "The professionals they have been able to recruit and the facilities are excellent."

Dan also appreciates that Susquehanna Health is very involved in the community and gives its support to other organizations. He notes that even the use of local artwork on the walls of its facilities points to Susquehanna Health's community engagement. Heather has witnessed that generosity through her volunteer work in Leadership Lycoming and on several committees with Susquehanna Health employees.

"I'm always impressed by the level of commitment Susquehanna Health employees have to what they're doing for other organizations," Heather says. "The organization is very involved and giving in our community."

With Dan's experience in the biotechnology field, he is also tuned in to Susquehanna Health's evolution toward more personalized care and emphasis on staying current with the latest surgical techniques and tools.

"Steps like the Heart & Vascular Institute's affiliation with Cleveland Clinic just help to maintain those high standards and will keep Susquehanna Health at the forefront," he says.

Noting the new operating rooms, emergency room and now the Health Innovation Center, he adds, "It is unique that they have the reputation and support necessary to grow in a small community like ours. That gives me confidence that they will be here for the duration, and that we will have access to high-quality healthcare as we get older." 13

# **CONTINUING**THE **INNOVATION** Campaign Closes & Innovation Continues

Generous contributions from physicians, employees and the community drove the *Continuing the Innovation* Capital Campaign to reach its \$7.5-million goal in May. Building upon the advancements made through Project 2012, the *Continuing the Innovation* Capital Campaign aimed to ensure that the highest-quality healthcare continues to be available in the region, with the best technology, facilities and healthcare providers.

Funding from the campaign was used to construct the Health Innovation Center, a four-story, modern outpatient facility designed to improve patient access and enhance physician collaboration for the best patient outcomes. The Center includes a floor for the nationally recognized Family Medicine Residency program, Heart & Vascular Institute and areas for Susquehanna Health OB/GYN and General Surgery.

Another major project funded by the campaign is the Emergency Department at Muncy Valley

Hospital. The new department will have many enhancements, including 14 private rooms to replace five curtained examination areas.

At Divine Providence Hospital, a centralized hub is being created for bone and joint care that brings orthopedic surgeons, rheumatologists, podiatric surgeons and occupational and physical therapists together to provide efficient, effective care.

"These projects are the single most important thing we can do to ensure that this health system has a bright future," says **Steven P. Johnson**, Susquehanna Health CEO and President.

"Healthcare is undergoing massive changes right now, both locally and at the national level. As that change happens, delivery models continue to change dramatically. The importance of these building and expansion projects simply cannot be overstated."

Positioning Susquehanna Health as a forwardthinking organization with a clear vision through



Below: Rendering of Emergency Department at Muncy Valley Hospital





"The way the community, patients, families and local businesses have come together is just inspirational. They have embraced philanthropy as a way to help nonprofits provide some of the resources we need in our community." —Keith Kuzio

2020, the *Continuing the Innovation* Capital Campaign has had the collateral benefit of a very successful physician recruitment record at a time when the field is extremely competitive.

"The way the community, patients, families and local businesses have come together is just inspirational. They have embraced philanthropy as a way to help nonprofits provide some of the resources we need in our community," says **Keith Kuzio**, Larson Design Group President and CEO and *Continuing the Innovation* Capital Campaign chair. "With the state of healthcare today, especially for our nonprofit health system, philanthropy plays an important role in keeping high-quality care available."

One key to the campaign's success was employee giving. Employee contributions of more than \$1 million served as a vote of

confidence in the goals for growth and innovation among those serving on the front line.

"Our success comes down to great volunteers and generous donors," Keith says. "What we're doing is clearly important to the community and the donors. They feel confident, many based on experience, that an investment in Susquehanna Health will make a great impact."

Among the most sizeable community donations was a gift from the estate of Fred and Doris Diehl as well as an award from the First Community Foundation Partnership of Pennsylvania.



# Auxiliary



#### Pro-Am Tournament Raises Funds for Local Youth Programs

On September 21, 84 amateur golfers and 21 professionals took to the Tyoga Country Club course for the 25<sup>th</sup> Annual Soldiers + Sailors Memorial Hospital Pro-Am Golf Tournament.

Soldiers + Sailors Memorial Hospital's Pro-Am unites business leaders, amateur golfers, volunteers and golf professionals from all over the tri-state area under one common goal: providing health career scholarships and helping the children of Tioga County stay healthy, active and educated.

Thanks to outstanding community support, the Pro-Am Golf Tournament raised \$14,000 this year and has raised more than \$454,000 over the years. A special thanks goes out to our tournament participants, Pro-Am committee, volunteers and sponsors, who make our tournament a great success every year.

#### 2015 Lawn Party Raises \$31,000 for Emergency Department

The weather cooperated for the 32<sup>nd</sup> Annual Muncy Valley Hospital Lawn Party on June 20 at Muncy Valley Hospital, helping the event raise \$31,000 this year.

Proceeds from the Lawn Party will be used toward the auxiliary's three-year pledge of \$150,000 for the renovation and expansion of Muncy Valley Hospital Emergency Department.

#### 2015 Autumnfest & Car Show

The Divine Providence Hospital Auxiliary held its annual Autumnfest & Car Show on September 27 in the hospital's main parking lot. In addition to being one of the largest car shows in the region, the event features auctions, raffles, games, craft vendors, kids' activities and more.

Since the auxiliary was founded in 1954, Autumnfest has been one of its largest fundraisers, bringing in an average of \$13,000 per year for Susquehanna Health for the Kathryn Candor Lundy Breast Health Center. This year the auxiliary raised \$21,000, which will go toward the purchase of a new tomography machine to help detect breast cancer earlier in women with dense breast tissue.

Interested in becoming an auxiliary member? Learn more at SusquehannaHealth.org/Auxiliary.



