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Residency Program Addresses National Shortage of Family Physicians PAGE 4



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40 Hospitalists' Role in Patient Care





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AN INVITATION TO HELP US CONTINUE THE INNOVATION

As chairman of Susquehanna Health's new *Continuing the Innovation* Capital Campaign, I can confidently point to what a community investment in healthcare innovation can yield. Innovation has changed the face of healthcare in our community in just a few years. With tremendous community support, Susquehanna Health significantly advanced its facilities and technology and attracted talented specialists and other medical professionals to our community.

We have come a long way, but we must continue to innovate and build upon the work we have done to secure the future of our locally based health system in the midst of the challenges of healthcare reform and outside competition.

The Continuing the Innovation Capital Campaign supports the next targeted step in our 20-year master plan to ensure excellent quality and safety, the best technology, the most advanced facilities and the top healthcare providers for our community. This campaign aims to exceed the expectations of our patients and providers in the most cost-efficient manner with:

Construction of a *Health* Innovation Center connected to

the new Susquehanna Tower at Williamsport Regional Medical Center to unite specialists, advance diagnostics and provide treatments in a comfortable, efficient setting

- Expansion and renovation of the *Emergency Department at Muncy Valley Hospital* to meet the growing healthcare needs of the eastern Lycoming County population
- Incorporation of the da Vinci[®] surgical system, the gold standard in *minimally invasive robotic surgery*, at Williamsport Regional Medical Center

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KEITH S. KUZIO » CHAIR » CONTINUING THE INNOVATION CAPITAL CAMPAIGN



• Development of a state-of-the-art clinical and teaching facility within the Health Innovation Center for the *Williamsport Family Medicine Residency Program* to elevate the program and attract talented medical professionals while ensuring continued access to primary care in our region.

As a business leader, I value having an excellent community healthcare system that enables us to attract top professionals to the area. As a son, husband and father I value the security and convenience that comes from knowing the medical expertise we need is minutes away.

As chairman of this new Capital Campaign, I invite you to join me in *Continuing the Innovation* at Susquehanna Health. With your financial support we can keep pace to be here for you and your loved ones with the superior care, specialists, convenience and efficiency you expect for generations to come.

Keith S. Kuzio, Chair *Continuing the Innovation* Capital Campaign

SUSQUEHANNA HEALTH FOUNDATION BOARD OF DIRECTORS

President, Steven P. Johnson Chair, John M. Young Vice Chair, Keith S. Kuzio Secretary, Donna L. Bastian Treasurer, Rodney N. Bailey John C. Becker, MD Robert P. Crockett Timothy J. Crotty Douglas Doherty Mary C. Fish Paul Heise Barbara Hudock Mark Huffman Roger D. Jarrett Stephen D. Keener Lynda Livingston Rich Michael Geneva Peck Joseph Reighard Paul H. Rooney Jr. Charles J. Santangelo Marvin H. Staiman Jerry Wertz



Dr. Matthew Meeker (left), Resident, performs an osteopathic manipulation treatment under the instruction of Dr. Bradley Miller (right), Program Director of the Williamsport Family Medicine Residency.

Residency Program Addresses National Shortage of Family Physicians

Generations of Graduates Continue to Serve Our Community

Within the next eight years, our nation faces an anticipated shortage of **40,000** FAMILY PHYSICIANS.

 American Academy of Family Physicians One of our most valuable assets at Susquehanna Health is the Williamsport Family Medicine Residency. This hidden gem has been attracting, training and retaining quality physicians for the past 40 years. Accepting just seven out of more than 800 applicants each year, the highly selective Residency Program brings the very best of the best right here to serve our community. In nearly four decades, the Residency Program has graduated 240 family physicians, with more than half of those graduates staying in Pennsylvania, and almost 60 physicians continuing to practice right here in our region.

Our Residency Program is nationally ranked for its family medicine training and is specifically sought after for training family physicians in obstetrics. Family medicine residents are attracted to our completely integrated curriculum and full access to patients and services without competition of other residency programs. Residents are trained by family medicine faculty but also have the chance to work with and learn from other specialists within

the health system. In this way, the Residency Program can foster the specific interests of each resident while providing a solid family medicine education.

What makes the program so valuable is not just the opportunities it provides residents but the opportunity it brings to the community. The Williamsport Family Medicine residents are responsible for many advancements and services Susquehanna Health provides for our community. Beyond supporting our family medicine doctors, they make their own local impact through volunteerism. Recently, a team of residents developed a support group for women who have experienced a miscarriage in their second or third trimester.

Residents also volunteer within our schools to teach our teens about the dangers of drugs and alcohol and to provide support for high school sporting events. Those interested in sports medicine are drawn to Williamsport and can serve as a team physician during the Little League World Series. In addition to these services, residents also run a pre-natal clinic for underinsured women, a public STD clinic and a free clinic at St. Anthony's Center.

The Residency Program provides top-quality education and experience to these physicians, and, in turn, Susquehanna Health attracts and retains the best family physicians to care for our community.

Continued on page 6

GENERATIONS OF FAMILY MEDICINE RESIDENCY GRADUATES



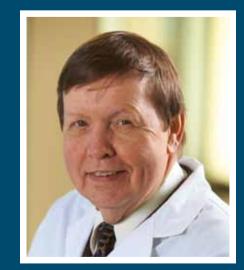
"It's exactly what a family medicine program should be. The cooperation and mentorship opportunities foster that true family atmosphere."

–Dr. Sarah McElroy Family Medicine at Lock Haven Class of 2011

"As a graduate of the program and a full-time faculty member, I can attest that the new center will mean EVERYTHING for this program. It will help us recruit the best candidates and be instrumental in our mission of raising the level of primary care in this region."

–Dr. Elizabeth Anderson Assistant Director, Williamsport Family Medicine Residency Class of 1991





"The in-hospital training was ahead of its time, allowing me to interact with physicians and develop relationships that helped me continue in private practice for more than 20 years."

–Dr. Terry Belles Retired December 2012 Class of 1978







Continued from page 5

"Without this Residency, we wouldn't be as capable of recruiting the expert physicians we do into this rural area. Access to a higher level of healthcare would have never evolved," says **Dr. Bradley Miller**, Program Director of the Williamsport Family Medicine Residency.

Outgrowing the Current Facility

Rapidly advancing technology and the growing patient population have caused the program to outgrow its cramped quarters in the basement level of the Williamsport Regional Medical Center's 699 Rural Avenue Medical Office Building. Although the residents perform to and exceed national "best practice" standards, the facility does not meet those high requirements.

New Facility, Renewed Hope

The *Continuing the Innovation* Capital Campaign includes the construction of a state-of-the-art clinical and teaching facility for the Family Medicine Residency.

