

# foundation focus

VOLUME 21 | SPRING 2015

## 5 Years Ahead of Schedule: New Surgery Center

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Your Contributions  
at Work



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Susquehanna Health  
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# Your Gift Provides the Advantage

Never underestimate the impact your donation to Susquehanna Health Foundation can make. Small or large, its impact inspires hope.

Soft, warm blankets to comfort a patient. State-of-the-art imaging tools that detect life-threatening blockages. Relaxing foot massages for chemotherapy patients. Advanced technology used by highly skilled surgeons. Comprehensive rehabilitation programs that push patients to their potential. Bright, spacious patient rooms where loved ones can stay close through illness and recovery. Each of these improvements to our facilities and services gives patients, family members and providers the advantages of hope, healing and comfort.

We are so grateful for each contribution from you, our neighbors and regional businesses. Collectively, you have brought to light a vision of serving the region with the most advanced healthcare while maintaining a personal, caring approach.

Through the *Project 2012, Continuing the Innovation*, and *Building for the Future* Capital Campaigns, our community has realized that vision and demonstrated the commitment it takes to create and sustain a leading regional medical system.

Through that support, we continue improving and advancing with state-of-the-art facilities and technology as well as a rapidly growing medical community with impressive credentials and affiliations. This issue of *Foundation Focus* highlights exciting changes in Surgical Services, including our operating rooms, and patient/family waiting and recovery areas in the Susquehanna Tower at Williamsport Regional Medical Center related to our affiliation with Cleveland Clinic's Sydell and Arnold Miller Family Heart and Vascular Institute.

Looking ahead, we have opportunities to impact our Cancer Services with more clinical trials, outreach, early detection and enhanced survivorship support.

Technology and services supporting orthopedics, rheumatology, joint care and sports medicine is another area of focus that will provide our friends and neighbors the advantage in reaching their goals—whether it's recovering from a sports injury or maintaining independence.

Your gifts are what made it possible to realize and reinforce Susquehanna Health's vision and advance its healing mission. Your ongoing support continues to give our community the advantage of hope.

And for that we sincerely thank you!



**Sherry Watts**  
Vice President of Development  
Susquehanna Health Foundation

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# of Hope



A few areas that have been impacted by the generosity of donors in the last decade include:

- Modern, private patient rooms at Muncy Valley Hospital (MVH) and Williamsport Regional Medical Center (WRMC)
- An updated and expanded emergency department at WRMC and Soldiers + Sailors Memorial Hospital (SSMH)
- A state-of-the-art cancer center and breast health center at Divine Providence Hospital (DPH)
- A partnership with Cleveland Clinic's Sydell and Arnold Miller Family Heart and Vascular Institute
- Well-equipped, modern rehabilitation areas at MVH and WRMC
- Hybrid operating rooms and robotic surgery at WRMC
- Same-day surgery center at SSMH
- A satellite cancer center at SSMH
- The state-of-the-art Birthplace at WRMC
- The renovation and expansion of The Gatehouse
- Recruitment this fiscal year of 56 new family physicians, physician assistants, hospitalists, specialists and other highly qualified caregivers who are attracted to our robust medical community


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# Heart & Vascular Institute Growth Accelerates Plans for New Surgery Center

Susquehanna Health is moving forward five years ahead of schedule with construction of a new Surgery Center in the Susquehanna Tower at Williamsport Regional Medical Center. The new Surgery Center will accommodate a growing demand, improve the patient experience and bring the latest in heart and vascular technologies and procedures to the region. Expected to be completed as early as December 2015, phase one of the Surgery Center will house two state-of-the-art general operating rooms, one for robotic surgery and a second for cardiothoracic

operations. The facility will bring all heart and vascular invasive procedures together, with two new heart catheterization labs and two electrophysiology labs.

“Everything is coming together ahead of schedule. Patient demand is increasing. Our recruitment of highly skilled surgeons and staff has been phenomenal. We have this exciting challenge of accommodating higher volumes and more complex procedures with a state-of-the-art surgical center,” explains **Lori Beucler**, Susquehanna Health’s Vice President and

Chief Nursing Officer. “Fortunately, the forward-thinking tower design included space for surgical services to expand. The amazing support from our community and good use of resources in other renovation and expansion projects are enabling us to move forward on the Surgery Center ahead of schedule.”

## At the Heart of the Center

Patient demand accelerated after Susquehanna Health Heart & Vascular Institute’s affiliation with Cleveland Clinic’s Sydell and Arnold Miller Family



**“Support from our community has been overwhelmingly positive, and patient satisfaction scores are at an all-time high. Overall, the affiliation has allowed us to perform at the level of a major academic medical center while allowing our patients to remain close to home in a smaller, more intimate setting.”**

—Dr. Michael Lazar

Heart and Vascular Institute in February 2014. **Since the affiliation, there has been a 32.6 percent increase in the number of heart surgeries performed at Williamsport Regional Medical Center. There also has been an 18 percent increase in the number of catheterization lab procedures and three times as many mitral valve cases compared to the previous year.**

“Cardiac surgery volumes alone have increased from less than 100 to nearly 350 cases per year,” says **Dr. Michael Lazar**,

Medical Director of the Heart & Vascular Institute. “Referring doctors and hospitals that had drifted away are returning with renewed enthusiasm because of our revitalized treatment strategy that’s keeping pace with changes in technology and an integrated approach to heart and vascular care.”

There is plenty of momentum to keep volumes increasing, including a dedicated program that enables Susquehanna Health Heart & Vascular cardiologists to serve patients in Jersey Shore, Lewisburg, Lock Haven and Wellsboro. With services provided at these satellite locations,

patients in the region experience improved coordination of care, easy transition of medical records and an overall higher quality with better outcomes in their cardiovascular care.

The additional support of Cleveland Clinic colleagues for consultations and the introduction of technology such as ECMO, a pump that can circulate blood through an artificial lung back into a patient’s bloodstream for life-sustaining treatment, are enabling Susquehanna Health Heart & Vascular Institute to perform more high-risk and complex procedures, too.

“Through the affiliation, we are gaining experience and continuing to expand our toolbox with advanced technologies and devices to help us produce the best outcomes for our patients in vascular surgery, cardiothoracic surgery and

cardiovascular medicine,” says **Heather Haefner**, Executive Director of the Heart & Vascular Institute. “The Surgery Center project supports our expansion as an affiliate of the nation’s premier heart and vascular institute with improved efficiency, more opportunities for collaboration and a focus on meeting the needs of patients and their families while in our care.”

Williamsport Regional Medical Center is also working towards becoming a regional hub for cardiac care as part of Cleveland Clinic’s arrangement with large national companies. Local employees of these companies may be referred to Williamsport Regional Medical Center for their care rather than having to travel to Cleveland.

### **Attracting High-Caliber Providers**

Another factor accelerating the surgical program’s expansion is the Heart & Vascular Institute’s growing pool of highly skilled surgeons and specialists. Seven new providers have been recruited since June 2014, including an interventional cardiologist and an electrophysiologist.

“It’s really a different recruiting situation than we’re hearing about around the country. We have physicians contacting us about opportunities to work here,” says Heather. “We’re affiliated with the nation’s best, we have an outstanding record for quality, and we’re able to offer the best in technology and education. On top of that, we maintain that community hospital feel and ability to respond quickly to changes in the healthcare environment. It’s very appealing, and it all contributes to our continued growth.”

## Quality at the Core

Before the affiliation with Cleveland Clinic, the Heart & Vascular Institute, under the direction of Dr. Lazar, fine-tuned processes to ensure better quality outcomes and improved patient safety. Those high standards have been maintained, earning the Heart & Vascular Institute patient satisfaction scores for overall quality at 98 percent and “courtesy of staff,” rated at 98.5 percent. The cardiothoracic team has had no sternal wound infections, and length of stay and ventilation times are better than Society of Thoracic Surgeons’ benchmarks.

“Our affiliation with Cleveland Clinic has ensured oversight at a nationally recognized standard of quality and allows us to recruit



exceptional new providers, train our current staff with the best of the best and provide patients

with a seamless second opinion without leaving the area,” explains Dr. Lazar.

“Support from our community has been overwhelmingly positive, and patient satisfaction scores are at an all-time high. Overall, the affiliation has allowed us to perform at the level of a major academic medical center while allowing our patients to remain close to home in a smaller, more intimate setting.”

## Patient-Centered Care

Serving all surgical patients, the new Surgery Center will optimize quality while offering extreme comfort and convenience for patients and their loved ones. Patients who are nervous or whose health is

compromised might find navigating hospital hallways before a scheduled surgery to be difficult, but the new Surgery Center’s design creates a simple entrance into a comfortable setting to help patients and their loved ones immediately feel at ease. When the Surgery Center is completed, patients will be able to drive up to the Susquehanna Tower for valet parking, enter the lobby and take the elevator directly to the fourth floor. From the elevator, they will step into the Surgical Center’s welcoming registration area to check in.

With a 35-bed pre- and post-operative unit adjacent to the Surgery Center’s registration area, the center’s design minimizes “shuffling” for patients and those accompanying them. A comfortable waiting area offers WiFi access and food and beverage establishments, including a coffee shop and Subway restaurant, as well as other amenities to help patients’ loved ones remain comfortable even when a patient undergoes a long and complex procedure.

The new operating rooms will be equipped with state-of-the-art technology and designed for efficiency, patient safety and infection control. The electrophysiology (EP) labs are being designed and equipped based on Cleveland Clinic’s best practices and equipment selections.

Currently, combined heart and vascular procedures—surgeries that incorporate both imaging and surgical elements—limit access for other cases. The new operating rooms will accommodate this surgical approach to improve access for all patients.



## Highlights of the new Surgical Center

- **Dedicated robotics operating room**
- **Convenient registration area access**—use valet parking at the main entrance and then simply take the elevators in the main lobby to the fourth floor and you will be right where you need to be
- **Pre- and post-operative areas**—just steps from the registration area, this efficiently designed suite with 35 pre- and post-operative beds enables your loved one to remain by your side for most of the moments before and after surgery
- **Family-friendly waiting area**—a comfortable place to spend time even during long and complex procedures; equipped with WiFi, access to a coffee shop, Subway and other amenities
- **Two catheterization labs**—for rapid treatment of heart attack and interventional cardiac studies. Equipped with state-of-the-art, low-dose, radiation imaging equipment
- **Two electrophysiology (EP) labs**—to address heart rhythm issues and perform highly complex ablation procedures. The new labs are modeled after the EP labs at Cleveland Clinic and feature low-dose, radiation imaging equipment
- **Additional cardiothoracic (CT) operating room**—for complex heart procedures including mitral valve replacement; transaortic valve replacement and repair; advanced aneurysm repair; chronic, total occlusion; and minimally invasive valve-replacement procedures
- **Two general operating rooms**—equipped with the most advanced surgical and imaging tools to accommodate a multitude of surgical needs



# The Donor REPORT

A note to our donors: If your name has been omitted or misprinted, please notify us and accept our sincere apology.