#### BUSINESS & INDUSTRY GIFTS

**Business & Industry Gifts** recognizes businesses that supported Susquehanna Health Foundation with a contribution of \$5,000 or greater. Donors are listed through **June 30, 2015.** 

### **Business & Industry Members**

#### \$1,000,000+

Blue Cross of Northeastern Pennsylvania Ward Manufacturing LLC

#### \$250,000-\$999,999

The Muncy Bank & Trust Company Verizon Wireless

#### \$100,000-\$249,999

AutoTrakk, LLC Dominion Foundation M&T Bank The Park Home, Inc. PRIMUS Technologies Corp. Reynolds Iron Works, Inc. Shell Exploration & Production Company Silvertip, Inc. TurnKey Construction, Inc. TurnKey Electric, Inc. Wolyniec Construction, Inc. *In Memory of James T. Wolyniec Sr.* 

#### \$50,000-\$99,999

Alexander Building Construction Co.
Anadarko Petroleum Corporation
Bayard Printing Group
Citizens & Northern Bank
Glenn O. Hawbaker Inc. Charity Golf Outing
Hudock Capital Group, LLC
Jersey Shore State Bank
Larson Design Group
McCormick Law Firm
PPL Corporation
Weis Markets, Inc.
Welliver

#### \$25,000-\$49,999

ARAMARK Healthcare Baker Tilly Virchow Krause, LLP Beiter's Inc. Construction Specialties, Inc. In Honor of Construction Specialties, Inc. Staff and Families

Data Papers/KBF Print Technology Fry's Plastic Glenn O. Hawbaker, Inc. iHeartMedia John Savoy & Son, Inc. L. F. Driscoll Company, LLC Lundy Construction Co., Inc. McCarty-Thomas Funeral Home, Inc. In Memory of Richard G. Thomas McNerney, Page, Vanderlin & Hall Ronald McDonald House Charities of N.E.P.A., Inc. Santander Bank Shell Appalachia Charity Golf Tournament Stantec Susquehanna Bank Talisman Energy USA Inc. Tura L.P. Woodlands Bank

#### \$15,000-\$24,999

Gift Box at Muncy Valley Hospital *Gilmour Arts* I.C.S. Inc. - Ron Hine Lamar Advertising Lundy Industrial Realty, L.P. Norcen Industries Inc. Pennram Diversified Mfg. Corp. - Andrew and Karen Hooker Steinbacher Enterprises, Inc. - Dave and Karen Steinbacher *In Memory of Mr. and Mrs. James Steinbacher In Memory of Karen Steinbacher* Wm. L. Robinson Concrete

#### \$5,000-\$14,999

Aquarius Pool & Patio, Inc. - Gene and Mary Ann Schurer & Pam Keefer Berkshire Hathaway HomeServices Hodrick Realty Billtown Mechanical Corp. The Blessing Insurance Agency, Inc. Brodart Co. Central Equipment Company Ruth Croyle and East End Lumber Company EmCare, Inc. Forrester Environmental, Inc. Fraternal Order of Eagles - Williamsport Aerie #970 G. R. Noto Electrical Construction, Inc. The Herman O. West Foundation Hermance Machine Company Houseknecht's Machine & Tool Co., Inc. J and M Construction Specialty, Inc. Keystone Bingo Supply, Inc. Keystone Data Systems, Inc. L-3 Communications Electron Devices Lezzer Lumber Co. - Pennsdale Liberty Hospitality Partners, LP McDonald's - Doug and Frani Doherty Mid-State Beverage Co. - Don and Betty Jo Heim Montgomery Plumbing Supply Company Murray Motors - Brian Peace and Bill Brown Patterson-Brandt, Inc. Penn Cabling Services, Inc. Penn Recycling, Inc. PMG Advisors, LLC Quandel Construction Group, Inc. Schneider Valley Farms Dairy In Honor of Schneider Valley Farms Dairy Employees SelecTrim Corporation - James Wood and Marcus Annicelli Sher Properties, Inc. Susquehanna Paper & Sanitary Supply Corporation Trojan Tube Sales and Fabrications, Inc. In Memory of Jack Decker Wellsboro Electric Wellsboro Rotary Club Williamsport Moving Company



**BUSINESS & INDUSTRY** 

As an employee-owned architecture, engineering and surveying firm, **Larson Design Group** (LDG) takes an active interest in the areas it serves. Because LDG's more than 300 employees have worked on thousands of infrastructure projects, they have a unique understanding of the importance of strong foundations and solid frameworks. They enjoy putting that knowledge to work to strengthen their communities as part of the firm's core value of community stewardship.

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One of the ways this happens is through LDG's Contributions Committees, which exist at each of their 13 offices across five states. Each committee is made up of a small group of employee volunteers with a passion for philanthropy who meet to consider requests for support from local organizations. The committee structure enables LDG to share its financial success. Each committee receives a contributions allocation that can be divided based on how members feel it will benefit their community the most.

"We think it's important to give back to the communities and regions that support us," says **Keith Kuzio**, Larson Design Group President and CEO. "From the time

Ken Larson established this firm in Williamsport in 1993, we have recognized the importance of strong community relationships. Getting involved and supporting causes that benefit the communities we work in and their quality of life is one way we contribute."

> Now an emerging national company, LDG began with an architect, an engineer and a surveyor who wanted to create a firm based on providing solutions that could sustain and

> > benefit the communities they served. With a commitment to teamwork and innovation, the company has grown steadily and has earned a track record for excellent quality, service and success. LDG now has offices in New York, Ohio, Texas and West Virginia in addition to Pennsylvania. Recent notable projects in which LDG has participated include the Health Innovation Center at Williamsport

Regional Medical Center, Muncy Valley Hospital Emergency Department expansion, Lynn Science Center at Lycoming College, multiple streetscape and landscape architecture improvements for the City of Williamsport, PennDOT Rapid Bridge Replacement (P3), and Lock Haven Wastewater Treatment Plant. LDG's interest in supporting the community and local quality of life is clear through its philanthropic support of large impact projects, too. Its Corporate Contributions Committee recently approved a significant contribution to Susquehanna Health's *Continuing the Innovation* Capital Campaign.

"We look for causes that have a lot of impact and a broad reach in the community. Susquehanna Health is a major mover in this region as far as health and wellness," says **Bill Berger**, Quality Assurance Specialist and a member of the Corporate Contributions Committee at LDG. "This was clearly something we wanted to support because of its potential to have a large, positive impact on the region."

> When considering the gift to Susquehanna Health, representatives took the results of an earlier donation to the *Count On Us For Life* Capital Campaign into consideration, too.

"Susquehanna Health delivered a \$175-million building program on time and under budget," Keith says. "We've been impressed with how they have leveraged private sources to maximize the impact of every campaign dollar raised, and from that perspective we made an early commitment to this most recent campaign."

Because many of LDG's employees live in the region, there's a direct benefit in helping to provide a strong healthcare system as part of the infrastructure.