The new facility puts residents at the heart of the community they serve, allowing more space for collaboration and group care through diabetes and pregnancy clinics.

The Center will help further the Residency Program's increasing participation in research, training initiatives and collaborative projects with prestigious medical institutions. In turn, the Residency Program inspires the rest of the medical staff to explore the latest healthcare trends.

We Need Your Help

The Williamsport Family Medicine Residency looks to the community for financial support of this endeavor. With the new facility, the Residency Program will be able to sustain its value and continue its service to the community. The *Continuing the Innovation* Capital Campaign is a promise to our generation and future generations that the best in family medicine will continue to be available right here in our region.

Donate online at SusquehannaHealth.org/Donate

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The Donorreport

In January 2008, we reorganized our giving levels to recognize our donors beginning with the Capital Campaign for Project 2012. In the next several pages you will find the categories and their brief descriptions as well as the donor recognition levels within each category. **Donors are listed through December 31, 2012.**

SIGNATURE GIFTS

Signature Gifts recognizes individuals and organizations who made a commitment to Susquehanna Health Foundation with a contribution of \$100,000 or greater.

Signature Gifts Members

\$1,000,000+

Blue Cross of Northeastern Pennsylvania Employees of Susquehanna Health -Tree of Life Club Dr. and Mrs. Francis M. Powers Jr. The Donald B. and Dorothy L. Stabler Foundation In Memory of Judge Malcolm Muir

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Divine Providence Hospital Auxiliary The Klingerman Family Ann R. Lamade In Memory of James H. Lamade In Memory of George R. Lamade Muncy Valley Health Care Foundation Barbara W. Taber The Williamsport Hospital Auxiliary Williamsport Lycoming Community Fund at the First Community Foundation Partnership of Pennsylvania

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Larry Allison, Larry Allison Jr., Allison Crane & Rigging Anesthesia Associates of Williamsport AutoTrakk, LLC Tim and Ruthanne Crotty of Susquehanna Supply, Co. George and Shirley Durrwachter Bill & Mary Fish and Brent & Daria Fish of Fish Real Estate Anita Gibbons & Patrick and Trisha Marty *In Memory of John B. Gibbons* Steven and Mary Ann Johnson *In Memory of Thomas B. Croyle* Rosalie F. Kaleda John C. and Linda S. D. Lundy M&T Bank Bill and Lorraine Manos Foundation/ Fairfield Auto Group Richard D. and Sylvia B. Mase In Memory of Marsha R. Mase Robert and Judy More The Muncy Bank & Trust Company PRIMUS Technologies Corp. Dr. and Mrs. Rodwan and Zokaa Rajjoub Reynolds Iron Works, Inc. Silvertip, Inc. John G. and Mabel M. Snowden Memorial Fund Albert and Judy Styrcula Weisel Family Trust Wolyniec Construction, Inc. In Memory of James T. Wolyniec Sr. John and Sue Young and Young Industries In Memory of Kline A. DeWire





CELEBRATING LEGACIES



The Donald B. and Dorothy L. Stabler Foundation commemorates former judge with a generous gift to Susquehanna Health.

Nearly one hundred guests attended the Sunday, November 4, dedication at Williamsport Regional Medical Center for the newly renovated and expanded Emergency Department. The event paid tribute to **Donald B. and** Dorothy L. Stabler as well as the former Honorable Judge Malcolm Muir. The Donald B. and Dorothy L. Stabler Foundation contributed \$3 million to the renovation and expansion of the Emergency Department and named the area in honor of Donald's cousin, Judge Malcolm Muir.

"His legacy was truth and fairness," says **Sister Teresa Ann Jacobs**, Director of Sponsorship for the Sisters of Christian Charity. It is

Sisters of Christian Charity. It is only fitting that this department, serving those who are most in need, will bear Judge Malcolm Muir's name. He left a legacy of traditional moral values and a genuine passion for helping others. Within this legacy, The Donald B. and Dorothy L. Stabler Foundation saw its mission and values reflected. "Don would be proud that his Foundation could perpetuate Judge Muir's memory," says **Sherill T. Moyer**, Esquire, Stabler Foundation Board Member.

"We do not know what the future holds, and good health is never guaranteed," says **Sherry Watts**, Vice President of Development at Susquehanna Health. "What is guaranteed is that more people will have the means to good health because of this new Emergency Department. Generations to come will benefit from the Stablers' generosity and their Foundation's foresight."









The new Emergency Department is twice the size of the previous space. It features 38 private treatment rooms, two critical care rooms and specialty CAT scan and radiology suites. The enhancements allow for quicker evaluations and treatments for growing local communities.

"The difference between the quality and availability of healthcare depends upon the generosity of donors," says **Steven P. Johnson**, President & CEO of Susquehanna Health. Without the generous support of The Donald B. and Dorothy L. Stabler Foundation, necessary improvements to the Emergency Department at Williamsport Regional Medical Center would not have been possible.

Judge Muir's son **Malcolm Muir Jr.** believes his father would see the facility's expansion as an "emblem of our community's growth." Just as our great city has improved over time with the help of its people, the new Emergency Department has improved the quality and availability of local healthcare. Photo at top left: The late Donald B. and Dorothy L. Stabler

Photo at top right: Judge Malcolm Muir's family celebrates with Susquehanna Health and The Donald B. and Dorothy L. Stabler Foundation. Pictured left to right are Malcolm Muir Jr., son; Ann Muir, daughter; Tom Muir, son; Steven P. Johnson, Susquehanna Health President & CEO; George A. Manchester, MD, Senior Vice President/Chief Medical Officer; Cyril C. Dunmire Jr., Stabler Foundation Board Member; and Sherill T. Moyer, Stabler Foundation Board Member.

Susquehanna Health

CORNERSTONE SOCIETY

The Cornerstone Society recognizes individuals who supported Susquehanna Health Foundation with a contribution of \$10,000–\$99,999.