## SIGNATURE GIFTS

**Signature Gifts** recognizes individuals and organizations who made a commitment to Susquehanna Health Foundation with a contribution of \$100,000 or greater.  
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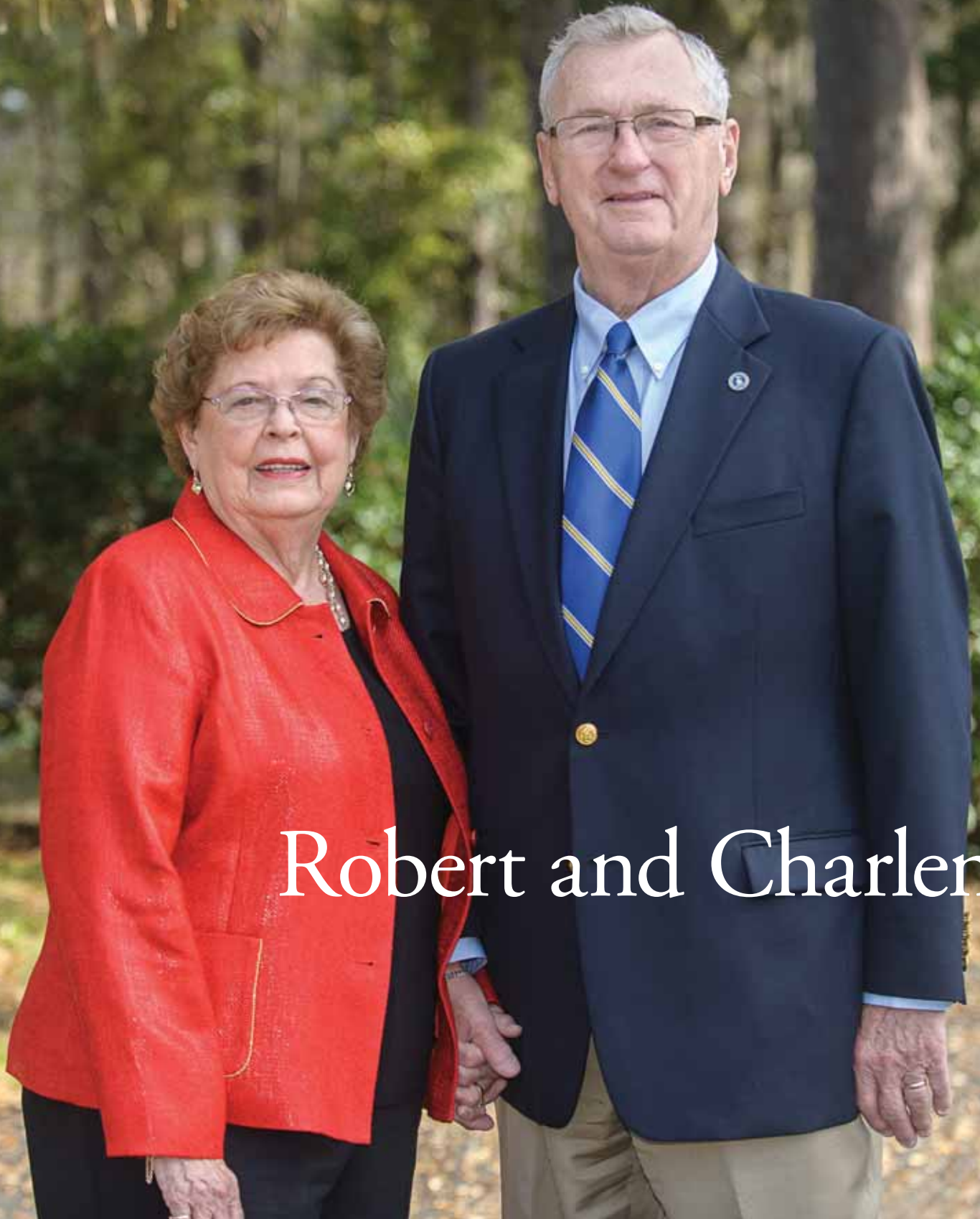
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Robert and Charlene



**Robert Shangraw's** first major connection with Susquehanna Health, then Williamsport Hospital, was as an open-heart surgery patient in 1979. Since then, his heart health has been monitored by several outstanding cardiologists with the system. Robert's positive experience as a patient has motivated him and his wife, **Charlene**, to make a Signature Gift to Susquehanna Health in memory of his first cardiologist, **Dr. Joseph Calder**.

investment consultant for Merrill Lynch and rose up the ranks to First Vice President of Investments, the position from which he retired in 2001.

Robert has made a second career out of giving back to worthwhile causes. He became Chairman of the Board of Trustees of Lycoming College in 1989 and served in that role for 16 years. During his total 30 years of service on the board, he chaired

"A good hospital and good recreational centers like the YMCA are things we use every day to enhance our lives, and they benefit people of all ages," he says.

In addition to going on official tours of Susquehanna Health's beautifully renovated facilities, Robert teases that he's had the opportunity to see them as a patient too. In all instances, he and Charlene have been impressed with the new technology, excellent communication and efficient service.

"It's wonderful having such high-quality healthcare here in town," says Charlene. "We have the best doctors right here, and that's a benefit not only to us and our friends but also to our children and grandchildren."

"I think he was one of the finest heart doctors I have ever come in contact with. He was a great human being, and I was fortunate to have him as a friend and as my doctor," recalls Robert. "In 30-some years, I have been fortunate to have all good heart doctors, including **Dr. John Burks** and **Dr. Robert Trautwein**."

two successful capital campaigns to make enhancements to the campus facilities and quality of education.

Recognizing his talent for fundraising, Robert acts as a consultant for community capital campaigns. In this role, he can work on more than one campaign at a time to have a greater positive impact. Robert has assisted with the Jersey Shore YMCA Capital Campaign, the recent campaign to build the new YMCA in Williamsport and the *Project 2012* Capital Campaign for Susquehanna Health. He has also been instrumental in raising funds for The Children's Development Center in Williamsport and notes that Charlene is always encouraging him to do more.

"It's wonderful having such high-quality healthcare here in town," says Charlene. "We have the best doctors right here, and that's a benefit not only to us and our friends but also to our children and grandchildren."

The renovations, new facilities and technology, combined with effective physician recruitment, have also led to Susquehanna Health developing program-strengthening affiliations, such as the one between the Heart & Vascular Institute and Cleveland Clinic's Sydell and Arnold Miller Family Heart and Vascular Institute.

Robert and Charlene see their support of Susquehanna Health as an investment in the region's future. "There will always be a need to support the vital services that help our whole community," says Robert. "We hope to ensure that they continue to be maintained and improved so they can serve future generations as well."

# Shangraw

Born and raised in Avis, Robert attended Lycoming College in 1958. His work for Bell Telephone brought him back to Williamsport to manage an office in 1961. One year later, he began working as an

# CORNERSTONE SOCIETY

**The Cornerstone Society** recognizes individuals who supported Susquehanna Health Foundation with a contribution of \$10,000–\$99,999. Donors are listed through **December 31, 2014.**

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**HURRY! ONLY 500 TICKETS ARE AVAILABLE!**

TO JOIN, CONTACT THE TIOGA FOUNDATION OFFICE AT 570-723-0494  
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A portrait of an elderly man with white hair and glasses, smiling. He is wearing a maroon jacket over a grey patterned shirt. A name tag is pinned to his jacket. The background is a warm, yellowish-gold with soft, radiating light effects.

# *A Lifetime of Service*

Once a week, Eugene “Gene” Seelye, 80, of Wellsboro, takes his place at the information desk in Soldiers + Sailors Memorial Hospital, where he welcomes visitors and directs patients or their family members to the appropriate labs and departments. He enjoys seeing former students as well as neighbors from his hometown of Knoxville among the many faces that come through the door. He also likes providing a service that directly benefits his community.

“I enjoy helping other people. I feel fortunate to be able to share my time and efforts,” says Gene, whose community service has been recognized with the Tioga

school art teacher. He taught for five years before leaving to teach art at Clarion University. When he retired 30 years later, he moved home to Knoxville. He returned to Wellsboro a little more than a decade ago so he could have easier access to businesses and services, including healthcare.



**“Now that Soldiers + Sailors Memorial Hospital is affiliated with Susquehanna Health, there are more healthcare opportunities available for everyone here, from the Cancer Center to the specialists who come from Williamsport to see patients. The connection with Susquehanna Health is certainly a good thing for everyone in the area. This is progress!”**

County Development Corporation’s Rod C. Kelchner President’s Award and the Rotary Club’s Paul Harris Fellow recognition.

After graduating from college in 1956, Gene moved to Wellsboro to be the public

Since returning, Gene’s interests in history, the arts, healthcare and service have kept him busy on many fronts. He previously held leadership positions with the Tioga County Historical Society and the Knoxville Public Library. Currently, he is president of the Horace B. Packer Foundation, a board member of the Deerfield Charitable Trust, and a contributor and board member of the Deane Center for the Performing Arts. With his interest in art history, Gene has even given a few walking tours to highlight Wellsboro’s unique architecture.

Gene has also been involved in Friends of Laurel Health (now Friends of Soldiers + Sailors), an annual appeal that helps support area healthcare, and has served on the board of directors for The Green Home, a skilled nursing facility located

across from Soldiers + Sailors Memorial Hospital.

Recently, Gene made a Cornerstone Society gift to support the *Building for the Future* Capital Campaign at Soldiers + Sailors Memorial Hospital. He appreciates the new emergency room and other facility upgrades, which he tours frequently to make sure he’s giving good directions to visitors. He is also fond of the changing art exhibit that has been added to the hospital near the information desk, which seems to marry his interests in both the arts and healthcare.

“Medical science is helping people live longer lives, and I believe the arts are what make those lives more interesting,” he says. “Now that Soldiers + Sailors Memorial Hospital is affiliated with Susquehanna Health, there are more healthcare opportunities available for everyone here, from the Cancer Center to the specialists who come from Williamsport to see patients. The connection with Susquehanna Health is certainly a good thing for everyone in the area. This is progress!”



**“I enjoy helping other people. I feel fortunate to be able to share my time and efforts.”**

—Eugene Seelye

## BUSINESS &amp; INDUSTRY GIFTS

**Business & Industry Gifts** recognizes businesses that supported Susquehanna Health Foundation with a contribution of \$5,000 or greater. Donors are listed through **December 31, 2014**.

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Ward Manufacturing LLC

### \$250,000-\$999,999

The Muncy Bank & Trust Company  
Verizon Wireless

### \$100,000-\$249,999

AutoTrakk, LLC  
Dominion Foundation  
M&T Bank  
The Park Home, Inc.  
PRIMUS Technologies Corp.  
Reynolds Iron Works, Inc.  
Shell Exploration & Production Company  
Silvertip, Inc.  
TurnKey Construction, Inc.  
TurnKey Electric, Inc.  
Wolyniec Construction, Inc.  
*In Memory of James T. Wolyniec Sr.*

### \$50,000-\$99,999

Alexander Building Construction Co.  
Anadarko Petroleum Corporation  
Bayard Printing Group  
Citizens & Northern Bank  
Glenn O. Hawbaker Inc. Charity Golf Outing  
Hudock Moyer Wealth Resources  
Jersey Shore State Bank  
Larson Design Group  
McCormick Law Firm  
PPL Corporation  
Weis Markets, Inc.  
Welliver

### \$25,000-\$49,999

ARAMARK Healthcare  
Baker Tilly Virchow Krause, LLP  
Beiter's Inc.  
Construction Specialties, Inc.  
*In Honor of Construction Specialties, Inc. Staff and Families*

Data Papers/KBF Print Technology  
Fry's Plastic  
Glenn O. Hawbaker, Inc.