"The changes at Susquehanna Health in recent years benefit so many of our employees," says **Jamie George**, Marketing Coordinator at LDG and also a member of the Corporate Contributions Committee. She was able to appreciate recent upgrades firsthand at The Birthplace at Williamsport Regional Medical Center when her third child was born. "There's a dedication to the community and the region that drives us and also there's a benefit to us because, with everything that's being accomplished, our employees can count on receiving excellent healthcare close to home." 19



"We look for causes that have a lot of impact and a broad reach in the community. Susquehanna Health is a major mover in this region as far as health and wellness." —Bill Berger

#### CADUCEUS SOCIETY

**The Caduceus Society** recognizes physicians who made a commitment of \$2,500 or greater to Susquehanna Health Foundation. Donors are listed through **June 30, 2015.** 

### Caduceus Society Members

#### \$500,000+

Dr. and Mrs. Francis M. Powers Jr.

#### \$100,000-\$499,999

Anesthesia Associates of Williamsport Dr. and Mrs. Rodwan and Zokaa Rajjoub Dr. Hani and Eiman Tuffaha

#### \$50,000-\$99,999

Jean and John Burks In Memory of Joseph R. Calder, MD Dr. and Mrs. George A. Manchester

#### \$25,000-\$49,999

Dr. and Mrs. John Becker Dr. and Mrs. E. Lee Bellinger Dr. Ronald E. DiSimone Dr. and Mrs. Daniel R. Gandy Dr. Ted and Jane Larson Jr. Dr. William C. and Beverly H. McCauley Drs. Timothy and Kathleen Pagana Dr. and Mrs. Donald Shaw Dr. and Mrs. Gordon A. Shaw In Memory of Joseph R. Calder, MD Susquehanna Urologic Associates Dr. and Mrs. Lawrence Tama

#### \$10,000-\$24,999

Anonymous (2) Darius Abadi, DO Dr. and Mrs. Victor P. Becker Dr. and Mrs. William R. Beltz Dr. and Mrs. Mark D. Beyer Christopher and Susan Branton Dr. and Mrs. Paul W. Braunegg Jr. Dr. Tom and Rebecca Burke Dr. and Mrs. Leonard R. Collins Dr. and Mrs. Scott D. Croll Dr. Perry Doan Greg and Marilyn Frailey Daniel J. Glunk and Margrit M. Shoemaker Dr. and Mrs. Edmund Guelig Dr. Barbara Heere and Dr. Bernard Butkiewicz Dr. and Mrs. Michael Hoffman Dr. Renuka Kakarala and Dr. Sai B. Sajja

Dr. and Mrs. Charles D. Lamade Dr. and Mrs. Donald J. Leathers Dr. and Mrs. Albert G. Liddell Dr. and Mrs. David J. Lopatofsky Dr. and Mrs. David B. Nagel Dr. and Mrs. Alexander R. Nesbitt Dr. and Mrs. Anthony M. Nespola Dr. and Mrs. Harshad Patel Jim and Peg Redka Dr. René and Diana Rigal Dr. and Mrs. Warren L. Robinson Dr. Phyllis Scott Keith and Pam Shenberger In Memory of Lynn A. Overdorff Ir. In Memory of Ann L. Shenberger Dr. and Mrs. F. Ardell Thomas Dr. and Mrs. Stephen Weber

#### \$2,500-\$9,999

Anonymous (5) Dr. and Mrs. Carl R. Albright Dr. and Mrs. David N. Ambrose Charles and Karla Anderson Dr. Elizabeth and Eric Anderson In Memory of Albert Confer Karen and Michael Belenko Drs. David and Susan Borys Dr. Karen Brady Dr. Jill Anissa Burns Dr. and Mrs. John V. Calce Dr. William Cicio Cornerstone Family Health, P.C. Dr. T. E. Cullen and Bronwen Cullen Joseph Daoko, MD Dr. and Mrs. Gary M. Dincher Dr. Sabrina Dowd Drs. Dilip Elangbam and Subadani Angom Dr. and Mrs. Joseph G. English Dr. and Mrs. Todd Fausnaught Mr. David and Dr. Lisa Galloway Dr. and Mrs. Steven W. Geise Dr. Kenneth I. Glaser Dr. and Mrs. Russell L. Gombosi Dr. Judith Gouldin and Mr. Anthony Parente

Dr. and Mrs. Timothy Heilmann John and Veronica Jones In Memory of John and Dorothy Jones Dr. and Mrs. William F. Keenan Dr. and Mrs. I. G. Kim Dr. and Mrs. Kevin W. Kist Jr. Dr. John Kuri and Dr. Amy Wirtner The Lazar Family Dr. Paul and Cynthia Leber Dr. and Mrs. Joseph Lexon David and Clayton Lightman Dr. and Mrs. Eric Longenbach Michael J. Marceau, MD Dr. Thomas J. and Reverend Dr. Lois D. Martin Robert L. Muller, MD In Honor of Dr. David N. Ambrose Drs. Naresh C. and Anita Nagpal Stuart M. Olinsky, MD Dr. William and Cynthia Pagana In Memory of Ann Pagana In Memory of Elizabeth Pagana Dr. and Mrs. Young W. Park Dr. and Mrs. Frank W. Parker Dr. and Mrs. William J. Peck Dr. Robert and the Reverend Christine Purcell Dr. Renee Quarterman Dr. and Mrs. William P. Reich Dr. Christopher Reilly and Dr. Teresa Bianco Dr. and Mrs. Steven D. Rockoff Eddie O. Rodriguez-Lopez, MD Dr. Mohammad Shafique Dr. and Mrs. Sam F. Stea In Honor of Our Children Bernard and Sarah Steinbacher In Memory of Karen E. Steinbacher Dr. Allan K. Stryker Dr. Lawrence and Nancy Tomack Dr. Peter and Rose Trevouledes Dr. and Mrs. Thane N. Turner Dr. and Mrs. Seth I. Weber Rosemary Wiegand and Brett Homan Dr. and Mrs. Daniel E. Wolfe Edward G. Wyshock, MD

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# Your Contributions at Work



#### The Heart & Vascular Institute

The space for the Heart & Vascular Institute was completed in August, and patient care is already reaping the benefits of physicians and nurses from each specialty working in close proximity. The consolidated offices allow more opportunities for discussing complex cases and collaborating on care. Even the weekly teleconferences with Cleveland Clinic's Heart and Vascular team, as part of the affiliation, can be conducted from the new center.

"Having everyone in this space promotes collaboration, which benefits all of Susquehanna Health's patients. Within the Heart & Vascular Institute, our combined scheduling staff can make it so easy for our patients, especially those who are driving from one of our satellite centers, to receive everything they need in one visit, from appointments with multiple specialists to testing," says **Heather Haefner**, Executive Director of the Heart & Vascular Institute.