Cornerstone Society Members

\$75,000-\$99,999

E. Ruth Crist Estate

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\$25,000-\$49,999

Neil and Karen Armstrong Christian and Ashley DeWald Norma B. Franzen In Memory of Ragnar W. "Tex" Franzen Sarah J. Fry Estate Daphne W. Hill In Memory of Daniel E. Hill Michael and Barbara Hudock In Memory of Thomas Metzger Jones Charitable Foundation Mr. and Mrs. Chip Lamade In Memory of Joanne J. "Johnny" Lamade George and Elizabeth Logue Don and Jen Lundy Mrs. Norma Mullen and E. LaRue Lunt In Memory of Evelyn M. Lunt Gephart In Memory of Ruth Lunt Forney Mr. and Mrs. Lester T. Mumford Ralph and Frances Nardi Birch and Annmarie Phillips Thomas J. Rider Trust Charles and Mary Santangelo Donna E. Sayah Robert and Charlene Shangraw Mr. Steven T. Shearer and Dr. Heather Hill Shearer In Memory of Daniel E. Hill The Staiman Families

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Candy and Steve Dewar Fred M. and Shirley L. Dieffenbach Allen E. and Catharine K. Ertel Representative Garth and Sue Everett Jo-Anne Fawcett Estate Florence Putterman Foundation Samuel and Patricia Fry In Memory of Ethel L. Chambers Joseph B. and Lillian M. Gehret Paul and Iva Heise Harold and Joyce Hershberger Jr. Bill and Sharon Hoffmann Michael and Lyneah Hudock In Memory of Lou Anne Bastian Paul A. Jarrett Joe Hume-Promotional Specialists Patricia W. Kieser Gloria M. Lundy and Heather L. Macdonald In Memory of Richard H. Lundy Jr. Evelyn Lunt Gephart, Norma Lunt Mullen and E. LaRue Lunt In Memory of Ruth Lunt Forney Patrick and Trisha Marty William J. and Peggy McClain James E. and Elizabeth Mothersbaugh Andy and Brenda Nichols Paul L. Ridall Estate George I. Rodgers II, CFP Paul H. and Tacie E. Rooney Jr. Frederic G. Sanford, MD In Memory of Frederic E. Sanford, MD In Memory of Martha Jane Sanford Elva M. Schmidt, RN James and Debra Schneider Peter and Linda Schultz Rita and John Spangler Robert Schell Ulrich In Memory of Rita C. Ulrich Anthony H. Visco Jr. Luigi Vittorio Estate Bob and Irenay Weaver Marion Calvert Wright Estate Ken and Stephanie Young

cornerstone society

KATHRYNM. FREEMAN RACE FOR OVARIAN CANCER



Kimberly & Kathryn Breeman





The Kathryn M. Freeman Race for Ovarian Cancer is building awareness of ovarian cancer and raising funds to help women become empowered in their healthcare. The event is a ray of light that emerged from sadness when this beloved wife and mother's life ended too soon.

Kathryn was devoted to her family. She was kind and non-judgmental toward everyone—strangers and friends. Her daughter Kimberly's friends teased that a visit to her family farm in the Williamsport area was like staying at a bed and breakfast because Kathryn made them feel at home with great food and pampering.

She took care of everyone, but like so many women, she was slow to address her own health concerns. By the time she was diagnosed with ovarian cancer, it had progressed to stage 4. She passed away in June 2010.

A few months before Kathryn died, Kimberly was running in her first half-marathon on a miserable, cold, rainy day. About halfway through the race, Kimberly began thinking about her mother and wishing Kathryn could cheer her on like she did when Kimberly ran track at Loyalsock Township High School. Glancing at the sky she noticed a single crack in the clouds where light was trying to make its way through. In that moment Kimberly felt as if her mother was pushing through all the negativity—illness, bad weather, the difficult run—to be with her.

To Kimberly, that beam of light symbolized how Kathryn was in life—a small bright spot prevailing over darkness. So when her mother's life ended, Kimberly wanted to do something positive in her memory and established the race, a half-marathon and five-mile walk. She includes information about ovarian cancer on the race website and invites people to write about their experiences with the disease. She hears from survivors as well as those who have lost beloved women in their lives to the disease. These interactions affirm Kimberly's desire to encourage women to put their healthcare needs in the forefront.

After a successful first race in November 2011, the 2012 event grew both in the number of participants and in

KATHRYN M. RACE FOR OVARIAN CANCER

fundraising strength because runners and walkers were encouraged to solicit donations. Kimberly was pleased to see people run and walk in honor and memory of individuals who had ovarian cancer as well as have survivors participate. The 2012 event yielded a little more than \$17,500, which was given to Susquehanna Health's Spirit of Women program to use toward a guest speaker for Girls' Night Out in October 2013. This event, along with future programs, will provide hundreds of women the opportunity to learn more about the causes, symptoms, treatment plans and prevention of ovarian cancer.

The national Spirit of Women program came to Susquehanna Health in 2011. It's a free membership program available to women of all ages and aimed at helping them gain valuable, even lifesaving, information to manage their health and become informed healthcare consumers. Girls' Night Out, one of Spirit of Women's signature events, is an October evening event that combines health education and screenings with fun and pampering.

"The big thing with mom was that she knew something was wrong, but she didn't take time for herself. She was always worried about everyone else," Kimberly explains. "There aren't many programs in the area aimed at empowering

FREEMAN



women in their healthcare, but Spirit of Women is all about educating women and having them be proactive. I thought this was a great way to honor my mother."

Kimberly, who just completed her first marathon, still thinks of her mother every time she runs. She plans to continue holding the race each November and hopes she can garner a team of volunteers to help with the growing fundraising event.

"Losing a mother is horrible. To know that we are raising awareness about ovarian cancer and encouraging women to be aware of their bodies and to take the first step to see their doctor when there's a problem, then that is something positive that can come out of it," she says.



To become a Spirit of Women member, go to SusquehannaHealth.org/JoinSOW



The Foundation Announces New Donor Recognition Walls



Stay up-to-date with the Foundation's Innovation Stations

The Innovation Stations are interactive touch-screen displays that provide users past and current donor listings, donor stories and giving opportunities at Susquehanna Health. The stations are located in the lobbies at Divine Providence Hospital, Muncy Valley Hospital and Williamsport Regional Medical Center.

The spirit of giving lives on through this recognition of our donors who have made, and continue to make, high-quality healthcare a priority in this community. Thank you.



- Learn about recent and upcoming facility renovations
- Watch videos from Susquehanna Health leaders and donors



• Scroll through a complete list of donors



• Sign up for newsletters

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CADUCEUS SOCIETY

The Caduceus Society recognizes physicians who made a commitment of \$2,500 or greater to Susquehanna Health Foundation.

Caduceus Society Members

\$500,000+

Dr. and Mrs. Francis M. Powers Jr.