#### ***iHeartMedia***

John Savoy and Son, Inc.  
L. F. Driscoll Company, LLC

#### ***Lundy Construction Co., Inc.***

McCarty-Thomas Funeral Home, Inc.  
*In Memory of Richard G. Thomas*  
McNerney, Page, Vanderlin & Hall  
Ronald McDonald House Charities of N.E.P.A., Inc.  
Santander Bank  
Shell Appalachia Charity Golf Tournament  
Stantec  
Susquehanna Bank  
Talisman Energy USA Inc.  
Tura LP  
Woodlands Bank

### \$15,000-\$24,999

Gift Box at Muncy Valley Hospital  
I.C.S. Inc. - Ron Hine  
Lamar Advertising  
Lundy Industrial Realty, LP  
***Norcen Industries Inc.***  
Pennram Diversified Mfg. Corp., Andrew and Karen Hooker

#### ***Steinbacher Enterprises, Inc. - Dave and Karen Steinbacher***

*In Memory of Mr. and Mrs. James Steinbacher*  
*In Memory of Karen Steinbacher*

#### ***Wm. L. Robinson Concrete***

### \$5,000-\$14,999

Aquarius Pool & Patio, Inc. - Gene and Mary Ann Schurer & Pam Keefer  
Berkshire Hathaway HomeServices  
Hodrick Realty  
Billtown Mechanical Corp.  
The Blessing Insurance Agency, Inc.  
Brodart Co.

Central Equipment Company  
EmCare, Inc.  
Forrester Environmental, Inc.  
Fraternal Order of Eagles - Williamsport Aerie #970  
G. R. Noto Electrical Construction, Inc.  
Gilmour Arts  
The Herman O. West Foundation  
Hermance Machine Company  
***Houseknecht's Machine & Tool Co., Inc.***  
J and M Construction Specialty, Inc.  
Keystone Bingo Supply, Inc.  
Keystone Data Systems, Inc.  
L-3 Communications Electron Devices  
Lezzer Lumber Co. - Pennsdale  
Liberty Hospitality Partners, LP  
***McDonald's - Doug and Frani Doherty***  
Mid-State Beverage Co. - Don and Betty Jo Heim  
Montgomery Plumbing Supply Company  
Murray Motors - Brian Peace and Bill Brown  
Patterson-Brandt, Inc.  
Penn Cabling Services, Inc.  
Penn Recycling, Inc.  
PMG Advisors, LLC  
Quandel Construction Group, Inc.  
Ruth Croyle and East End Lumber Company  
Schneider Valley Farms Dairy  
*In Honor of Schneider Valley Farms Dairy Employees*  
SelecTrim Corporation, James Wood and Marcus Annicelli  
***Sher Properties, Inc.***  
Susquehanna Paper & Sanitary Supply Corporation  
Trojan Tube Sales and Fabrications, Inc.  
*In Memory of Jack Decker*  
Wellsboro Electric  
Wellsboro Rotary Club  
Williamsport Moving Company



**The Caduceus Society** recognizes physicians who made a commitment of \$2,500 or greater to Susquehanna Health Foundation. Donors are listed through **December 31, 2014.**

## Caduceus Society Members

### \$500,000+

Dr. and Mrs. Francis M. Powers Jr.

### \$100,000–\$499,999

Anesthesia Associates of Williamsport

***Dr. and Mrs. Hani J. Tuffaha***

Dr. and Mrs. Rodwan and Zokaa Rajjoub

### \$50,000–\$99,999

Jean and John Burks

*In Memory of Joseph R. Calder, MD*

Dr. and Mrs. George A. Manchester

### \$25,000–\$49,999

Dr. and Mrs. John C. Becker

Dr. and Mrs. E. Lee Bellinger

Dr. Ronald E. DiSimone

Dr. and Mrs. Daniel R. Gandy

Dr. Ted and Jane Larson Jr.

Dr. William C. and Beverly H. McCauley

Drs. Timothy and Kathleen Pagana

Dr. and Mrs. Donald Shaw, DO

Dr. and Mrs. Gordon A. Shaw

*In Memory of Joseph R. Calder, MD*

Susquehanna Urologic Associates

Dr. and Mrs. Lawrence Tama

Dr. and Mrs. F. Ardell Thomas

### \$10,000–\$24,999

Darius Abadi, DO

Dr. and Mrs. Victor P. Becker

Dr. and Mrs. William R. Beltz

Dr. and Mrs. Mark D. Beyer

Christopher and Susan Branton

Dr. and Mrs. Paul W. Braunegg Jr.

Dr. Tom and Rebecca Burke

Dr. and Mrs. Leonard R. Collins

Dr. and Mrs. Scott D. Croll

Dr. Perry Doan

Greg and Marilyn Frailey

Daniel J. Glunk and Margrit M.

Shoemaker

Dr. and Mrs. Edmund Guelig

***Dr. Barbara Heere and Dr. Bernard Butkiewicz***

Dr. and Mrs. Michael Hoffman

Dr. Renuka Kakarala and Dr. Sai B. Sajja

Dr. and Mrs. Charles D. Lamade

Dr. and Mrs. Donald J. Leathers

Dr. and Mrs. Albert G. Liddell

Dr. and Mrs. David J. Lopatofsky

Dr. and Mrs. David B. Nagel

Dr. and Mrs. Alexander R. Nesbitt

Dr. and Mrs. Anthony M. Nespola

Dr. and Mrs. Harshad Patel

Jim and Peg Redka

Dr. René and Diana Rigal

Dr. and Mrs. Warren L. Robinson

Dr. Phyllis and William Scott

Keith and Pam Shenberger

*In Memory of Ann L. Shenberger*

*In Memory of Lynn A. Overdorff Jr.*

Dr. and Mrs. Stephen Weber

### \$2,500–\$9,999

Anonymous (3)

Dr. and Mrs. Carl R. Albright

Dr. and Mrs. David N. Ambrose

Dr. Elizabeth and Eric Anderson

Charles and Karla Anderson

*In Memory of Albert Confer*

Karen and Michael Belenko

Drs. David and Susan Borys

Dr. Karen Brady

Dr. Jill Anissa Burns

Dr. and Mrs. John V. Calce

Cornerstone Family Health, PC

Dr. T. E. Cullen and Bronwen Cullen

Joseph Daoko, MD

Dr. and Mrs. Gary M. Dincher

Dr. Sabrina Dowd

Drs. Dilip Elangbam and Subadani Angom

Dr. and Mrs. Joseph G. English

Dr. and Mrs. Todd Fausnaught

Mr. David and Dr. Lisa Galloway

Dr. and Mrs. Steven W. Geise

Dr. Kenneth I. Glaser

Dr. and Mrs. Russell L. Gombosi

Dr. Judith Gouldin and Mr. Anthony Parente

Dr. and Mrs. Timothy Heilmann

John and Veronica Jones

*In Memory of John and Dorothy Jones*

Dr. and Mrs. William F. Keenan

Dr. and Mrs. I. G. Kim

Dr. and Mrs. Kevin W. Kist Jr.

Dr. John Kuri and Dr. Amy Wirtner

The Lazar Family

Dr. Paul and Cynthia Leber

Dr. and Mrs. Joseph Lexon

David and Clayton Lightman

Dr. and Mrs. Eric Longenbach

Michael J. Marceau, MD

Dr. Thomas J. and Reverend Dr. Lois D. Martin

Robert L. Muller, MD

*In Honor of Dr. David N. Ambrose*

Drs. Naresh C. and Anita Nagpal

Stuart M. Olinsky, MD

Dr. William and Cynthia Pagana

*In Memory of Ann Pagana*

*In Memory of Elizabeth Pagana*

Dr. and Mrs. Young W. Park

Dr. and Mrs. Frank W. Parker

Dr. and Mrs. William J. Peck

Dr. Robert and the Reverend Christine Purcell

Dr. Renee Quarterman

Dr. William P. Reich

Dr. Christopher Reilly and Dr. Teresa Bianco

Dr. and Mrs. Steven D. Rockoff

Eddie O. Rodriguez-Lopez, MD

Dr. Mohammad Shafique

Dr. and Mrs. Sam F. Stea

*In Honor of Our Children*

Bernard and Sarah Steinbacher

*In Memory of Karen E. Steinbacher*

Dr. Allan K. Stryker

Dr. Lawrence and Nancy Tomack

Dr. Peter and Rose Trevouledes

Dr. and Mrs. Thane N. Turner

Dr. and Mrs. Seth I. Weber

Rosemary Wiegand and Brett Homan

Dr. and Mrs. Daniel E. Wolfe

Edward G. Wyshock, MD

# A Second

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"They (the staff and therapists) were always there talking to me and joking with me. They gave me hope and made me want to fight."

—Rick Fowler

When **Arthur "Rick" Fowler**

arrived at Muncy Valley Hospital's Swing Bed Program last August, the 63-year-old Berwick resident was paralyzed, unable to speak, and reliant on a ventilator for each breath. He was welcomed to the facility with the staff's promise of helping him get better. What followed in the ensuing three months until his discharge was remarkable improvement made possible by Rick's determination and the hospital staff's encouragement and support.

In June, as a complication of pneumonia, Rick developed

Guillain-Barré, a rare syndrome that affects the nervous system. Within 24 hours of being diagnosed, he became completely paralyzed and dependent on a ventilator for breathing. After treatments at another facility and attempts to wean him from the ventilator failed, doctors told Rick's family his condition might never improve. In August, his girlfriend, **Beth Combs**, pushed for one more round of treatments, which was not successful. Then they decided to move Rick to Muncy Valley Hospital, which has the only chronic ventilator unit in the region.

"When Rick arrived, his caregivers told him that he would get off the vent," recalls **Nichole Frye, RN**, a supervisor for 2 Main, the medical/surgical unit at Muncy Valley Hospital. "And he just had that positive spirit to respond to every opportunity we gave him to thrive."

The ventilator prevented Rick from speaking, and his only means of communicating was pointing to words and shrugging his shoulders. During the first week, a speech therapist helped Rick use a speaking valve attached to the ventilator to talk. After months of silence, everyone was thrilled to hear Rick



# Chance

say, "Hello." During the emotional first session, he completed some counting and reading exercises, and then took the opportunity to say "I love you" to his girlfriend.

Weaning from the ventilator is a slow and steady process with a team of palliative care providers, including respiratory and speech therapists and a nutritionist. They assessed Rick's levels of comfort and anxiety as well as the continued improvement of his pulmonary function. Within a week, they felt Rick was ready for a five-minute breathing trial. After this first success, each subsequent trial was longer and more frequent. By September 6, just one month after his arrival, Rick was breathing on his own both day and night.

"They (the staff and therapists) were always there talking to me and joking with me. They gave me hope and made me want to fight," he says.

As Rick became independent from the ventilator, the speech therapists carefully supervised the introduction of drinks and soft food.

"One of the first things I asked for when I got off the ventilator was a drink of water," says Rick, also recalling his first meal of lasagna on August 22.

Because Rick had been paralyzed since June, moving him and keeping his muscles toned was also important. When he was first admitted, physical therapy staff came to his bedside to move his arms and

legs. They used a lift to get him in and out of bed so they could make larger motions.

As the staff got to know Rick, they indulged some of his interests. Knowing that he was a motorcycle enthusiast, they took him outside on September 11 to see a memorial motorcycle brigade go by.