Patients can pull up to the front door and have a valet park their car while they take the elevator directly into the registration area. There's ample seating and a coffee shop and Subway just a few steps away. Large windows in the waiting area feature a beautiful view of the mountainscape to be enjoyed between appointments.

The 22 patient exam rooms are equipped with monitors so physicians can share imaging results and describe procedures to patients and family members with the aid of photos and videos. At the same time, the patient's medical record is shared and updated by all specialists involved in his or her care. There are also family conference rooms for private meetings with physicians outside of the exam room.

Many noninvasive tests including vascular ultrasound, echocardiograms and EKGs can also be performed in the new center. Classrooms provide space for patients and their loved ones to take part in convenient pre-surgical education sessions as well as courses on items of interest such as nutrition and exercise.

If a physician determines that a patient needs a medication adjustment, the pharmacy on the first floor can ensure the change is made quickly and safely. In addition to helping with pre-authorization, the pharmacist can check for interactions, provide education on the medicine and, in most cases, send the patient home with a supply of the new prescription.

The dedicated Heart & Vascular Institute has already made an impact on the recruitment of highly skilled surgeons and staff. Seven new providers have been recruited since June 2014, including an interventional cardiologist and an electrophysiologist.

"We feel very fortunate," Heather says. "Many health systems are scaling back, and we are blessed that we are able to take care of our patients in facilities that match the quality of care we provide."



More Contributions at Work continued on next page

Susquehanna Health

# Your Contributions at Work



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The four-story Health Innovation Center is quickly becoming a hub of activity on the campus of Williamsport Regional Medical Center.

#### Williamsport Family Medicine Residency Program

The new 16,000-square-foot Family Medicine Residency Center,

located on the fourth floor, is nearly double the size of its former location. It has been designed to be an optimal training area as well as comfortable, efficient space for patient care.

"Susquehanna Health has literally put primary care at the forefront and provided our program with an opportunity to thrive and grow as we prepare our residents for the future," says **Dr. Bradley Miller**, Program Director for the Williamsport Family Medicine Residency.

Since the program's founding more than 40 years ago, it has graduated more than 270 family physicians, many of whom have settled in the region to practice.

"The new space will significantly enhance recruitment and enable us to attract solid residents, with the hope that they stay and practice in our area after completing three years of training here. Comments from prospective applicants to the program show they recognize this is a phenomenal training facility and an excellent place to learn," Dr. Miller says.

The new facility, ideally sized for 21 residents, has already attracted several new family medicine faculty members as well as an internal medicine/pediatrics specialist and his physician assistant, and there's still room to grow. In addition to ample patient care space, the instructional areas include work space

for each resident and visiting medical students who come to the program for clinical rotations. Each patient room is equipped with a high-definition video camera, which enables faculty to capture resident interactions with patients, with the patients' consent. The videos can then be reviewed and used to teach residents good communication and examination skills.

"No other clinic I've worked in has been this electronically advanced," said a medical student who recently completed a rotation with the program.

> "This kind of technology, combined with having everyone practicing in the same space, makes the training that much better. It enhances collaboration and allows for more teaching opportunities to take place," Dr. Miller says.

> Twenty-six patient exam rooms and several procedure rooms allow the new clinic to offer both traditional and specialized services, from basic exams and bariatric care to skin care and gynecological exams. In addition, conference rooms provide space to educate small groups of patients on topics such as pre-natal care and diabetes management. All this extra space has enabled residents to accommodate even more patients.

"The other day, the clinic was at maximum capacity, with 12 or 13 providers seeing patients. In our former location that would be mayhem, but in the new space, it is not like that at all. It is a calm and very healing environment—the way we designed it to be," Dr. Miller says. He added that the clinic's proximity to laboratories, X-ray, a medical equipment provider and a pharmacy on the first level will help patients be compliant in getting necessary tests and medications. "The patients love it here—they feel like they are really being taken care of."

With the new Heart & Vascular Institute on the second floor and the Susquehanna Health General Surgery and OB/GYN

offices on the first floor, opportunities for collaboration with these specialists will benefit residents, medical students and their patients too.



Honorees left to right: Dr. John Burks, Stephanie Calder, John Young, Sue Young, Susquehanna Health President & CEO Steve Johnson, Keith Kuzio, Pete Guidi and John Lundy

Susquehanna Health Foundation hosted its inaugural Lifetime Achievement Awards in May at DiSalvo's Restaurant in Williamsport. The event recognized the time, talent, leadership and generosity of many, commemorating major donors and honoring individuals who have had a significant impact on Susquehanna Health. The evening began with an outdoor reception followed by dinner sponsored by Stantec, award presentations and dancing.

Donors who have given \$10,000 or more received handcrafted lapel pins created by Williamsport jeweler Marc Williams. Those who advanced to a new giving level or donated to the most recent campaigns were also recognized.

Outgoing Foundation Chair John Young commended the Tioga County team for reaching its \$3-million goal in December 2014 for the *Building for the Future* Capital Campaign and the Lycoming County team for completing its \$7.5-million goal in May 2015 for the *Continuing the Innovation* Capital Campaign.

"Your blessings have allowed us to continuously enhance the quality of healthcare provided by our doctors, nurses and support



staff by improving the tools they use and the facilities where these tools are deployed," said **Steven P. Johnson**, Susquehanna Health President and CEO.

"Beyond facilities, technology, dollars and cents, our partnerships are the kind where wellness is the investment, fitness is the reward and enthusiastic attitudes are the currency of our commitment," Steven said. "Your investments have improved neighborhoods, provided thousands of family-sustaining jobs, built new relationships, helped patients recover from traumatic injury and comforted those who have lost loved ones."

#### 2015 Honorees

Pete Guidi accepted Ward Manufacturing's Philanthropist Lifetime Achievement Award for its history of exceptional generosity through direct financial support.

The President's Award was given to John and Sue Young and Keith Kuzio for their respective efforts in successful fundraising campaigns, leadership roles and personal donations to Susquehanna Health.

Dr. John Burks and the late Dr. Joseph Calder earned Physician Lifetime Achievement Awards for their career-long service to patients, the medical profession and the community. Stephanie Calder was in attendance to accept Dr. Calder's award.

John Lundy, Susquehanna Health Foundation board member from 1990 to 2013, and the first chair of Susquehanna Health's Investment Committee, received the Trustee Lifetime Achievement Award for his exemplary service, selfless giving and commitment to goals.