\$100,000-\$499,999

Anesthesia Associates of Williamsport Dr. and Mrs. Rodwan and Zokaa Rajjoub

\$50,000-\$99,999

Jean and John Burks In Memory of Joseph R. Calder, MD Dr. and Mrs. Hani J. Tuffaha

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\$10,000-\$24,999

Dr. and Mrs. William R. Beltz Christopher and Susan Branton Dr. and Mrs. Paul W. Braunegg Jr. Dr. and Mrs. Leonard R. Collins Greg and Marilyn Frailey Dr. and Mrs. Michael Hoffman Dr. Renuka Kakarala and Dr. Sai B. Sajja Dr. and Mrs. Charles D. Lamade Dr. and Mrs. Charles D. Lamade Dr. and Mrs. Donald J. Leathers Dr. and Mrs. Albert G. Liddell Dr. William C. and Beverly H. McCauley Dr. and Mrs. David B. Nagel Dr. and Mrs. Harshad Patel Jim and Peg Redka Dr. René and Diana Rigal Dr. and Mrs. Warren L. Robinson Keith and Pam Shenberger In Memory of Ann L. Shenberger In Memory of Lynn A. Overdorff Jr. Dr. and Mrs. Stephen Weber

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caduceus society

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SusquehannaHealth.org/Giving

Ask **Dr. Joseph English** about his impressive contributions to Susquehanna Health and the Williamsport community, and he's quick to point out that it was all possible because of the support and strength of his wife.

"Ginny has really done the lion's share of the work," says Dr. English. "While I was attending meetings or getting called into work, she was raising five kids and up to her neck in Boy Scout and Girl Scout activities. She has also been an outstanding volunteer in the community and has met every challenge in a very, very positive way."

Born and raised in Williamsport, Dr. English returned to what he calls the most beautiful area in the world in 1963. A graduate of Bucknell University, he earned his medical degree at Temple University, completed active duty in Korea for the United States Army and was ready to set up a family practice while caring for his aging parents. He met Ginny at Williamsport Hospital, now Williamsport Regional Medical Center, the setting for many great events in his life including the births of their five children, Linda, Andrew, David, Christopher and Patrick, and the place where he has enjoyed a very long and successful career.

Sugarburg

Over the years Dr. English and his wife have made financial contributions to the health system and recently made a Caduceus Society gift to support new building and renovation projects.

"The changes we are seeing through building projects are helping the system provide excellent medical care, and so many different kinds of medical care. There are specialties here for just about everything, and we do it very well," says Dr. English. "Steve Johnson [Susquehanna Health President & CEO] is excellent at watching the progression in medicine across the nation and ensuring that we are providing the most up-to-date care right here." easier for the community. It helped cut costs and gave people many more opportunities to have medical services. It really opened up a larger number of facilities to the population here and with so many specialties and programs including free screenings and other health activities."

A year after the merger, Dr. English left administration and worked solely

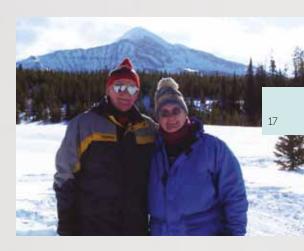
"There are specialties here for just about everything, and we do it very well."

– DR. JOSEPH ENGLISH

Dr. English knows something about creating new healthcare services for the community. In 1970, he and five other physicians collaborated to provide 24-hour emergency coverage for the community and started the Emergency Department at Williamsport Hospital. He became Vice President and Medical Director of Williamsport Hospital in 1992, serving on the administration team when the hospital merged with Divine Providence Hospital and Muncy Valley Hospital to become Susquehanna Health.

"Certainly during that time we were at the forefront of change," says Dr. English recalling the merger. "It was such a great decision. It was very inefficient having three hospitals competing in the same small area, and when we came together it made things in the Emergency Department. In recent years he has provided occupational health services two to five days a week for Susquehanna Health's WorkCenter, a service area that's growing due to the demand for healthcare created by the Marcellus Shale Industry.

In addition to his contributions to the medical community, Dr. English has served his country and his community. After retiring from the Army Reserves with 26 years of service, he joined the Navy and served in Operation Desert Storm, remaining in the Navy Reserves for an additional 10 years. He has been an active volunteer in the Boy Scouts of America for 68 years and has served the Thomas Taber Museum, the Lycoming Historical Society, Kiwanis and his church. His entire family shares a love of the outdoors. They are avid downhill skiers who have all been active with the National Ski Patrol as well as ski instructors and ski racers. He and Ginny are looking forward to getting back out in the snow after successful knee replacement surgeries at



Above: Dr. English and his wife, Ginny

Susquehanna Health. They also enjoy hiking, fishing, camping, hunting, snowmobiling, snorkeling and visits with their eight grandchildren.

"I've had a very exciting life, a very good and long life, and with my wonderful wife by my side, I've been able to do a lot of things," Dr. English explains.



BUSINESS & INDUSTRY GIFTS

Business & Industry Gifts recognizes businesses that supported Susquehanna Health Foundation with a contribution of \$5,000 or greater.

Business & Industry Members

\$100,000+

AutoTrakk, LLC M&T Bank The Muncy Bank & Trust Company The Park Home, Inc. PRIMUS Technologies Corp. Reynolds Iron Works, Inc. Silvertip, Inc. Verizon Wireless Wolyniec Construction, Inc. *In Memory of James T. Wolyniec Sr.*

\$50,000-\$99,999

Alexander Building Construction Co. Jersey Shore State Bank McCormick Law Firm PPL Corporation TurnKey Construction, Inc. TurnKey Electric, Inc. Webb Communications, Inc. Weis Markets, Inc.

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Schneider Valley Farms Dairy In Honor of Schneider Valley Farms Dairy Employees

SelecTrim Corporation, James Wood and Marcus Annicelli

Steinbacher Enterprises, Inc. – Dave and Karen Steinbacher In Memory of Mr. and Mrs. James Steinbacher In Memory of Karen Steinbacher

Trojan Tube and Boiler Services In Memory of Jack Decker Williamsport Moving Company

KEYSTONE SOCIETY

The Keystone Society lists those who make a commitment to contribute \$250 or more annually to Susquehanna Health Foundation. Listed below are all Keystone Society members through **December 31, 2012.**

Keystone Society Members

\$1,000-\$9,999

American Legion Bitner-Bechdel Post #623 American Legion Riders Post #36 ARAMARK Healthcare Arnot Sportsmen Club, Inc. Tina M. Ashton A J Asiello Rod and Lynn Bailey and Family Julie Barner The Bastian Family: Carol and Rich Love, Donna and Mike Bastian, Sharon and Jim Godfrey & Cindy and Rob Bastian Daniel C. and Rebecca C. Berninger Lori and Robert Beucler John and Karen Blaschak Gene and Amelia Bower and Family Stephen Buggy William J. Burd Burkavage Design Associates, LLC The William H. Buttorff Family **Ronald J. Butler Bill Campbell** Susan E. Carlson Mr. and Mrs. Michael J. Casale Jr. Nicholas and Carol Catino Central PA Square & Round Dance Association Ronald E. Cioffi George and Janice Cohen Lois O. Cox Dr. and Mrs. Scott D. Croll CSR Enterprise Networks William and Joyce Davis Howard Dean Peter and Ro DePasquale Richard and Nancy DeWald **DeWald Chiropractic Divine Retiree Travelers** Merrill and Dorothy Dodge