Rick's girlfriend was with him every day and appreciated how the therapists involved her in his care.

"They were excellent! They gave him health and hope, and they were really good with me, too," says Beth.

Once weaned from the ventilator, Rick was able to ramp up his physical rehabilitation and learn how to use a wheelchair. One week, as he was re-learning to walk with the assistance of therapy bars, he joked with staff about how he would be walking by the weekend. Sure enough, that Friday he took several steps on his own.

"I was only joking, but they couldn't believe it," says Rick, laughing. "Soon I was walking every day."

Rick feels that the people and positive environment at Muncy Valley Hospital were what helped him respond so well to treatments. As his recovery progressed, his therapy sessions included making sure that he could do many of the tasks of

everyday living, such as showering, on his own. Now that he is home, he plans to continue with that spirit and recover enough to once again ride his motorcycle.

"We did a lot of joking around, and I teased them, too," says Rick. "They were funny and got me going, which helped me push myself."

In turn, the staff was deeply moved by Rick's determination. When it was time for his discharge in November, much earlier than anyone ever imagined, they threw him a going-away party.

"He just touched everybody's life here," says Nichole. "When we look at what he endured and where he



*Rick Fowler and Beth Combs*

ended up—how he made the difference in his own outcome and could walk out of here without a ventilator or a trach—it gives you a different feeling as a caregiver. He gave us a light of hope that we can share with other patients. We can inspire them with Rick's story."



## KEYSTONE SOCIETY

The Keystone Society lists those who commit to contribute \$250 or more annually to Susquehanna Health Foundation. Listed below are all Keystone Society members through **December 31, 2014.**

## Keystone Society Members

### \$1,000–\$9,999

2013 Canton and Troy Volleyball Teams

#### ***Adwave365***

David and Rita Alexyn

#### ***American Legion Bitner-Bechdel Post #623***

American Legion Riders Post #36

#### ***Gregory J. Anna***

Helen L. Antrim

The Art Partnership, Inc

Rod and Lynn Bailey and Family

#### ***Alice R. Bair***

Carole Battisti

Dr. and Mrs. John Becker

Ronald Beckman Jr.

Clair E. Bigger

Drs. David and Susan Borys

Cynthia and Jefferey Bower

Gene and Amelia Bower and Family

Phil and Joyce Bower

Cathy T. Brendle

Amy Brent

#### ***Jeanette Brown and Brown Family & Friends***

Joseph and Cheryl Bubacz

Paula Curtis Burn

William and Christine Carlucci

Christina M. Carter

Nicholas and Carol Catino

Central PA Square & Round Dance Association

Roger D. Chilson

George and Janice Cohen

Todd and Melissa Coolidge

Lois O. Cox

Dr. and Mrs. Scott D. Croll

Tim and Ruthanne Crotty

CSR Enterprise Networks

Bruce and Beverly Davis

Linda L. Davis

Melissa and Robert Davis

Howard Dean

Peter and Rosemarie DePasquale

Richard and Nancy DeWald

Dickens Christmas Ornament Fundraiser

Carl and Lorraine DiParlo

Dorothy F. Dodge

Frani and Doug Doherty

Kelly Douglass

Diane L. Drajem

Cara Dykstra

John and Shirley Eck

#### ***Mr. and Mrs. John A. Eckman***

#### ***Stephen Elder***

Estate of Donald A. Nyce

Matthew and Lisa Feil

Chaplain Dave & Carol Fishel

Mr. and Mrs. Robert Fitzgerald

#### ***FNB Bank***

Harold and Sharon Fogle

Mary K. Fortin

William and Mildred Frazier

Ron and Judy Frick

Cindy Frost

Richard A. Fry

Nichole E. Frye

Larry Gerhard

Gesang Verein Harmonia, Inc. Ladies Auxiliary

Donald and Barbara Gfroerer

Crystal Gilbert

Dr. and Mrs. Russell Gombosi

Gravediggers Black 16U Softball Team

Nathan and Kathy Grenoble

Guyette Communication Industries

Phyllis S. Harman

Scott Harmon

Mr. and Mrs. Frank Hastings

Harry Hefty

David and Donna Heiney

Theresa Hepp

Hermance Machine Company

Cheri and Robert Heverly

William F. Hibschan

Ann M. Hocker

Hal and Karen Hoose

Kenneth and Ann Hoover

Stephen and Martha Huddy

Michael and Lyneah Hudock

Hudock Moyer Wealth Resources

Mark A. Huffman

Michael and Sharren Hummel

John and \*Barbara Hunsinger

Charissa J. Hunt

Jersey Shore State Bank

Jersey Shore State Bank - Duboistown Branch

Johnston Asset Management Group

Nicole A. Judge, PA-C

Mr. and Mrs. Robert E. Kane Jr.

J. Douglas Klingerman

Nancy J. Lady

Larry's Creek Fish & Game Club

Larson, Kellett & Associates, PC

#### ***Leclerc***

The Lenick Company

Leroy O. Buck Post 7863 - Veterans of Foreign Wars

Chris Leshner

David and Lynda Livingston

Lockard Insurance Agency

Mr. and Mrs. Samuel Long

Dr. and Mrs. David J. Lopatofsky

Loyal Order Moose Galedon Ldg 826

Pamela J. Lundy

Lycoming County Employees' Blue Jean Days

Lynn R. and Katie Mader

Audrey R. Magee

John P. and Judy L. Maietta

Joseph and Maryann Maresco

Patrick and Trisha Marty

Deb and Don Masser

Marguerite Mayer Estate

Amy McCorkel

McDonald's - Doug and Frani Doherty

Bob and Pat McKernan

Heather M. Mecone

Penny Merrill

Patricia E. Miller

Moff & Associates

Mrs. K. Irene Morgan

Debra Morin

Timm and Kristen Moyer

Muncy Inmate Organization

Newberry Lioness Club

Mrs. Betty Niles

PATHS, LLC

Sandy Patton, Gary Frymire and Peggy Frymire

Larry Allen Persun Estate

Joyce Peterson

William L. Phillips

Bianca Picco

Virgil R. and Elaine Probasco

Frederick D. Pysher

Joseph L. Reighard

Ronald and Lisa Reynolds

Linda D. Rhein, PhD

River Valley Country Club

Robert F. Snyder Post #6755 VFW Ladies Auxiliary

Sean and Cynthia Roman

Joseph and Louise Rossi  
 Michael L. Rupert  
 Saint John's - Newberry United Methodist Church  
 Elva M. Schmidt, RN  
 Schrader Architectural Products - Jack and Cindy Schrader  
 Deborah and James Scott  
 Angelo and Ann Serva  
 William C. and E. Ann Sherwood  
 Joseph\* and Charmaine Shockloss  
 Mark and Connie Sitler  
 Steven and Margaret Sleboda  
 Family of Reva Smith  
 Dr. Thomas C. Smith and Suzanne Dively-Smith  
 Abram M. and Dorothy M. Snyder Foundation, Inc.  
 Lance and Brenda Spitler & Steve and Leslie Bressler  
 Charles D. and Shirley Springman  
 Edward and Claire Stahley  
 Stantec  
 Jane Stine  
 Dr. Judith M. Stryker  
 Dr. and Mrs. Robert E. Swinsick  
 Edward Tanner  
 The Trout Run Hotel  
 Phil and Anne Tiberia  
 Carol Tobey  
 Tory Leather Company - Ron and Rosie Cimini  
 Tree House Fund  
 Laverne and Janice Tyson  
**W. R. Sims Agency**  
 Penne L. Watkins  
 Sherry and Jason Watts  
**Marshall Welch**  
 Melissa Welch  
 Wellsboro Moose Lodge No. 1147  
 Norman E. Wengert  
 Jacqueline Werts  
 Byron F. and Marlene B. Wetmore  
**Wilkinson Dunn Company**  
 Mr. and Mrs. Aneurin J. Williams Jr.  
**Williamsport Firefighters #736**  
**Williamsport Moving Company**  
 Patrick and Jennifer Wilson  
 Mr. and Mrs. Philip Wood  
 Woodcock Foundation for the Appreciation of the Arts, Inc.  
 XACRES  
 Young Men's Democratic Club of Lycoming County, Inc.  
 Zafar Grotto String Band, Inc.  
 Karen Zinobile

## \$500-\$999

**Amber Abbey**  
 Mrs. Wendy Albor  
 Amelia Abrunzo Bower and the Abrunzo Family Reunion  
 Anthony Confer and Athina Confer

Linda K. Arndt  
 Arnot Sportsmen Club, Inc.  
 James D. and Cindy Baker  
**Mary Baker**  
 Bank of America Charitable Foundation, Inc.  
 Lisa M. Barner  
**Bayard Printing Group**  
 BDA Healthcare Architects  
**Cynthia J. Beatty**  
 Michele K. Bergman  
 Elizabeth Bobenmoyer  
**Keith Boyer**  
 Christine A. Boyles  
 John and Cynthia Brindger  
 Lynne M. Brown  
 Wayne M. Butler  
**Dr. Patrick and Maureen Carey**  
**Mr. and Mrs. James E. Carlson, Esquire**  
 C. Edward Carson  
 Cenero LLC  
 The Central PA Miata Owners Club's Disbanded Members  
 Jennifer A. Clark  
 Karen S. Clark  
**Ned and Marie Clark**  
 Clemens Foundation  
 Adam Clements  
 Michele Comes  
 Ray F. and Janet Confer  
 Michael Creech  
 Christine Dale  
 Mark and Patty Davidson  
**David and Marjorie DeBlander**  
 Ron and Jeanne DeFeo  
 Kellie Derryberry  
 Mr. Craig Devenport  
 Divine Retiree Travelers  
 Thomas and Beth Dombrowsky  
 Pamela Douglas Fontello  
 Andrew S. Drajem  
 Cassandra Driver  
 Reverend Father Fidelis I. Ekemgba  
 The Emig Family  
 Kathleen L. Enigk Estate  
 Eric Stashak Photography  
 Fairfield Auto Group  
 Family Practice Center, PC - Cornerstone Family Health  
 Lisa and David Faughnan  
 James and Barbara Fedele  
 Jason and Pam Fink  
 Robin and Ethan Fink  
 Brady Finogle  
 The Family of Henry "Bud" Fisher  
 Denise R. Folmar  
 The Reasers  
 Jenny Foote  
 Susan "Sam" Forney

Robert J. Foust  
**Jodi Fox**  
**Greg and Marilyn Frailey**  
 Evelyn M. Free  
 Michelle R. Gaida  
 Thomas and Linda Gamble  
 Mr. and Mrs. James K. Gates II  
**Mark and Cynthia Geary**  
**Carlene F. Geyer**  
 William J. Glennon  
 Juliann W. Gombosi  
 June E. Grant  
 Heather F. Haefner and Mark Anderson  
 Brenda Hagedorn  
 Thomas J. Hart  
 April L. Hartzel-Lewis  
**Steven M. Hawley, DPM**  
 James G. Hedgeland  
 Dr. and Mrs. Steven Heffner  
 Becky Hess  
 Jane L. Hess  
 Donna L. Hill  
 Kathleen C. Hill  
**Jason Hines**  
 Deborah M. Hoffman  
 Anne and Tim Holladay  
 Ray and Linda Holland  
 Daniel Hontz  
 Howard Organization, Inc.  
 Huffman's Office Equipment  
 Hughesville American Legion Post #35  
 Sherry L. Hyland  
 Bob and Lou Ann Ireland  
 Ivy Lodge No. 397, Free and Accepted Masons  
 Reverend and Mrs. Charles P. Johnson  
 Phil and Christine Johnson  
 Stacey Kacyon  
 Sandra Kase  
 Susan J. and Mark Keeler  
**Peter and Rhonda Keller**  
 Robert and Ann Kerchoff  
 Ms. Stacy Knipe  
 Joan Koontz  
 Abbey M. Lepley  
**Dr. and Mrs. Albert G. Liddell**  
 Sharon T. Lindauer  
**Mr. and Mrs. Craig Litchfield**  
 Logue Industries, Inc.  
 Bradley S. Longtin  
**Sarah (Sally) Lott**  
 Kelly Luckenbaugh  
 Charles and Hallie Luppert  
 Donna L. Lynn  
 J. J. Magyar  
 Kathy Mannello  
 Chris, Mike, Dom and Anthony Marrazzo  
 Rhonda R. Martin