Lifetime of Generosity

"Beyond facilities, technology, dollars and cents, our partnerships are the kind where wellness is the investment, fitness is the reward and enthusiastic attitudes are the currency of our commitment." —Steven P. Johnson

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Susquehanna Health

**The Keystone Society** lists those who commit to contribute \$250 or more annually to Susquehanna Health Foundation. Listed below are all Keystone Society members through **June 30, 2015.** 

## Keystone Society Members

#### \$1,000-\$9,999

Adwave365 David and Rita Alexyn American Legion Bitner-Bechdel Post #623 American Legion Riders Post #36 Gregory J. Anna Helen L. Antrim The Art Partnership, Inc. Rod and Lynn Bailey and Family Alice R. Bair Carole Battisti Dr. and Mrs. John Becker Ronald Beckman Jr. Clair E. Bigger BKD, LLP Drs. David and Susan Borys Cynthia and Jefferey Bower Gene and Amelia Bower and Family Phil and Joyce Bower Cathy T. Brendle Amy Brent Jeanette Brown and Brown Family & Friends Joseph and Cheryl Bubacz Paula Curtis Burn William and Christine Carlucci Christina M. Carter Nicholas and Carol Catino Central PA Square & Round Dance Association Roger D. Chilson George and Janice Cohen Todd and Melissa Coolidge Covenant-Central Presbyterian Church Lois O. Cox Tim and Ruthanne Crotty CSR Enterprise Networks Bruce and Beverly Davis Linda L. Davis Melissa and Robert Davis Howard Dean Peter and Rosemarie DePasquale Richard and Nancy DeWald Dickens Christmas Ornament Fundraiser Dorothy F. Dodge Frani and Doug Doherty Kelly Douglass, CRNP Diane L. Drajem Cara Dykstra

John and Shirley Eck Mr. and Mrs. John A. Eckman Stephen Elder Matthew and Lisa Feil Chaplain Dave and Carol Fishel Mr. and Mrs. Robert Fitzgerald FNB Bank Harold and Sharon Fogle William and Mildred Frazier Ron and Judy Frick Cindy Frost Richard A. Fry Nichole E. Frye Larry Gerhard Gesang Verein Harmonia, Inc. Ladies Auxiliary Donald and Barbara Gfroerer Crystal Gilbert Dr. and Mrs. Russell Gombosi Gravediggers Black 16U Softball Team Nathan and Kathy Grenoble Guyette Communication Industries Phyliss S. Harman Scott Harmon Mr. and Mrs. Frank Hastings Harry Hefty David and Donna Heiney Theresa Hepp Hermance Machine Company **Richard and Diane Hewitt** William F. Hibschman Ann M. Hocker Hal and Karen Hoose Kenneth and Ann Hoover Stephen and Martha Huddy Hudock Capital Group, LLC Mark A. Huffman Michael and Sharren Hummel Charissa J. Hunt Jersey Shore High School Girls Softball Jersey Shore State Bank Jersey Shore State Bank - Duboistown Branch Nicole A. Judge, Johnston Asset Mangement Group Mr. and Mrs. Robert E. Kane Jr. Barbara J. Kinley J. Douglas Klingerman Larrys Creek Fish & Game Club Larson, Kellett & Associates, P.C.

Leclerc The Lenick Company Chris Lesher David and Lynda Livingston Lockard Insurance Agency Mr. and Mrs. Samuel Long Dr. and Mrs. David J. Lopatofsky Loyal Order Moose Galeton Lodge 826 Pamela J. Lundy Lycoming County Employees' Blue Jean Days Lynn R. and Katie Mader Audrey R. Magee John P. and Judy L. Maietta Joseph and Maryann Maresco Patrick and Trisha Marty Deb and Don Masser Marguerite Mayer Estate Kim McConnell Amy McCorkel McDonald's - Doug and Frani Doherty Bob and Pat McKernan Penny Merrill Patricia E. Miller Moff & Associates Mrs. K. Irene Morgan Debra Morin Timm and Kristen Moyer Muncy Inmate Organization Lee and Abigail Nesbitt Newberry Lioness Club Mrs. Betty Niles Mark Nyce Donald A. Nyce Estate PATHS, LLC Sandy Patton, Gary Frymire and Peggy Frymire Larry Allen Persun Estate Joyce Peterson William L. Phillips Bianca Picco PPL Corporation Virgil R. and Elaine Probasco Frederick D. Pysher Joseph L. Reighard Ronald and Lisa Reynolds Linda D. Rhein, PhD River Valley Country Club Robert F. Snyder Post #6755 VFW Ladies Auxiliary

#### Annabelle T. and James C. Rogers Jr.

Sean and Cynthia Roman Joseph and Louise Rossi Michael L. Rupert LoriBeth Ryder Saar Container, Inc. Lisa Schaffer Elva M. Schmidt, RN Schrader Architectural Products - Jack and Cindy Schrader Deborah and James Scott Angelo and Ann Serva William C. and E. Ann Sherwood \*Joseph and Charmaine Shockloss Angela Siedhof Mark and Connie Sitler Steven and Margaret Sleboda Family of Reva Smith Dr. Thomas C. Smith and Suzanne Dively-Smith Abram M. and Dorothy M. Snyder Foundation, Inc. Lance and Brenda Spitler & Steve and Leslie Bressler Charles D. and Shirley Springman St. Luke Lutheran Church Stantec Jane Stine Dr. Judith M. Stryker Dr. and Mrs. Robert E. Swinsick Edward Tanner Phil and Anne Tiberia The Family of Darlene Ann Tillotson Carol Tobey Tory Leather Company - Ron and Rosie Cimini Tree House Fund The Trout Run Hotel Laverne and Janice Tyson Ultimate Express Car Wash The Valley Inn & Brewing Co. Vern A. VanOrder W. R. Sims Agency Holly Wandell Marshall Welch Melissa Welch Wellsboro Moose Lodge No. 1147 Norman E. Wengert Jacqueline Werts Byron F. and Marlene B. Wetmore Wilkinson Dunn Company Williams Mr. and Mrs. Aneurin J. Williams Williamsport Firefighters #736 Williamsport Moving Company Patrick and Jennifer Wilson Mr. and Mrs. Philip Wood Woodcock Foundation for the Appreciation of the Arts, Inc. XACRES Young Men's Democratic Club of Lycoming County, Inc.