Donald R. Lundy Jr., VMD/Twin Hills Veterinary Hospital Dr. James and Emily Douthat Harold R. Drick John and Shirley Eck Elite Feet, Inc. The Family of Carl and Dorothy Fischer Reverend David K. Fishel, BCC Mary K. Fortin Fraternal Order of Eagles - Williamsport Aerie #970 Friend of the Breast Health Center Timothy M. and Mary C. Gage The Dr. William H. Gehron Jr. Family -Betty Gehron Susan Nicholas Gephart Gesang Verein Harmonia, Inc. Ladies Auxiliary Davie Jane and Fred Gilmour The Grotto in partnership with the Matlack Family & Friends Scott Harmon David A. Harvey Estate Ann M. Hocker Burton E. and Peggy G. Hofer Kenneth and Ann Hoover Stephen and Martha Huddy Hughesville American Legion Post #35 Barbara and John Hunsinger Roger and Denise Jarrett Wiebe Jelsma Jersey Shore Football Booster Club Mark E. Jones JP's Sports Bar Grace A. Kinley Ann L. Knauber Nancy J. Lady Leroy O. Buck Post 7863 - Veterans of Foreign Wars

David and Clayton Lightman Pamela J. Lundy John P. and Judy L. Maietta Arleen P. McGuire William S. McKay Heather M. Mecone Richard and Gina Michael Patricia E. Miller Timm and Kristen Mover Muncy Inmate Organization John and Jane Naval John K. and Patricia A. Neely Thomas and Gloria O'Connell The Old Corner Hotel Deborah Parsons PATHS LLC Kathryn A. Penfield Penn Cabling Services, Inc. William L. Phillips Ann F. Plankenhorn Douglas C. Prendeville Prudential Hodrick Realty Jim and Peg Redka Ronald and Lisa Reynolds Ben and Ann Riles Joseph and Louise Rossi Jane A. Rutledge Saint John's - Newberry United Methodist Church Joseph* and Charmaine Shockloss Christine M. Sleboda Dr. Thomas C. Smith and Suzanne Dively-Smith Abram M. and Dorothy M. Snyder Foundation, Inc. Lynnette F. Stegmaier Barry and Barb Stiger Henry and Donna Stutz

Continued on page 23



YOUR CONTRIBUTIONS AT WORK

SUSQUEHANNA HEALTH SPORTS MEDICINE WORKSHOP INSPIRES FUTURE ATHLETIC TRAINERS

A three-season athlete from Warrior Run High School in Turbotville, **Micah Watts** attended Susquehanna Health's Basic and Advanced Athletic Trainers' Workshops as a sophomore and junior in 2005 and 2006. Now Micah works as an Outreach Athletic Trainer for the Sports Medicine Center that gave him his start. Trainer, who developed the Workshop. "With so many other types of camps, we've survived the test of time." First-year students earn CPR certification while learning about anatomy and common injuries, including concussions, as well as taping techniques. They also take a field trip to Lock Haven University's

"The best part of my job is that immediacy of helping an athlete upon injury," explains Micah Watts.

Athletic Trainers' Workshops are week-long educational day camps for students at the 14 area school districts served by the Sports Medicine Center, as well as other interested school districts. The 21-year-old program has inspired more than 50 students to pursue careers in sports medicine and athletic training. Others have gained skills to help their school's certified athletic trainer while learning the basics of how to prevent and treat sports injuries.

"We're really proud of the program," says **Mike Ludwikowski**, MS, ATC, Coordinator of Outreach Athletic Training Services and Staff Athletic sports medicine/health science facilities. The advanced students build on their skills and delve into more intensive injuries and rehabilitative techniques. At each level, participants receive a college-level textbook.

The Sports Medicine Center's outreach athletic trainers lead the Workshops. "There's a lot that we cover, but we keep the pace up and make it fun with quiz games that help to reinforce what we're teaching," Mike says.

A majority of the funding is raised through the annual Susquehanna Health Sports Medicine Coaches Invitational Golf Tournament and the Foundation's Wish List (page 26).

Participating high schools benefit from the Workshops as their outreach athletic trainers gain skilled assistants to support athletes in up to 16 PIAA interscholastic sports. Students are exposed to careers in athletic training, emergency medical training, physical therapy and orthopedics. Mike has also connected interested participants with professionals for shadowing and internships.

Micah's second Workshop convinced him to study athletic training. When he began classes at Lock Haven University, he felt his experience gave him an advantage. He also valued the connections that he made with both students and Certified Athletic Trainers. As a student athlete, he knew who to go to with an injury at another school.

Micah is thankful for his opportunity with the Student Athletic Trainers' Workshops and that his connection with Mike helped him break into the profession. He looks forward to giving back by helping at the Workshops that got him started in a career he enjoys.

STUDENT ATHLETIC TRAINERS' WORKSHOPS BY THE NUMBERS

25

376

557

students have attended our Basic Student Athletic Trainers' Workshops.



53

students have attended our 10 Advanced Student Athletic Trainers' Workshops.

students have pursued athletic training as a career.

area high schools from a 60-mile radius are represented at our Workshops.

student tuition scholarships worth \$40,656 have been offered to our students. More than 65 percent of our students have attended our Workshops free of charge. Contributions also support chartered bus trips to Lock Haven University, books, supplies, meals, portable treatment tables and educational props for the Workshop participants.



OUR



Telehealth monitoring provides doctors a daily snapshot of the patient's condition as they recover from a recent hospital stay or learn to regulate their chronic condition at home. Not only does the technology allow doctors to detect subtle health changes that could lead to larger issues, but it assists patients in becoming more independent in their home healthcare.

With the help of this technology, doctors are more able to prevent re-hospitalization and emergency room visits, promote healthy diet and activities, and modify medications in order to heal patients faster. The interactive home monitoring is primarily for patients with congestive heart failure or pulmonary disease but can now be used for individuals with heart disease or expectant mothers experiencing high blood pressure.

How it Works

Telehealth monitoring utilizes equipment such as a telephone or satellite connection, a monitor the size of a calculator and a scale. A home care nurse evaluates the patient and their home environment before setting up the system to ensure it can be used safely and successfully. Patient participation in daily monitoring is essential, but patients will also receive weekly home visits as part of their complete healthcare services.