*Continued on page 21*

# Investing in Our Community: Our Services to You

## STATEMENT OF REVENUE AND EXPENSE

### REVENUE FISCAL YEAR 2014

NET PATIENT REVENUE	\$531,123,997
PROVISION FOR UNCOLLECTIBLE ACCOUNTS	\$(32,634,909)
NET PATIENT REVENUE	\$498,489,088
LESS PROVISION FOR UNCOLLECTIBLE ACCOUNTS	
OTHER REVENUES	\$15,617,362
<b>TOTAL REVENUE</b>	<b>\$514,106,450</b>

### OPERATING EXPENSES

SALARIES & WAGES AND EMPLOYEE BENEFITS	\$281,167,180
GENERAL OPERATING	\$109,407,242
SERVICES PURCHASED	\$51,808,446
DEPRECIATION AND AMORTIZATION	\$31,437,586
REPAIRS AND MAINTENANCE	\$20,817,927
INTEREST	\$10,123,131
INSURANCE AND TAXES	\$4,019,825
<b>TOTAL EXPENSES</b>	<b>\$508,781,337</b>
<b>EXCESS REVENUE OVER EXPENSES</b>	<b>\$5,325,113</b>

### USES OR REVENUE OVER EXPENSES

PATIENT CARE TECHNOLOGY	\$14,385,771
FACILITY MAINTENANCE	\$10,359,718
MASTER FACILITY PROJECT EXPENDITURES	\$18,218,400

Susquehanna Health encompasses four hospitals—Divine Providence Hospital, Muncy Valley Hospital, Soldiers + Sailors Memorial Hospital and Williamsport Regional Medical Center. But our care extends beyond our hospital doors. We are present where and when our community needs us. In 2014, we invested in these essential programs.

## SUBSIDIZED COMMUNITY CARE

### SUSQUEHANNA REGIONAL EMS (SREMS)—MOBILE INTENSIVE CARE UNITS/COUNTY SQUAD

Residents depend on paramedic and city ambulance services 24/7.

**\$500,000 subsidy**

### AMBULANCE SERVICE IN TIOGA COUNTY

**\$337,060**

### COMMUNITY HEALTH CENTER

Our mission ensures that the disadvantaged in our area receive health and dental care.

**\$906,543 cash subsidy**

### EMERGENCY DEPARTMENTS

Residents can rely on our 24/7 Emergency Departments. Includes Williamsport Regional Medical Center, Muncy Valley Hospital and Soldiers + Sailors Memorial Hospital.

**\$3,145,874**

### INPATIENT BEHAVIORAL HEALTH

Includes Divine Providence Hospital and Soldiers + Sailors Memorial Hospital. In 2014, 1,019 patients were admitted. Their average length of stay was 8 days.

**\$3,267,383**

### THE LIFECENTER

The LifeCenter served 28,292 people in 2014.

**\$61,004**

## OTHER SERVICES

### DUI PROCESSING CENTER

More than 350 sq. ft. of office space at Williamsport Regional Medical Center is provided for police officers to process DUI offenders.

**\$5,220**

### FORENSIC CENTER

More than 1,250 sq. ft. of office space at Williamsport Regional Medical Center houses the offices of the Lycoming County coroner, a comfortable waiting area and a high-tech facility for medical examiners.

**\$18,277**

### HEALTH PROFESSIONS EDUCATION

By offering space, staff resources and mentors, Susquehanna Health partners with Pennsylvania College of Technology, The Commonwealth Medical College and other organizations in the training of future healthcare providers, including doctors, nurses, lab technicians and nurse assistants.

**\$2,192,221**

## SERVICES IN LIEU OF TAXES

### ATHLETIC TRAINING SERVICES FOR MUNCY SCHOOL DISTRICT

Susquehanna Health Sports Medicine provides a full-time certified athletic trainer and a fully equipped training room to help train Muncy Junior/Senior High School students.

**\$29,000**

### ATHLETIC TRAINING SERVICES FOR WILLIAMSPORT AREA SCHOOL DISTRICT

Susquehanna Health Sports Medicine provides two full-time certified trainers and a fully equipped training room to help train Williamsport Area High School students. Employee health services, including flu vaccines, regulatory physical exams and substance abuse testing for mandated positions, are provided by Susquehanna Health's occupational health program, the WorkCenter.

**\$190,000**

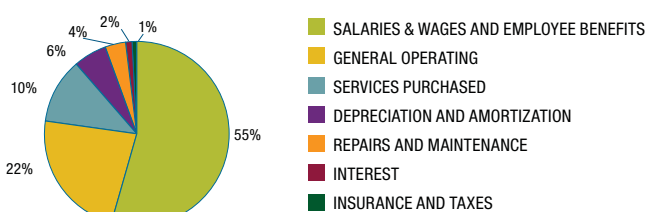
**(includes \$80,000 cash payment)**

## TOTAL REINVESTMENT IN OUR COMMUNITY

**\$90,482,855**

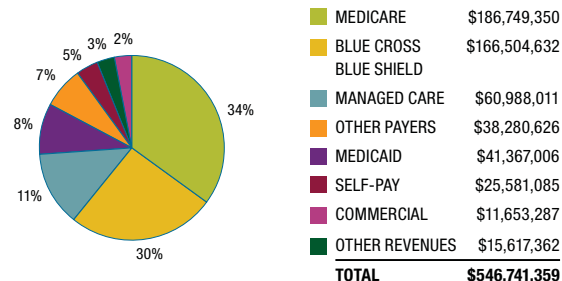
Includes community support categories, charity care at cost, Medicaid and Medicare unreimbursed cost, Nurse Family Partnership, services provided where no payment was received at cost and property taxes

## USES OF REVENUE



Learn more about our community outreach services at  
[SusquehannaHealth.org/Community](http://SusquehannaHealth.org/Community).

## SOURCES OF REVENUE





**\$500–\$999** *Continued from page 19*

Mr. and Mrs. Stephen A. Martin  
 Martin Rogers Associates, PC  
 Mr. and Mrs. Steven J. Masterson  
 Robert J. Mayshock  
 Sabrina V. McCollum  
 Barbara and Bernard McFadden  
 Pat and Jim McGee  
 Arleen P. McGuire  
 Cori and Matt McLaughlin  
 Robert and Janet McManigal  
 Renee K. McNutt  
 The Family of Claude “Junie” McQuillen  
 Vivian McQuillen  
 Ken and Lynn Michaels  
 Linda M. Mignot  
 Laurance and Roberta Miller  
 John and Cindy Missien  
**Montgomery Volunteer Fire Company**  
 Mountain View Farm - Wayne and Ann Rider  
 Dr. and Mrs. J. Dennis Murray  
 Mr. and Mrs. Joseph Neyhart  
 Mark C. Oberheim  
 Old Lycoming Township Volunteer Fire Company  
 Mary Kay Orso  
 Mary A. Owlett  
 Deborah A. Page  
**Palmer/Saul Family**  
 Melissa Pandolfi  
 Mr. Ferlin Patrick  
 PECO  
 Kathryn A. Penfield  
 Christine S. Perry  
 Mr. and Mrs. Gayle N. Phillips  
 Jason and Becki Phillips  
 Picture Rocks Lions Club  
 Ben and Lynn Plankenhorn & The Family  
 Plastic Development Company Spas  
 Daryl E. Price  
 Pearl E. Rathmell  
 Jay and Julie Raup  
 Beatrice E. Richart  
 Mr. and Mrs. Richard Riddle  
 Ben and Ann Riles  
 Grace E. Rizzo  
 Robert Wood Johnson Foundation  
 Patricia A. Rogers  
 LoriBeth Ryder  
 Sam Sawyer  
 Richard and Elizabeth Schluter  
 Timothy E. Schoener  
 Andrew and Kathy Schwartz  
 Charles and Helen Schwarz  
 Marie Scott  
 Scott Electric Foundation Inc.  
 Dave and Marilyn Seeling

Dr. and Mrs. Gordon A. Shaw  
 Patricia A. Shearer  
 Emily Shelley  
 Timothy and Sylvia Shumbat  
 Jeffery B. Sims  
 Laurie Smead  
 South Williamsport Elementary PTO  
 Theresa M. Stackhouse  
 Kimberly Stafford  
 Ray and Mary Jo Stahl  
 Jennie Stearns  
**Linda S. Steele**  
 Bob and Heidi Stopper  
 Suzanne and David Stopper  
 Stuart Lisowski Excavation & Garage, LLC  
 Susquehanna Health Retirees  
 Susquehanna Home Care & Hospice (Lycoming & Tioga Offices)  
 Mrs. Wendy Swartz  
**SWASD Rommelt Middle School**  
 Sylvia L. Moore Estate  
**\*Barbara W. Taber**  
 Ruth N. Taddeo  
 Loretta Temple  
**Jeffrey T. Thompson**  
 Peggy A. Thompson  
**Dr. Peter and Rose Trevouledes**  
 UGI Penn Natural Gas, Inc.  
 Susan R. Ulmer  
 Deborah and Bob Wallace  
 Jerry and Joy Walls  
 Ward Manufacturing LLC  
 Wascher Chiropractic Center  
 Cynthia D. Weaver  
 Harry and Rebecca Webster  
 Ats and Betty Lou Welker  
 Wellsboro Area United Fund  
 Connie Welshans  
 Kim Welton  
 West Branch Tennis Club, LLC  
 Cecelia Widger  
 Jamie Wieder  
 Williamsport High School Class of 1943  
 Williamsport High School Soccer Team  
 Lauren Willis  
 Mrs. Donna Wilson  
 Kimberly A. Wilson  
 Laurie Wilson  
 Donald N. Wilver Jr.  
 Alex Winner  
 Alex and Tracie Witter  
 Butch and Lois Woodard  
 Mary Alice S. Woodling  
 Kathy J. Wright  
 The York Children's Foundation  
 Young Men's Republican Club, Inc.