Zafar Grotto String Band, Inc. *Zartman Construction, Inc.* Karen Zinobile

#### \$500-\$999

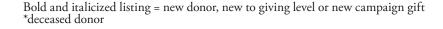
Amber Abbey Mrs. Wendy Albor Linda K. Arndt Arnot Sportsmen Club, Inc. Nathan Badman James D. and Cindy Baker Mary Baker Bank of America Charitable Foundation, Inc. Bayard Printing Group **BDA Healthcare Architects** Cynthia J. Beatty Michele K. Bergman Julia A. Bobb Elizabeth Bobenmoyer Bostley's Pre-School Learning Centers, Inc. Amelia Abrunzo Bower and the Abrunzo Family Reunion Christopher and Gloria Bower Virginia M. Bower Estate Keith Boyer Christine A. Boyles John and Cynthia Brindger Lynne M. Brown Mr. and Mrs. John F. Bubb Peter Buckle Wayne M. Butler Kim Cameron Dr. Patrick and Maureen Carey Mr. and Mrs. James E. Carlson, Esquire C. Edward Carson Cenero LLC The Central PA Miata Owners Club's Disbanded Members Ms. Jennifer A. Clark Karen S. Clark Ned and Marie Clark Clemens Foundation Michele Comes Anthony Confer and Athina Confer Ray F. and Janet Confer Michael Creech Ms. Christine Dale Mark and Patty Davidson David and Marjorie DeBlander Ron and Jeanne DeFeo Kellie Derryberry Mr. Craig Devenport Carl and Lorraine DiParlo Divine Retiree Travelers Thomas and Beth Dombrowsky Robert and Lynn Downing Andrew S. Drajem Cassandra Driver

#### Betty Edkin, Doris Drebushenko and Terry Drebushenko

Reverend Father Fidelis I. Ekemgba The Emig Family Kathleen L. Enigk Estate Eric Stashak Photography Fairfield Auto Group

#### Family Practice Center, P.C. - Cornerstone Family Health

Lisa and David Faughnan James and Barbara Fedele Jason and Pam Fink Robin and Ethan Fink Brady Finogle The Family of Henry "Bud" Fisher Denise R. Folmar Jenny Foote Susan "Sam" Forney Robert J. Foust Jodi Fox Greg and Marilyn Frailey Evelyn M. Free Kenneth and Linda Fry Michelle R. Gaida Thomas and Linda Gamble Mr. and Mrs. James K. Gates II Mark and Cynthia Geary Carlene F. Geyer William J. Glennon Juliann W. Gombosi June E. Grant Heather F. Haefner and Mark Anderson Brenda Hagedorn Thomas J. Hart April L. Hartzel-Lewis Steven M. Hawley, DPM James G. Hedgeland Dr. and Mrs. Steven Heffner Becky Hess Iane L. Hess Donna L. Hill Kathleen C. Hill Jason Hines Tina Hite Anne and Tim Holladay Ray and Linda Holland Howard Organization, Inc. Pamela L. Hubbard Huffman's Office Equipment Hughesville American Legion Post #35 Sherry L. Hyland Bob and Lou Ann Ireland Ivy Lodge No. 397, Free and Accepted Masons Phil and Christine Johnson Stacey Kacyon Sandra Kase Peter and Rhonda Keller Robert and Ann Kerchoff





#### \$500-\$999 Continued

Ms. Stacy Knipe Joan Koontz Nancy J. Lady Abbey M. Lepley Natalie Lewis Dr. and Mrs. Albert G. Liddell Sharon T. Lindauer Mr. and Mrs. Craig Litchfield Logue Industries, Inc. Sarah "Sally" Lott Kelly Luckenbaugh Charles and Hallie Luppert Donna L. Lynn J. J. Magyar Kathy Mannello Rhonda R. Martin Mr. and Mrs. Stephen A. Martin Martin Rogers Associates, PC Mr. and Mrs. Steven J. Masterson Robert J. Mayshock Sabrina V. McCollum Barbara and Bernard McFadden Pat and Jim McGee Arleen P. McGuire **Richard and Virginia McKernan** Cori and Matt McLaughlin Robert and Janet McManigal Renee K. McNutt The Family of Claude "Junie" McQuillen Vivian McQuillen Dottie and Bob Mertz Ryan Michael Ken and Lynn Michaels Linda M. Mignot Laurance and Roberta Miller John and Cindy Missien Montgomery Volunteer Fire Company Maelynne Murphy Dr. and Mrs. J. Dennis Murray Joseph and Susan Myers Mr. and Mrs. Joseph Neyhart Mark C. Oberheim Matthew Orshaw Mary Kay Orso Mary A. Owlett Deborah A. Page Palmer/Saul Family Melissa Pandolfi Kristi Papiro Mr. Ferlin Patrick PECO Kathryn A. Penfield Christine S. Perry Jason and Becki Phillips Picture Rocks Lions Club Ben and Lynn Plankenhorn & The Family

Plastic Development Company Spas Daryl E. Price Pearl E. Rathmell Jay and Julie Raup Real IT Care, LLC The Reasers Maureen Richards Beatrice E. Richart Grace E. Rizzo Robert Wood Johnson Foundation Lewis Rupert, Ruth Marquardt and Barb Pepper Saint John's - Newberry United Methodist Church Sam Sawver Richard and Elizabeth Schluter Timothy E. Schoener Andrew and Kathy Schwartz Charles and Helen Schwarz Marie Scott Scott Electric Foundation Inc. Edward Seeley Dave and Marilyn Seeling Dr. and Mrs. Gordon A. Shaw Patricia A. Shearer Emily Shelley Timothy and Sylvia Shumbat Jeffery B. Sims Laurie Smead Sons of the American Legion Squadron 104 South Williamsport Elementary PTO Theresa M. Stackhouse Kimberly Stafford Ray and Mary Jo Stahl Jennie Stearns Linda S. Steele Bob and Heidi Stopper Suzanne and David Stopper Thomas and Mary Strunk Stuart Lisowski Excavation & Garage, LLC Susquehanna Health Retirees Mrs. Wendy Swartz SWASD Rommelt Middle School Sylvia L. Moore Estate \*Barbara W. Taber Ruth N. Taddeo Loretta Temple Jeffrey T. Thompson Peggy A. Thompson Valerie and Joshua Trego Dr. Peter and Rose Trevouledes Judith Tubbs UGI Penn Natural Gas, Inc. Susan R. Ulmer Veterans of Foreign Wars Post 8730 Chelsy Waldman Deborah and Bob Wallace Jerry and Joy Walls Ward Manufacturing LLC Regina Warriner

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#### \$250-\$499

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#### Muncy Valley Hospital Invitational Golf Tournament Raises More Than \$27,000 for Emergency Department



Pictured left to right are Championship Flight Winners: John J. Gronski, Pat Dincher, Harold Smith and Shaun McQuay

The 30<sup>th</sup> Annual Muncy Valley Hospital Invitational Golf Tournament was held at Wynding Brook Golf Club on September 11. The tournament featured 28 foursomes and raised more than \$27,000.