The monitor will prompt patients in a friendly voice to begin their daily fiveminute assessment and then proceed to check their vital signs, blood pressure, pulse, weight and blood/oxygen levels. It will also ask the patient a series Thanks to generous gifts from The Park Home, Inc. and our donors, Susquehanna Health Home Care & Hospice was able to receive 30 new telehealth monitoring systems.

of questions based on their current condition. Each answer the patient gives determines the next question, until the assessment is complete. Data gathered by the telehealth monitor is transmitted to a web-based system monitored by a nurse seven days a week, including holidays.

Attention 24/7

The benefit of telehealth monitoring is that it's not limited to scheduled daily assessments. Patients who are not feeling quite right can use the monitor at any time, day or night, to confirm all vital signs are on track.

Through the monitoring system, home care service providers can also remind and confirm that patients have taken their medication and alert them of other situations, such as severe weather conditions.

Telehealth monitoring gives patients peace of mind in all aspects of their healthcare, from letting them know they are progressing to helping them build confidence in their independent care ability. Susquehanna Health Home Care δ Hospice patients who have received these telehealth monitoring systems are beyond grateful for the donors who have helped to get their health and lifestyle back on track.

The COMMANDER FLEX® telehealth monitoring system from Cardiocom® keeps home care patients and healthcare providers connected.



KEYSTONE SOCIETY

Continued from page 19

Robert L. Swartz Carol Thomas and Family Troy High School 7th & 8th Grade Lady Trojans Hoops For Hope VFW Post 844 Ladies Auxiliary Donna G. Vonada David and Joanie Wallis Sherry and Jason Watts Bud and Sharon Webb Marilyn D. Wehler Ronald and Marlyne Whaley Thelma White Terry Wild Williamsport Area High School Booster Club Williamsport Moose Lodge No. 145 Women Of The Moose #384 Williamsport Chapter Woodcock Foundation for the Appreciation of the Arts, Inc. Woodlands Bank Employee Fund Raiser Group Young Men's Democratic Club of Lycoming County, Inc.

\$500-\$999

American Legion Home Association -Martin May Post No. 284 Tammy Anderer Dr. Elizabeth and Eric Anderson AutoTrakk, LLC Hanae L. Bahr, MD Bank of America Matching Gifts Carole Battisti Ronald Beckman Jr. Donna J. Biehl The Bjalme Family Cynthia and Jeff Bower Christine A. Boyles Mark E. Breneisen John and Cynthia Brindger Susan Browning Alvin C. Bush The Carlson Family Mara L. Carpenter C. Edward Carson Cheryl and Dale Chapman

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Continued on page 27



Our Donors Are Making a Difference

We are proud of the many programs and services our hospitals have to offer. Because of the continued involvement of our community-and the generous support of friends like you-Susquehanna Health Foundation looks forward to tomorrow and we offer heartfelt thanks to our many contributors.

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24

You celebrate life /C

individuals, organizations and foundations supported Susquehanna Health in 2012 You become our 3,989

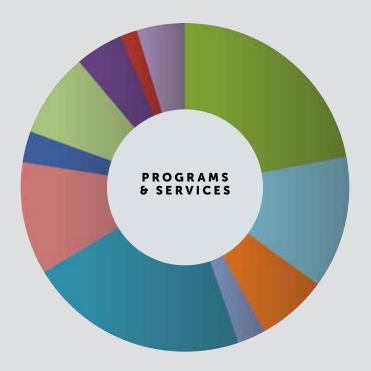
You leave a legacy \$683,826 was donated through planned gifts and bequests in 2012

individuals were honored or remembered through a tribute gift in 2012

Thanks to our donors, the successful completion of Project 2012 has dramatically enhanced healthcare for our region. However, there is still more to do in order to meet the healthcare needs of our community. Over the next two years, Susquehanna Health Foundation will focus on Cardiac Care, Orthopedics, Muncy Valley Hospital Emergency Services, Robotic Surgery and the Family Medicine Residency as our main fundraising initiatives.

Susquehanna Health Employees and Medical Staff donated \$323,108 in 2012.

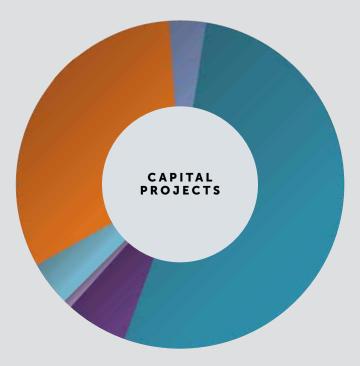
2012 IMPACT REPORT BREAKDOWN OF CONTRIBUTIONS BY FUNDS



Divine Providence Hospital	245,531	22.0%
Greatest Need - Susquehanna Health	239,866	21.5%
The Gatehouse	145,450	13.0%
Home Care & Hospice	125,524	11.2%
Breast Health Center	95,354	8.5%
Other	77,501	6.9%
Cardiac Care	53,759	4.8%
Muncy Skilled Nursing Unit	51,670	4.6%
Scholarships & Awards	33,866	3.0%
Williamsport Regional Medical Center	31,775	2.8%
Cancer Center	16,207	1.5%

\$1,116,503

Represents donations received January 1 to December 31, 2012



P	roject 2012	824,334	53.2%
— C	Continuing the Innovation Campaign	495,902	32.0%
	luncy Valley Hospital	93,529	6.0%
T	he Birthplace	71,420	4.6%
C	Cancer Center	52,000	3.4%
	vivine Providence Hospital	13,025	0.8%

\$1,550,210





DONATE TO MAKE A WISH COME TRUE.

Susquehanna Health Foundation has asked our patient care managers to share their wish lists items that operational funding cannot cover this year. The Foundation is asking the community to provide the necessary funds or a portion of the funds to purchase the items below.

WISHES GRANTED

Thanks to the generous gifts of donors, the following wishes have been granted:

- ☑ 37 HALO sleep sacks for The Birthplace
- ☑ An iPod to provide music for chapel services at the Williamsport Regional Medical Center
- ☑ First-aid and CPR instruction for the Sports Medicine workshop
- ☑ Grief support books for children in the Heartworks Grief Support Program

If you would like to make a gift to purchase one or more of the Wish List items, please enclose your check in the magazine's attached envelope and make a note of which item(s) you wish to purchase. You can also make a gift by going online to **SusquehannaHealth.org/Donate**. Developmental and Therapeutic Toys for Newborns (\$25)

Nurse-Family Partnership

The Nurse-Family Partnership nurses like to use educational toys to teach new mothers how to improve their baby's cognitive development.

□ Grief Support Services for One Child (\$83) *Heartworks*

Heartworks is a free program for children ages 4 to 17 who have recently experienced a loss of a loved one. This gift will assist with providing services for one child for one month.