**\$250–\$499**

3 D Glass, LLC  
**Donald and Brenda Abplanalp**  
 Janet Adams & Family  
 Sharon R. Adams  
 Santia Akus  
 Brandi Alexander  
 Taanasa L. Alfred  
 Dana S. Allanson  
 Donna R. Allen  
 Jessie Anderson  
 Monte Anderson  
 Linda Andrade  
 Megan Apker  
 John and Mary Lou Archambault  
 Karen A. Armson  
 Carol L. Aul  
 Angela Auman  
 Nicole Auman  
 Terry L. Austin  
 Steven Avery  
 Lori and Gary Baer  
 Ashley Bailey  
 Brian and Victoria Bair  
 Lacy Baney  
 Matthew and Heather Baranoski  
 Jessica Barner  
 Ed and Lorraine Barone  
 Oliver Richard Bartlett  
 Wendy A. Batschelet  
 Edwin J. Beatty  
 Gregory L. Beck  
 Dr. Danielle L. Behrens  
 Ann S. Beitz  
 Mary Ann Bellfy  
 Bennardi & Barberio Dentistry  
**Kendra Benner**  
 Stephen Berger  
 Dusti Berninger  
 Stacey Berry  
 Bethel Linden Presbyterian Church  
 Barbara Biddison  
 Kim Black  
 Michelle Bohlin  
 Heidi A. Bonner  
**Diane Bookmiller**  
 Bostley's Pre-School Learning Centers, Inc.  
 Allyson E. Bower  
 The Bower Family: Amelia & Eugene, Maurice & Mary Jo and Mike & Peggy  
 Amy Bower  
 Dennis Bower  
 Lee and Greg Bower  
 Sherri M. Bower  
 Mercedes Bowersox  
 Thomas and Patricia Brigandi

## KEYSTONE SOCIETY

**\$250–\$499** *Continued*

Christine K. Broschious  
Mr. and Mrs. Gerald C. Broskey

April Brought

Candice Brown

Dan and Betsy Brubaker

**Barry and Jane Brucklacher**

Mr. and Mrs. John F. Bubb

**Ronald J. Butler**

The Family of Helen Jane Buttorff

Dr. and Mrs. David M. Cahill

Peggy J. Caldwell

**Dr. and Mrs. Ronald Callenberger**

Judy Campbell

Capozzi Adler, PC

Kenneth D. Caster

Debra P. Cillo

Ron and Rosie Cimini

Angela M. Clark

Scott Clark and Family

**Clean Air Testing Services, LLC**

Jessica Cleveland

Ernest and Brenda Coder

Ian Cole, MD

Kristine Cole

Deborah Colocino

Brittney Confer

Raven R. Cooley

Jesse Covert

Lori Crawford

Tammi R. Cremer

**Kimberly and Oliver Crisp**

Spencer G. Cryder

Jeffrey Cundiff

Mark and Annette Davis

William D. Davis

Haley Deemer

Joann A. Deihl

Phillip and Dawn DePasqua

Mildred I. Dessify

Frank and Alice Deter

Anna R. Detweiler

Margaret A. Devaney

Mr. and Mrs. Omar E. DeWald

Samantha Diehl

Dale K. Diermyer

Trevor Dietrich

Dill Buttons of America, Inc.

Lucinda J. DiMichele

Angela Dixon

Boneita A. Dodge

Brian Driscoll

**DuBoistown Fire Department**

**Susan and Charles Duchman**

Linda K. Duda

Christine Dudek

Dena K. Dunlap

Kalee L. Dupert

Dwight D. Eisenhower Army Medical Center  
Behavioral Health Careline Staff

Dr. Donald Dworek

Virginia Eaton

Samuel Eck

Janice M. Eckrote

Greta L. Eichenlaub

Jenna Elmes

EM Hawaii Tours, LLC

Teia and Brian Engel

Lisa R. English

Nicole English

Pamela R. Erb

Margaret Esbenschade

Susan S. Everett

Fairfield Manufacturing Co., Inc.

Merry Feirick

Mrs. Angela M. Ferris

Finger Lakes STPR Motorsports, LLC

Alyssa Fink

First Community Foundation Partnership of  
Pennsylvania

Joanne B. Fisher

Lisa Fogelman

Tammy L. Folk

Deborah Fontaine

Bonnie R. Ford

Cynthia F. Fox

John Fox

Amber L. Fraley

Tina Fraley

**Kesha Frantz**

Thomas and Brenda Freeman

Mary C. Froelich

Marianne and John Gaddy, Max and Lenna Gill &  
Sophie Andrascik

Marc C. Galin

Kimberly Gardner

Leslie Garner

**Jodi Gates**

Thomas and Sarah Gehret

**George J. Hayden Inc. Electric**

Colleen Gilbert

Patrick and Joy Gilson

**Raymond and Mary Ginn**

Guy and Dorothea Giordano

Terry and Susan Girdon

**Janis and Gary Glenn**

Jennifer Golden

Karen Goltz

**Dr. and Mrs. Russell L. Gombosi**

John Good

Jennifer A. Gordner

Belinda S. Gough

Governor and Mrs. Tom Corbett

Gary J. Gower

**Dan and Jennifer Griffin**

Allison Grimes

**Erica Groff**

Isabelle M. Guembou

Anna Guthrie

**Mary Beth Guyette**

Aimee Haag

Darlyn and Tim Haas

Cynthia Hafler

Ashley Harmonosky

Donald and Kathy Harris

Caitlin Hartley

Steve and Phoebe Hauptert

Lisa Hauser

Nancy J. Hauser

Mary Kay Hawn

David and Patrice Hein & Bill, Kelly and Drew  
Enigk

Stephanie L. Helsel

Gene and Sally Herritt

Michael Heyd

High Company LLC

**Amy Hill**

Autumn S. Hill

**Rosa Hill**

Renee and Johnny Hinds

**The Hite Company**

Kayla Hively

Violeta Holtzaple

Elizabeth Horning

Danna Houseknecht

Harry Hovenstine

Thomas Hoy

Jillian Ibbs

Mr. and Mrs. Clarence Iceman

**Donald and Lynda Imbimbo**

Sandi Irion

Jac's Produce

**George M. Johnson**

Norman and Muriel Jolin

Dr. and Mrs. Ralph H. Kaiser

**Alexander Karney**

R. David and Joann Kay

Megan Kennedy

Carl and Christy Kephart

Shelley R. Kerwell

Caitlyn Kiessling

Matthew Kiessling

Jannette Killian

Stephanie King

Jacqueline L. Kinney

**Dr. and Mrs. Kevin W. Kist Jr.**

Barbara A. Kitka

Cindy K. Kling

Jason Kling

Karen B. Kling

*Continued on page 26*

# Wish List

Susquehanna Health Foundation has asked our patient care managers to share their wish lists—items that operational funding cannot cover this year. The Foundation is asking the community to provide the necessary funds or a portion of the funds to purchase the items below.

☐ Valet services (any amount)

*Susquehanna Health*

Valet parking was started to assist patients and visitors during the construction at Divine Providence Hospital and Williamsport Regional Medical Center. Patients and families have requested that Susquehanna Health continue this service. Any donation will help defray the costs and help enable us to continue this service.

☐ One HALO Sleep Sack (\$7.05)

*The Birthplace*

In a sleep sack, a baby is warm and swaddled and does not need additional covering. The Birthplace has had great outcomes with its safe sleep education initiatives in collaboration with the Lycoming County Coroner's Office and Cribs for Kids.

☐ Books for pediatric patients (\$25)

*Emergency Department*

Books, when available, are provided to all pediatric patients who are treated in one of our emergency departments. The books give children something else to focus on during what can be an anxious time.

☐ Laptop (\$350)

*Susquehanna Health Skilled Nursing & Rehabilitation Center*

A laptop would enhance the activities offered in the long-term care facility. The residents can use it as a group to play games as well as for karaoke.

☐ Grief support for one child for half of a program year (\$500)

*Heartworks*

Heartworks is a free program for children ages 4 to 17 who have experienced the loss of a loved one.

☐ iPad (\$850)

*Susquehanna Health Cancer Center*

One iPad for patients to utilize while undergoing chemotherapy.

## DONATE TO MAKE A WISH COME TRUE.

If you would like to make a gift to purchase one or more Wish List items, please enclose your check in the magazine's attached envelope and make a note of which item(s) you wish to fund. You also can make a gift online at [SusquehannaHealth.org/Donate](http://SusquehannaHealth.org/Donate) by making a note in the comments section.

.....



# Our Donors Are Making a Difference

We are proud of the many programs and services our hospitals have to offer. Because of the continued involvement of our community—and the generous support of friends like you—Susquehanna Health Foundation looks forward to tomorrow, and we offer heartfelt thanks to our many contributors.

## Creating a lasting impact...

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As you honor and remember **755** individuals through a tribute gift in 2014

By partnering with us **4,734** individuals, organizations and foundations supported Susquehanna Health in 2014

Through your legacy **\$1,135,468** was donated through planned gifts and bequests in 2014

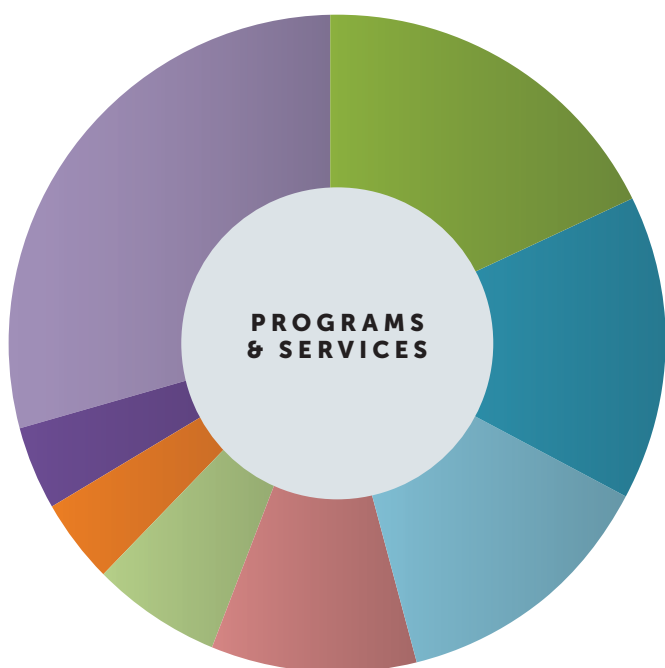


Susquehanna Health Employees and Medical Staff donated **\$440,197** in 2014.