The tournament's proceeds will support the renovation and expansion of Muncy Valley Hospital's Emergency Department. The improved facility will meet the growing needs of residents in the eastern region of Lycoming County with 14 private rooms and specialized areas for trauma, decontamination and behavioral health evaluations.

Thank you to all of the sponsors and players whose generous donations have made this tournament another huge success. A special thanks goes out to our tournament host, Muncy Valley Hospital Medical Staff, and our dinner sponsors: The Muncy Bank & Trust Company, Quandel Construction Group, Inc. and Young Industries, Inc.



**The Legacy Society** recognizes those who made a planned or estate gift to Susquehanna Health Foundation.

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A charitable gift annuity is a flexible way to make a gift to Susquehanna Health while providing you and/or your family with fixed income for life. The gift annuity is an agreement between you and Susquehanna Health that can be funded with cash or marketable securities.

There are two types of gift annuities: immediate and deferred. Both types provide you with the following benefits:

- A periodic income payment that is fixed and not affected by market fluctuation
- An income tax deduction in the year you establish the annuity for the gift portion
- A portion of your annuity income that is free of federal income tax
- A simple contract that can be for a single life or two lives
- Capital gains treatment on a portion of the payment if it is funded with appreciated property

The deferred annuity allows you to select when you begin receiving payments. You still receive the charitable tax deduction in the year that you establish the annuity. Since you defer the payment until a future date, the deferred annuity can have a higher payout rate than an immediate annuity. There is also an option to change the beginning date of the payment, thereby giving more flexibility to this type of annuity.

The most important benefit you receive from establishing a charitable gift annuity is the satisfaction that your gift will help Susquehanna Health continue to provide lifesaving medical care for years to come.

For an illustration or information about establishing an annuity or making a gift to Susquehanna Health Foundation, contact Tom O'Connell, Major and Planned Gifts Officer, at (570) 320-7612 or visit our website at SusquehannaHealth.giftplans.org.





#### Susquehanna Health Invitational Golf Tournament Raises More Than \$132,900 for the Susquehanna Health Cancer Center

The 34th annual tournament was held August 10, 2015, at the Williamsport Country Club and featured 31 foursomes. Over the past 34 years, the tournament has raised more than \$1.7 million to help ensure that our community has access to excellent physicians, modern facilities and highly trained, compassionate staff.

SUSQUEHANNA HEALTH

34<sup>th</sup>

VITATIONAL

Susquehanna Health Cancer Center clinicians trust in the power, versatility and reliability of the Trilogy system to deliver a wide range of cancer treatments each day. Trilogy has become an established platform for advanced radiotherapy. As new technology becomes available, our Trilogy stands ready to be upgraded to continue offering reliability and versatility as well as potency and precision. Proceeds from this year's tournament will aid in the purchase of a RapidArc and Robotic Couch to enhance the Trilogy's capabilities, including the capacity to shorten patient treatment times, minimize damage to healthy tissues and allow many types of patients to be treated on a single machine.

Thank you to all sponsors, players, volunteers and committee members for making this year such a success. Special thanks goes to Stevens & Lee, P.C. for their continued support as tournament host as well as our platinum sponsors Allison Crane & Rigging, Blaise Alexander Family Dealerships, Stantec and Transamerica.

#### TREE OF LIFE CLUB

Michelle Dangle

**The Tree of Life Club** (TLC) is the employee giving club at Susquehanna Health. <sup>(D)</sup> denotes Hour Club members. The Hour Club is an elite group that recognizes employees who make a tremendous commitment by giving back one hour of pay every pay. Listed below are all **new** TLC donors from January 1 – June 30, 2015.



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# NewDoctors



Heather Gerst. Dr. Gerst earned her medical degree from Lake Erie College of Osteopathic Medicine in Erie, PA, and completed her fellowship in gastroenterology at Geisinger Medical Center in Danville, PA. She will be doing follow-up care in the Digestive Disease Center office part-time, while caring for her twins, who are almost two years of age.





#### Daria Keyser, DO General Surgery

Susquehanna Health General Surgery at Wellsboro welcomes Dr. Daria Keyser. Dr. Keyser earned her medical degree from Philadelphia College of Osteopathic Medicine in Philadelphia, PA, and completed her general surgery residency at the Medical College of Georgia in Augusta, GA.

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## Christina Nolan, DPM

#### Foot & Ankle Specialty Care

Dr. Christina Nolan joined Susquehanna Health Foot & Ankle Specialty Care as a foot and ankle specialist. She joins the team of Dr. Zachary Ritter and Dr. Steven Hawley on the campus of Divine Providence Hospital. Dr. Nolan earned her medical degree from Temple University School of Podiatric Medicine in Philadelphia, PA, and completed her residency at Temple University Hospital.





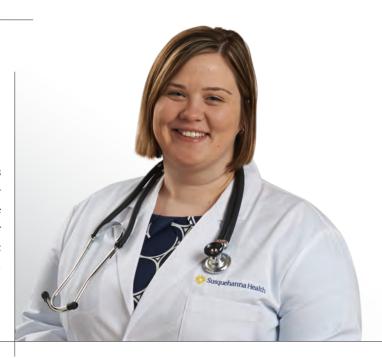
### Pius Ochieng, MD

#### Lung Center

Susquehanna Health Lung Center welcomes Dr. Pius Ochieng. Dr. Ochieng completed his internal medicine residency at Queens Hospital Center in Jamaica, NY, and is board certified in pulmonology. He also completed a critical care fellowship at St. Luke's-Roosevelt in New York, NY.

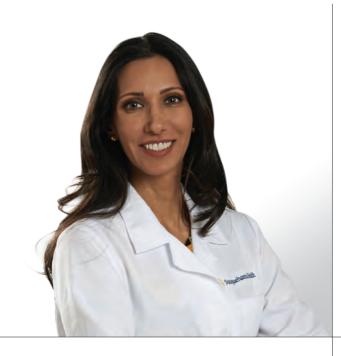
#### Ashley Pence, DO Pediatrics

Susquehanna Health Pediatrics welcomes Dr. Ashley Pence. Dr. Pence earned her degree from Lake Erie College of Osteopathic Medicine in Erie, PA, and completed her pediatric residency through Michigan State University at Sparrow Hospital in Lansing, MI.