□ One Wheelchair-to-IV Pole Clamping System (\$150) All Hospitals

The clamping system makes transporting a patient in a wheelchair safer for both the patient and staff.

- Sponsor one attendee of the Sports Medicine workshop (\$150)
 Sports Medicine
- □ One Wheelchair (\$265) Williamsport Regional Medical Center
- Educational Materials for Inpatient Cancer Patients for One Year (\$500)
 Williamsport Regional Medical Center

KEYSTONE SOCIETY

Continued from page 23

The Paulhamus Family -Roberta M. Paulhamus Mr. and Mrs. Gayle N. Phillips Picture Rocks Lions Club Helen P. Riggle William G. Ritter Grace E. Rizzo and Dorothy H. Tilburg Phyllis M. Robinson Patricia A. Rogers Ruth M. Rudinski and Family Michael L. Rupert Gurie and Jaspreet Sandhoo Richard and Elizabeth Schluter Schrader Architectural Products -Jack and Cindy Schrader Marion E. Schultz and Family Charles and Helen Schwarz Marie Scott Dr. Kenneth T. and Mrs. Jo'an E. Settlemyer Dr. and Mrs. Gordon A. Shaw Stephen and Jacqueline Shelley Mary E. Jolin Smith, Ronald & Dawn Smith and Family, and Barry & Teri Smith Fisher and Family Harry L. Snook Ellen and Hal Spooner St. Nicholas - St. Mary's School Bob and Heidi Stopper Suzanne and David Stopper Thomas and Mary Strunk Supply Source Inc. SupplyOne, Inc. Susquehanna Health Retirees Paula Swett Ruth N. Taddeo Ryan Tate Team Tiz Howard Tran Bill and Kim Van Campen Joy Velez WAHS Girls Soccer Team Deborah and Bob Wallace Jerry and Joy Walls Ed and Ruth Weeks West Branch Tennis Club, LLC **Robert and Sandra Wheeland Brian** White

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KEYSTONE SOCIETY

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KEYSTONE SOCIETY

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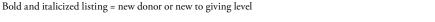
Sally A. Wentzler Tara Wesneski Barry K. and C. Cynthia Whipple Scarlet Williams Williamsport Assembly Williamsport Fraternal Order of Eagles Auxiliary #970 Williamsport Riding Club Marion V. Wilson Mr. and Mrs. Robert J. Wise Jr. David and Lottie Witmer Mr. Donald A. Woolever Drew and Christianne Wright and Family Linda M. Younes Rebecca L. Young Romy D. Young Jessica M. Zarko **Robert and Lainey Zenzinger** Kaylee Ziolkowski

TREE OF LIFE CLUB

The Tree of Life Club is the employee giving club and has raised an additional \$500,000 through its second campaign. Listed below are all **new** TLC donors from **September 1–December 31, 2012**.



Janai Arbogast Roxanne L. Buss Tammi R. Cremer Linda L. Davis Timothy J. Deremer Amber L. Fraley Tina Fraley Sarah Hostrander Lourjean T. Houpt Harry Hovenstine Terri-Ann Lowther Alisha Maroni Dorothy B. Martin Jacqueline Perchinski Abby Price Marino Salley Michelle Schultz Jeannie Sommers Christina M. Stenzel Tyler Wagner







Young Men's Democratic Club OF LYCOMING COUNTY, INC.

The Young Men's Democratic Club of Lycoming County, Inc., has a tradition of helping the community. The Club has generously contributed more than \$8,000 to Susquehanna Health since 1997.

"We are a very broad, caring group. We are here to help the community that's one of our main goals," says **Alesandria "Sandy" Hughes**, treasurer and responsible officer. Many of the Club's 700 members, happy to participate," Sandy says. "We have two employees who are breast cancer survivors, and many of our members have experienced the dreaded disease in the form of breast cancer, prostate, ovarian and

individuals who try to comfort you when they must deliver the bad news. And, the Hospice staff, they too are just like angels who have been sent to you. The compassion and love that they give to families

"As a survivor, who has been through the Cancer Center, I know you will not find a better group of caring, loving, affectionate angels to take care of you and give you the necessary treatments."

-SANDY HUGHES, TREASURER AND RESPONSIBLE OFFICER

ranging in age from 23 to 85, have benefited from the services of Susquehanna Health Home Care & Hospice, The Gatehouse (Inpatient Hospice Unit) and the Kathryn Candor Lundy Breast Health Center. Each of those services has received numerous gifts from the Club over the years. The Club recently made a \$1,000 gift to support Susquehanna Health Home Care & Hospice, \$500 to support the Breast Health Center and another \$1,000 to help with renovations at The Gatehouse.

"Any financial assistance we can offer to organizations that help to maintain quality of life for those suffering, that is what we are about, and we are lung cancer, including me; so, we are very connected to the services provided by Susquehanna Health Hospice, The Gatehouse, Breast Health Center and Cancer Center."

"As a survivor, who has been through the Cancer Center, I know you will not find a better group of caring, loving, affectionate angels to take care of you and give you the necessary treatments," Sandy continues. The care begins with the oncology staff, the radiation staff and filters right down to the infusion and clerical staff.

At the Breast Health Center, Dr. Susan Branton and her staff are such caring and individuals is just what is needed during the time of waiting for our loved ones to pass. I do not know about other facilities that offer these services, but the services offered at Susquehanna Health cannot be beat."

Front Row:

Jessica Engel, Board Member; Ann Achberger, Board Member; Jacki Feig, Board Member; Alesandria "Sandy" Hughes, Treasurer/ Responsible Officer

Back Row:

Joseph Smith, Board Member; David Wheeland, Board Member; Dennis Rotoli, President; David Klem, Board Member; Timothy A. Hughes, Secretary



LEGACY SOCIETY

The Legacy Society recognizes those who made a planned or estate gift to Susquehanna Health Foundation.

Legacy Society Members – Current

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LEGACY SOCIETY

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PLANNING FOR **YOUR FUTURE & OURS**



When it comes to planning your financial future you'll encounter many difficult decisions. But there's one that's simple.

A planned gift to Susquehanna Health Foundation. It's a gift that can benefit you, your loved ones and the future of healthcare in our community.

Susquehanna Health Foundation is here to help make planning easy. Our website offers tools to help you better understand planned giving.

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The Foundation wishes a fond farewell to longtime employee Cheryl Chapman, Special Events Coordinator, who retired February 1, after more than 38 years of service.

Cheryl began working in the Foundation office on January 19, 1998, and was involved as the foundations of then Williamsport Hospital and Divine Providence Hospital came together following the alliance that formed Susquehanna Health System. During her 15 years with the Foundation, Cheryl has helped with special events, open houses and donor-related celebrations while coordinating the golf tournaments for the Kathryn Candor Lundy Breast Health Center, Sports Medicine Center, Muncy Valley Hospital and the annual Susquehanna Health Golf Tournament (previously known as the Lefty Wagner Golf Tournament).