# 2014 IMPACT REPORT

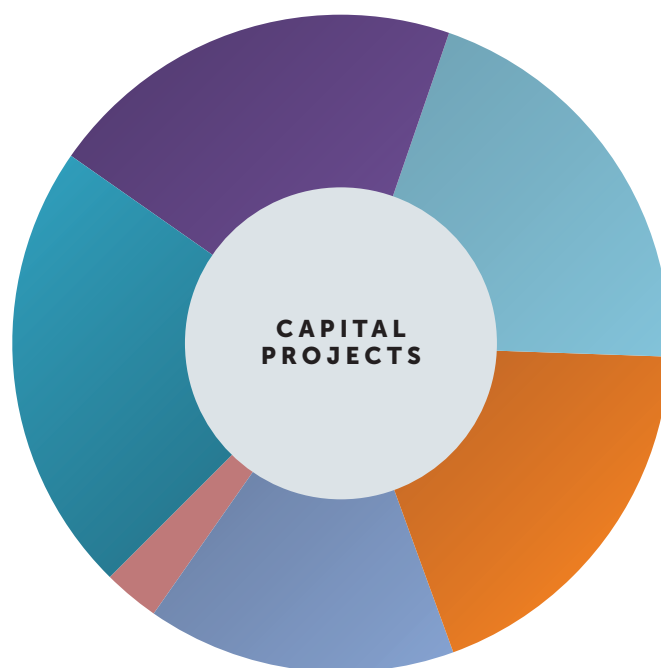
## BREAKDOWN

OF CONTRIBUTIONS BY FUNDS



Breast Health Center	\$108,901
Hospitality Inn	\$86,500
The Gatehouse	\$79,016
Home Care & Hospice	\$58,141
Cancer Center	\$38,310
Soldiers + Sailors Memorial Hospital Greatest Need	\$25,343
Scholarships & Awards	\$23,992
Other	\$175,060

**\$595,263**



Muncy Valley Hospital - Emergency Department	\$773,315
Divine Providence Hospital - Bone & Joint Institute	\$717,267
Williamsport Regional Medical Center - Health Innovation Center	\$698,203
Building for the Future Capital Campaign - Soldiers + Sailors Memorial Hospital	\$654,111
Continuing the Innovation Capital Campaign - Unrestricted	\$526,829
Project 2012	\$96,150

**\$3,465,875**

**TOTAL**  
**\$4,061,138**

\*Represents donations received January 1 to December 31, 2014

## KEYSTONE SOCIETY

**\$250–\$499** *Continued from page 22*

Kyle Klingborg  
 Dr. and Mrs. Aaron J. Kolb  
 Krames StayWell, LLC  
 Ashley A. Krause  
 Jessica Krikorian  
**Wita Kuglasz**  
 Dianna J. Kuzo  
 Ina R. Kyle  
 Kathybeth Lamade  
 Heather D. Lamper  
 Beda Lee  
 Megan Legerlotz  
 Jessica Lehman  
 Joanne S. Levan  
 Katina Lewis  
 Lt. Col. and Mrs. Michael W. Lichty USAF (Ret)  
 Dawn Lipinski  
 Marlys J. Litchfield  
 Rebecca A. Logan  
 Bonnie L. Lorson  
 Lycoming Creek Lions Club  
 Lycoming Mall  
 Charissa A. Lynn  
 Sapphire MacCain  
 Michele and Paul Mach  
 Donna M. Mackin  
 Suzanne Maggiore and Robert Cooper  
**Talas Mahon**  
 Bernie Maliko  
 Kimberly and David Manning  
 Lori Markel  
 Thomas Marnon  
 Brian, Erin and Kennedy Marsh  
 Charles W. Martin  
 Michael and Suzanne Martin  
 Rick Mason and Anne Rice  
 Rosanne Mattiace  
 Trudy Mausteller  
**Jennifer May, PA-C**  
 Patti J. McClelland  
 Jay and Sue McCormick  
 Constance McFadden  
 Tara McKibben  
 The Staff of McNerney, Page, Vanderlin & Hall  
 Jamie L. Mechtly  
**Medisync**  
 Senta and Brad Meister  
 Glenda Merkel  
 Kim Mertes  
 Patricia Messinger  
**Kimberly Mielke**  
 Shannon M. Millay  
 Cynthia A. Miller  
**Donald L. Miller**

Gregory J. Miller  
 Jenifer L. Miller  
 Ryan and Jacki Miller  
 Samantha Miller  
 Amanda Mills  
 Betty J. Mills  
 April D. Mingo  
 Mitchell Gallagher PC Attorneys At Law  
 Theresa Moff  
 Loretta Moffatt  
 Erin A. Molino  
 Staci Mondell  
 Nancy and LaRue Montanye  
 Deborah and David Montgomery  
 Michael Moolick  
 Janet Beth Moore  
 Sarah Morehart  
 Barbara J. Morgan  
 Joshua Moyer  
 Sharon Moyer  
 Tessa K. Mundrick  
 Joseph R. Murray  
 Joseph and Susan Myers  
 Roger W. and Patricia D. Myers  
 Nicole P. Nardi  
 JoAnn, Martin, Kris and Phil Nasadowski, and  
 Fran Opiela  
 Danut F. Neagu  
 Anda M. Nichols  
 Nisbet Volunteer Fire Co.  
 Northcentral PA Estate Planners  
 Cynthia K. O'Connor  
 Oak Grove Community Center, Inc.  
**Ruth E. Ohnmeiss Estate**  
 David D. Oldham  
 Matthew Orshaw  
**Mr. and Mrs. Edward H. Owlett III**  
 Daniel Pace  
 David Palski  
 William P. Panaski  
 Denise Parke  
 Dr. and Mrs. Timothy P. Pastore  
 Nancy E. Patchen  
**Tanner Paulhamus**  
 Lisa Paz PA-C  
 Erin Perry  
 Mimi Petts  
 Bethany Pham  
 Dr. Luan Pham  
 Dave and Linda Phillips  
 Mrs. Jonathon G. Phillips  
 Trey Phillips and Judy Hakes  
 Heidi Pier  
 The Staff of Pinnacle Health Psychological Associates  
**Pine Run United Methodist Church**  
 Chris and Denise Plankenhorn

Anita L. Ploetz  
 Rick, Anita and Amy Poust  
 Abby Price  
 PRO2 Respiratory Services  
 Cassidy Puryear  
**Heidi Quinn**  
 Beckylee Randall  
 Charlotte G. Ratke  
 Susan Rearick  
 Karen S. Reasner  
 Kimberly S. Reaves-Canty  
 Dr. Christopher Reilly and Dr. Teresa Bianco  
 Anne Rhoads  
 Susan Rider  
 Bill Rischar  
**Mr. and Mrs. Todd Rishel**  
 Diane M. Rodgers  
 Shantay M. Rodo  
 Ed and Amy Rogers & Family  
 Paul H. and Tacie E. Rooney Jr.  
 Elizabeth Rovenolt  
 Misty Rozyckie  
 Suzana Russian  
 John and Marian Ryan  
 Jacqueline Sampsell  
 Frederic G. Sanford, MD  
 Garrett and Lori Sanner  
 Christina Sarge  
 Susan Sarginger  
 Lynn S. Sauers, RN  
 Megan E. Saunders  
 Edward E. Schechterly  
 Mr. and Mrs. Michael D. Scherneck  
 Tinicia R. Schick  
 Charles and Marlene Schmoke  
 Maggie Schneider  
 Ronald and Martha Schoener  
 Carol P. Shaner  
 Vicki Shimko  
 Michael Simon  
 Donald and Andralee Sinsabaugh  
 Jewelyan Skripek  
 Thomas and Margo Slichter  
 Jim Slotterback  
 Bud and Jan Smeenck  
 Allison Smith  
 Amanda J. Smith  
 Crystal Smith  
 Heather Smith  
 Ruth Smith  
 Susan M. Smith  
**Sarah Smoker**  
 John Snurkowski  
 Donna Sortman  
 South Williamsport Area High School FCCLA  
 Lori Spencer



Pamela C. Spigelmyer  
 Donna Stackhouse  
 Heather Stafford  
 Lacy Statts  
 Joshua M. Steimling  
 Lynnda H. Steimling  
 Steinbacher & Stahl  
 Frank A. Stetts  
 Doris E. Stevens  
 Kathy Stine  
 Carl P. Strand  
 Suzanne M. Stroble  
***Ann and Ronald Strong***  
 Elizabeth Stugart  
 Amanda Tennis  
 Valerie and Joshua Trego  
 George Trippany  
 Sheena Troxell  
***TurnKey Electric, Inc.***  
 Ultimate Express Car Wash  
 Mr. and Mrs. Rudolph van der Hiel  
 Joan L. VanAllen  
 Richard and Marylou Vanderkous  
 Dr. Jeffrey N. Verzella

Jim Vitale  
 Renee A. VonStein  
 Patricia A. Wagner  
 Chelsy Waldman  
 Stephen and Corinne Waldman  
 David P. Waltz  
 Cynthia Wanamaker  
 David Watral  
 Mark and Kelly Watson  
 Michele Watson  
 Carol K. Webb  
 Tammy E. Weber  
***Jason and Chandra Weigle***  
 Sally A. Wentzler  
***Arnold Werts***  
 Tara Wesneski  
 West Pharmaceutical Services  
 Mary Wetmore  
 Christine Wheary  
 Robert and Sandra Wheeland  
 Barry K. and C. Cynthia Whipple  
 Alysse Williams  
 Casey Williams  
 Robert and Connie Williams

Scarlet Williams  
***Nikolus Williams-Daniels***  
 Heather M. Williamson  
 Wilmington Trust  
 Aaron Wilson  
 Marian V. Wilson  
 David and Lottie Witmer  
 Valerie J. Wohlfert-White  
 Woodlands Bank Employees Fund Raiser Group  
 Andrea J. Woodling  
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 Kim Wykoff  
 Carol A. Yacko  
 Prince Yeboah  
 Carrie Yetter  
 James E. and Mary C. Yordy  
***David and Karen Young***  
 Romy D. Young  
 Young Industries, Inc.  
 Robert and Lainey Zenzinger  
 Megan Zettlemoyer  
 Reed and Janet Zimmer

## #GIVINGTUESDAY™

On December 2, 2014, dubbed #GivingTuesday, 63 donors gave a total of \$16,680 to Susquehanna Health. With matching gifts provided by Hudock Moyer Wealth Resources and Doug and Frani Doherty of McDonald's, donations totaled \$35,600. This is the first year Susquehanna Health has participated in this national giving movement.

Susquehanna Health Foundation joined #GivingTuesday to help raise money for the *Continuing the Innovation* Capital Campaign, an effort to raise \$7.5 million to build new facilities, enhance technology and attract and retain top medical professionals.

Coinciding with the Thanksgiving holiday and the kickoff of the holiday shopping season, #GivingTuesday was founded in 2012 to inspire people to take collaborative action toward improving their communities by giving back in smarter ways to charities and other causes. Taking place the Tuesday after Thanksgiving, #GivingTuesday harnesses the power of social media to create a national movement of giving, similar to how Black Friday and Cyber Monday have become days dedicated to holiday shopping.

"Thank you to our matching gift sponsors Hudock Moyer Wealth Resources and Doug and Frani Doherty of McDonald's as well as our marketing and media sponsors, Bayard Printing Group, Data Papers, Inc., iHeartMedia and Lamar Advertising, for their ongoing commitment to local healthcare and full support of this global day of giving," said **Sherry Watts**, Vice President of Development at Susquehanna Health.