# NewDoctors



#### Charu Sharma, MD Cancer Center

Susquehanna Health Cancer Center is proud to welcome Dr. Charu Sharma, radiation oncologist, to its cancer care team. She earned her medical degree at the University of Connecticut School of Medicine in Farmington, CT, and completed her residency in radiation oncology at Columbia University/New York-Presbyterian Hospital, where she also served as chief resident. Dr. Sharma also holds a master's degree in nutritional science from the University of Connecticut.

#### Rohit Singh, MD Pain Management

Susquehanna Health Pain Management Center is pleased to welcome Dr. Rohit Singh to its team. He received his clinical anesthesia residency and his accredited pain fellowship at SUNY Upstate Medical University in Syracuse, NY. Dr. Singh spent the last 13 years at Community Medical Center in Scranton, PA, where he gained significant experience at its anesthesia/pain management clinic.



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## Getting to Know Our Community Medical College



Working side by side with their physician mentors, The Commonwealth Medical College (TCMC) students immerse themselves in our community through their service and connection with local families participating in the Family Centered Experience Program. Nearly 40 percent of TCMC students are from northeastern and northcentral Pennsylvania. Organizers hope many of them will stay to practice in the 17-county area served by TCMC when their medical education is completed.

From Left: Dr. Steven J. Scheinman, President and Dean of TCMC, with Dr. Chris Decker

One of the nation's newest medical colleges, TCMC welcomed its first students in August 2009. The College was created by community leaders to address a regional decline in physician numbers. TCMC is a unique medical institution because it is not affiliated with a university or hospital, but instead, funded through the Commonwealth and a variety of other sponsors, such as Highmark Blue Cross Blue Shield. The College is comprised of four campuses in Pennsylvania: North, based in Scranton; South, based in Wilkes-Barre; West, based in Williamsport; and its newest campus, Guthrie, based in Sayre. The state-of-the-art Medical Sciences Building, built in Scranton in 2011, is home to TCMC's academic and research programs. In addition to Williamsport Regional Medical Center, the College has administrative and educational space in Wilkes-Barre and Sayre and has relationships with more than 25 hospitals in northeastern and northcentral Pennsylvania to provide learning environments for students.

TCMC has become known as a community-centered education enterprise focused on the well-being of residents in the 17 counties

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it serves through innovative programming, research and service. Susquehanna Health has been involved since the College's early planning stages and continues to play a leadership role through its education programs and volunteer faculty.

"Creating a regional medical school seemed impossible, but with absolute determination and support from the community, Ultimately I would love to do my residency in northcentral Pennsylvania and continue practicing medicine in my home community.

— Morgan (Manchester) Rogers

state and Highmark, we have succeeded. Susquehanna Health has been one of our best partners," says **Dr. Steven Scheinman**, President and Dean of TCMC since 2012. **"Steve Johnson** [Susquehanna Health President and CEO] is a great leader and a fabulous champion for TCMC, as is **Dr. Bradley Miller**, who leads the Williamsport Family Medicine Residency program."



Renowned surgeon Dr. Stanley Dudrick instructs students Jessica Morales (left) and Kier Blevins (right) in TCMC's Simulation Center.

**Dr. Keith Shenberger** of Susquehanna Health Rheumatology Associates recruited physician volunteers to serve as clinical mentors at several area hospitals. He even mentored many students himself while serving as the first associate dean for West Regional Campus Development, a role that he held until just recently. Physician mentorship is a unique part of the curriculum that places students into clinical settings within the community almost immediately upon entering medical school. As part of the Family Centered Experience, a family voluntarily welcomes a student to be involved in their healthcare throughout the four years of the student's education. Students are also required to provide 100 hours of service in the community where they are studying.

"About a quarter of our class are at the West campus. The students have a visible presence at the medical practices, and we often hear from the physicians who volunteer to teach them that they



gain professional gratification from teaching and mentoring our students," Dr. Scheinman says. "We try to assign students from northeastern and northcentral Pennsylvania to the campus closest to home. The feedback we get is that students love their experience at Susquehanna Health. They love the hospital and their preceptors."

Dr. Chris Decker, who grew up in Williamsport, graduated from TCMC last May and is now a surgical resident at Albany Medical Center. "My community mentor was **Dr. Ken Durrwachter**, and we took care of many patients whom I know outside of work on a more personal level—further submersing me into a sense of responsibility to the community," Dr. Decker says. "It [the physician mentorship/Family Centered Experience] was something that I don't think many medical students in the United States have an opportunity to experience, and for that I am grateful."

Morgan (Manchester) Rogers, a fourth-year medical student, also has ties to Susquehanna Health through her father, **Dr. George Manchester**, and her mother, Brenda Terry-Manchester, the current director of the Kathryn Candor Lundy Breast Health Center. Morgan completed her third-year rotations primarily at Susquehanna Health and found all of her preceptors to be supportive and formative in her education while helping her gain a holistic perspective in serving patients.

"Ultimately I would love to do my residency in northcentral Pennsylvania and continue practicing medicine in my home community," Morgan says.

With three classes of medical school graduates, the College has polled residency programs to see how those graduates are performing. TCMC alumni were rated as outstanding in their ability to communicate, show empathy, synthesize a case and work on a hospital team.

Continued on next page



## The Campaign for Scholarships & Innovation

To further its mission, TCMC is launching the Campaign for Scholarships & Innovation (CSI) to provide additional scholarships for its medical students.

"Graduates of medical school bear a huge financial burden, and this is not a wealthy region. To recruit students who grew up here, we need to be competitive with the type of scholarship assistance that other schools can offer them," Dr. Scheinman says. "We are very proud that a quarter of our students are among the first generation of their family to go to college." The CSI is endorsed by a fully participating Board of Trustees that has underwritten all campaign costs so that 100 percent of the funds will go toward student scholarships and innovative activities that support the school's strategic plan.

"Susquehanna Health Foundation is proud to support the Campaign for Scholarships & Innovation. This campaign is an affirmation of the success the College has achieved since its founding and will strengthen TCMC's position as a resource, advocate and driver of improved healthcare and economic development for northeastern Pennsylvania and the surrounding communities," says Steven P. Johnson, Susquehanna Health President and CEO.

To learn how you can help, visit campaign.tcmc.edu, call (570) 955-1310 or email campaign@tcmc.edu.



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Last year, donors gave \$16,680 to Susquehanna Health on #GivingTuesday, and donations were matched by our sponsors for a total of \$35,600!

Make a difference this #GivingTuesday by contributing to the future of healthcare in your community!

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