"Cheryl has made such an impact in our office and our community. We are thankful for the time, skills and positive energy she has brought to make each event a success, and for her incredible organizational skills and attention to detail," says Sherry Watts, Vice President of Development.

Long before her work at the Foundation, Cheryl attended the School of Medical Transcription at Williamsport Hospital in 1973 and became the secretary for the newly created Recreational Therapy department at Williamsport Hospital in 1974. After eight years and a brief stint in Human Resources, Cheryl was asked to work in the corporate office while a search to replace President & CEO Clive Waxman ensued. In 1984, when Don Creamer was selected as the next President & CEO of Williamsport Hospital, she became his assistant until just before his retirement 17 years later.

Cheryl is sad to say goodbye, but she is excited about the next chapter of her life with her husband, Dale, which will include lots of time for family, friends, fishing, skiing and traveling around the country on their motorcycle.

"I value the friendships I've made here over the years; they will last a lifetime," she says. "I am proud to have been a part of the work we have done and definitely one of the highlights was the bringing together of the area's hospitals to work for the good of the community."

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SUPPORTING

THE BREAST HEALTH

CENTER

The Gesang Verein Harmonia, Inc. Ladies Auxiliary donated \$9,000 over the past two years to the Kathryn Candor Lundy Breast Health Center. The Auxiliary held a "Shades of Pink" event on Sunday, October 7, 2012, at the Harmonia Club.

For information on next year's event, contact Gayle Whitesell at rossandgayle@comcast.net.

Pictured from left to right are members of the Gesang Verein Harmonia, Inc. Ladies Auxiliary along with Susquehanna Health employee service partners.

Front Row: Polly Zavada, Dr. Susan Branton, Sue Mark, Chairman Gayle Whitesell and Barb Glunk

Back Row: Karen Fink, Dr. Linda Myers, Glenda Breon and Phyllis Columbine

Missing from the photo: Karen Fischer, Ann Kiessling, Laurie Frazier, Michelle Groulx, Hayley Groulx, Christina Glunk and Renee Hinds

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Continued on page 42





In 2012, Ronald McDonald House Charities of NEPA, Inc. generously donated \$20,000 to The Birthplace at Williamsport Regional Medical Center. Their donation made the Education and Conference Room a reality within Susquehanna Tower's new Birthplace. This room provides a high-tech and specially dedicated area to educate more than 1,250 patients and their families as well as 65 staff members on an annual basis. Pictured left to right are Keith Artley, McDonald's Director of Operations; Doug Doherty, McDonald's Owner/ Operator and Ronald McDonald House Charities Board Member; Kimberly Hunter, Supervisor of The Birthplace; Patricia Miller, Manager of Mother/ Child/Baby; Daniel Rafferty, McDonald's General Manager; and Alice Grabowski, McDonald's Manager.



Hospitalists Role in Patient Care

Did you know there are physicians who specialize in taking care of hospital patients from admission to discharge? They're called hospitalists.

Over the last 10 years Susquehanna Health has developed a team of 16 hospitalists, all board certified in internal medicine, to provide round-the-clock care for patients at Williamsport Regional Medical Center. Hospitalists have the same training as other medical doctors, but rather than working in a practice and seeing patients outside the hospital, their work is exclusively in the hospital.

During a typical day, a hospitalist makes rounds to evaluate patients, determines whether patients should be admitted to the hospital, plans their hospital care, orders tests and checks results. The hospitalist also determines when the patient



Dr. Luke Stefanile, Associate Medical Director of the Hospitalist Program

can be discharged and ensures that arrangements are made for any required follow-up treatments. Hospitalists also consult with specialists on cases when needed.

"During my residency I did both inpatient and outpatient care, and I found that I preferred the inpatient care," says **Dr. Luke Stefanile**, Associate Medical Director of the Hospitalist Program. "This was around the time the hospitalist field was really beginning to develop, and it seemed perfect to me. I like that it keeps me up to date, and I see a variety of patients who are sicker than I would see in a family medicine setting. It gives me the opportunity to help different types of patients."

The hospitalists admit patients at Williamsport Regional Medical Center through the Emergency Department as well as directly from family physician offices. They also do consultations for surgical patients if a medical need arises after surgery. They keep each patient's primary care physician apprised of changes in condition and treatment. In addition to a faxed report within 24 hours of admission, all updates to the patient's electronic medical records are available to physicians within Susquehanna Health Medical Group. The patient's primary care physician also receives a discharge summary that includes information about the care the patient received and recommended follow-up treatment.

"When I came to work at Susquehanna Health, the hospitalist program was just eight months old. I saw that they were very accommodating and very dedicated to developing a high-quality hospitalist program, and they have been true to that commitment," says Dr. Stefanile.

Key benefits for patients are accessibility and efficiency. Hospitalists are physically in the same building, so there's less waiting and more one-on-one time to address a patient's needs. This presence typically expedites the process for admission, discharge and other decisions about care throughout the day. The hospitalist can effectively communicate with the patient's healthcare team and is familiar with the routines and best practices at the hospital to potentially reduce a patient's stay and improve the overall quality of care.

"I think there's a great deal of satisfaction for the patient and family," says Dr. Stefanile. "We can be very efficient. We're right here to answer questions and evaluate any changes, so there's less waiting for the patient and family members."









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2012 NEW HOSPITALISTS





Continued from page 39

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Dr. Bosede Afolabi

HEART & VASCULAR INSTITUTE

Susquehanna Health Heart & Vascular Institute is pleased to welcome Dr. Bosede Afolabi to its team.

Dr. Afolabi is board certified in internal medicine and cardiovascular disease. She possesses a high level of expertise and training, including fellowships and a residency in electrophysiology and cardiology from the University of Florida and Cleveland Clinic.

Electrophysiology is the specialized treatment of heart rhythm disorders using medical management and procedures such as ablation or device implantation. Individuals with existing heart disease are at the greatest risk of heart rhythm disorders, which can be present with no symptoms. Be aware of symptoms including palpitations, dizziness, fainting or chest pain.

Dr. Afolabi joins Doctors Bering, Blum, Burks, Morcos, Nardone, Shafique and Trautwein in helping to deliver comprehensive heart care to the community. The Susquehanna Health Heart & Vascular Institute is located at Williamsport Regional Medical Center. Dr. Afolabi is welcoming new patients and referrals. To schedule an appointment, please call (570) 321-2800.



2013

| MARCH

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