**BLACK FRIDAY. CYBER MONDAY.**  
**#GIVINGTUESDAY™**  
**SUSQUEHANNAHEALTH.ORG/DONATE**

## LEGACY SOCIETY

**The Legacy Society** recognizes those who made a planned or estate gift to Susquehanna Health Foundation.

## Legacy Society Members – Current

John\* and Eva Mae Archer  
Diane Bookmiller  
Mr. and Mrs. Donald R. Creamer  
Robert P. and Linda H. Crockett  
Ron and Jeanne DeFeo  
John and Janet Dougherty  
G. Alan and Priscilla D. Frey  
Timothy M. and Mary C. Gage  
Dr. Davie Jane Gilmour  
Joe and Carolyn Hume  
Clarence and Lillian Iceman  
Steven and Mary Ann Johnson  
Mr. and Mrs. Michael D. Karstetter  
Raymond E. Kehrer Jr.  
Ruth and Ben Keller  
Mr. and Mrs. George Koons  
Nancy J. Lady  
*In Memory of Andrew Lady*  
Christy and David Lassiter  
Stephen C., John W. and John C. Lundy  
Fund  
Dr. and Mrs. George A. Manchester  
Charlotte E. Maxwell  
Mr. and Mrs. Peyton D. McDonald  
Mrs. Betty Niles  
Dr. Robert and the Reverend Christine  
Purcell  
Donna E. Sayah  
Walter and Marian Schell  
Mr. and Mrs. Michael D. Scherneck  
Jean and J. Richard Soars  
Marvin and Jean Staiman  
Bill and Kim Van Campen  
Mr. and Mrs. Richard A. Vanderlin  
Matthew G. Wech  
Marshall D. Welch Jr., DDS  
Thelma White  
Dr. and Mrs. Robert S. Yasui

Dr. and Mrs. Chan Yoon  
Marie B. Zurinsky

## Legacy Society Members – Past

Ruth D. Adams Estate  
Ruth A. Anstadt Estate  
Ruth S. Askey Estate  
Howard R. Baldwin Jr. Estate  
Estelle S. Bartlett Estate  
Dorothy M. Bartlow Estate  
Kathryn R. Biggar Estate  
Gertrude M. Blatchley Estate  
Kenneth and Lulu Blessing Trust  
Margaret R. Brown Estate  
Helen L. Bruner Estate  
Richard K. Burrows  
Helen Callaghan Estate  
Adelina Caporaletti  
Palma Colesanti Estate  
Alice and Charles Corbett  
Anne E. Cranmer Estate  
Ralph R. Cranmer Estate  
E. Ruth Crist Estate  
A. Virginia Dannelley Estate  
William H. Jackson Dawson Estate  
Austin Deck Estate  
Doris and Fred Diehl Estate  
Mary G. Dore Estate  
Richard M. Dore Estate  
James W. Dow Estate  
William J. Dunlap Sr. Estate  
Walter P. Eilers Sr. Estate  
Kathleen L. Enigk Estate  
Aurele B. Ewing Trust  
Jo-Anne Fawcett Estate  
Katherine M. Fetter Estate  
Elizabeth K. Frederick Estate  
*In Memory of William Frederick*  
Sarah J. Fry Estate

Leonard F. Gajewski Estate  
Lester Gehr Estate  
George W. and Lillian B. German  
Testamentary Trust  
Louise Goodman  
Peter J. Goodwin  
Amelia F. Grieco Estate  
Mary Hanner Estate  
Ralph and Mary Hart Endowment Fund  
David A. Harvey Estate  
Christine H. Himes Estate  
K. Alan Himes Estate  
Catharine Hollenbeck Estate  
Ida A. Hoshauer Estate  
Charles William Humphrey Estate  
B. G. Johnson Estate  
Rosetta C. Keefer Estate  
Esther Kehler Estate  
Matthew Kissell Estate  
Mary E. Krise Estate  
Elizabeth P. Lyon Estate  
Joseph N. Lytle Estate  
Robert B. and Virginia W. MacIndoe Trust  
Thomas J. Malloy Estate  
W. Robert Maust Estate  
Marguerite Mayer Estate  
Peter J. McGovern  
Janet I. McQuillen Estate  
Kenneth Meier Estate  
Mary G. Mosser Estate  
Wilhelmina J. Myers Estate  
Donald A. Nyce Estate  
Ruth E. Ohnmeiss Estate  
Theresa M. Paternostro Estate  
Larry Allen Persun Estate  
William Pickelner Estate  
Dr. and Mrs. Paul B. Reis  
*In Memory of Al J. Smith*  
Robert K. Rewalt Estate  
Paul L. Ridall Estate  
Thomas J. Rider Trust

Lulu B. Roat Estate  
 Beatrice W. Royston Estate  
 Joy M. Shaner Estate  
 Rebecca E. Sherman Estate  
 Emily W. Simpson Estate  
 Henry C. Sitler Estate  
 Josephine Smith Estate  
 John G. and Mabel M. Snowden Memorial Fund  
 Louella B. Snyder Estate  
 Anna D. Stapleton Estate  
 Marion Stopper Estate  
 Ralph B. Strawbridge Estate  
*In Memory of John W. and Sarah M. Strawbridge and Enjar and Clara P. Norman*  
 Luther L. Stroup Estate  
 Barbara W. Taber  
 W. Wendle Taggart  
 Russell E. Tingle Trust and Emogene L. Tingle Estate  
 Argeno and Eleanor Vannucci Estate  
 Ross Vickers Estate  
 Luigi Vittorio Estate  
 Mary C. Vogel Estate  
 Raymond F. Vogel Estate  
 E. Louise "Petie" Waltman Estate  
 Dwight and Eunice Waltz Estate  
 Leonard G. Weber Estate  
 Weisel Family Trust  
 Eugene Welteroth Estate  
 Helen Wilkins Estate  
 Beatrice I. Winters Estate  
 Marion Calvert Wright Estate  
 Albert F. Young Trust  
 Mary Louise Zimmerman Estate



## Making Charitable Gifts in Your Will

Each year, thousands of individuals designate a portion of their assets to America's charitable organizations. Gifts by will have become part of the American philanthropic tradition because they enable one to make significant contributions that might not have been possible during life.

In addition to the feeling of personal satisfaction, a philanthropic bequest can provide estate tax savings, depending upon the size of your estate.

Gifts by will can also be tailored to meet your specific personal and financial objectives. For example, you might wish to express your bequest as a percentage of your estate rather than a specific dollar amount, thereby protecting your intended beneficiaries in the event of a reduction in the size of your estate.

Your bequest allows Susquehanna Health to plan for future healthcare needs of our community, knowing that your gift will be there.

For information about including Susquehanna Health Foundation in your will, contact Tom O'Connell, Major and Planned Gifts Officer, at (570) 320-7612 or visit our website at [SusquehannaHealth.giftplans.org](http://SusquehannaHealth.giftplans.org).



By bringing the best physicians and advanced medical treatments to our region, Susquehanna Health delivers on its promise to provide high-quality, patient-centered care.

# new d

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## William Cicio, MD

Heart & Vascular Institute

Susquehanna Health Heart & Vascular Institute is pleased to welcome its newest cardiologist, Dr. William Cicio. He has nearly 15 years of experience as a cardiologist that includes medical directorships in both diagnostic cardiac services and cardiac rehabilitation. Dr. Cicio is fellowship trained in cardiology and holds board certifications in both internal medicine and cardiovascular disease. Susquehanna Health is affiliated with Cleveland Clinic Sydell and Arnold Miller Family Heart and Vascular Institute, ranked number one in heart care by *U.S. News & World Report* for 20 consecutive years.

## Camille Hinojosa, MD

WorkCenter

Susquehanna Health WorkCenter is pleased to welcome Dr. Camille Hinojosa, board-certified occupational medicine physician, as the center's new medical director. She earned her medical degree from Texas A&M University and her Master of Public Health in occupational and environmental medicine from the University of Texas at Houston Health Science Center School of Public Health.

# octors



**John Hynes, MD**  
Heart & Vascular Institute

Susquehanna Health Heart & Vascular Institute is pleased to welcome Dr. John Hynes. Dr. Hynes received his Doctor of Medicine degree from University of Texas Health Sciences Center Medical School, San Antonio and completed his residency at University of Alabama Birmingham (UAB) Hospitals. He also completed two fellowships at Milton S. Hershey Medical Center and Penn State College of Medicine in cardiology and electrophysiology. Dr. Hynes has nearly a decade of experience using state-of-the-art technology to treat complex heart rhythm disorders.



**Saadullah Khan, MD**  
Digestive Disease Center

Susquehanna Health Digestive Disease Center welcomes Dr. Saadullah Khan. Dr. Khan is board certified in gastroenterology and has relocated to Williamsport from Joplin, Missouri, where he worked for Freeman Health Systems. He completed his fellowship at Georgetown Medical Center in Washington, D.C. and is a member of the American Gastroenterology Association.

# new doctors



**Emily Solow, DO**  
General Surgery

Susquehanna Health General Surgery at Wellsboro welcomes Dr. Emily Solow. Dr. Solow is board certified in general surgery and earned her medical degree from Southeastern University Health Sciences in Florida. She completed her residency as chief surgical resident at Genesys Regional Health Center in Flint, Michigan and is a member of the American College of Surgeons.



**Yevgeny Zadov, DO**  
Rehabilitation

Susquehanna Health Rehabilitation Services welcomes Dr. Yevgeny Zadov to its team of physicians, rehabilitation nurses and physical, occupational and speech therapists. Dr. Zadov is a board-certified and fellowship-trained physiatrist with experience in non-interventional pain management, brain injury and osteopathic manipulative medicine. He received his medical degree from the New York College of Osteopathic Medicine and is fellowship trained in traumatic brain injury and polytrauma through Virginia Commonwealth University.



## TREE OF LIFE CLUB

The **Tree of Life Club** is the employee giving club at Susquehanna Health. ☺ denotes Hour Club members. The Hour Club is an elite group that recognizes employees who make a tremendous commitment by giving back one hour of pay every pay. Listed below are all **new** TLC donors from **September 9 – December 31, 2014.**



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## Teaching Your Kids to Give & Save

### The 3-Way Split Trick

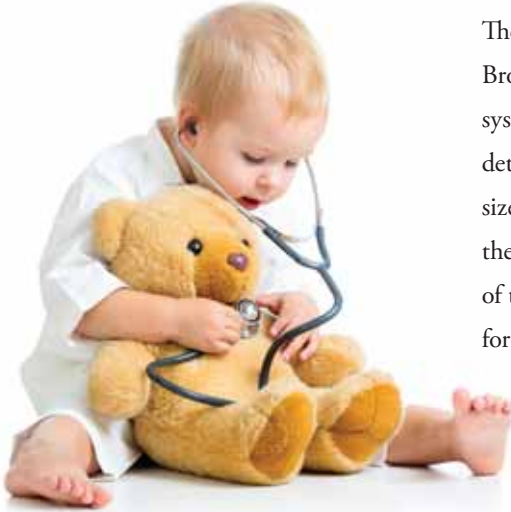
Set up a system with your children that requires a three-way split of allowances and money earned.

- 1/3 goes into a jar for savings
- 1/3 goes into a jar for a charity (letting them decide where the donation money should go is empowering and will lead to a rewarding family discussion)
- 1/3 is theirs to keep (Let your child use his/her spending money on almost anything they wish, no matter how foolish. The theory is: if it breaks, lesson learned.)



# Your Contributions at Work

## Pediatric Resuscitation Cart



### Emergency treatment is not one size fits all.

Pediatric patients, for example, have little bodies and weigh less than adults, often requiring reduced doses of medicine, smaller IV bags, and tinier needles and tubes. When a child's heart or breathing has stopped, it is critical for caregivers to adjust quickly to differences in size. Thanks to a grant from the Tree House Fund, a new pediatric resuscitation cart at Muncy Valley Hospital Emergency Department is making it simpler, faster and safer for staff to take life-saving steps for their youngest patients.

The Muncy Valley Hospital Emergency Department had previously been equipped to render life-saving measures for children by keeping the pediatric-sized tools and medicine doses stored alongside those for adults on standard crash carts. To realize an optimal treatment scenario for children in the new Emergency Department, medical staff included a pediatric resuscitation cart in their plan.

The cart is built to correspond with the Broselow tape, a universal measuring system used by medical staff to quickly determine proper doses and equipment sizes for patients—without having to weigh them. Colors on the tape indicate the size of tools and medicine doses appropriate for each patient size. The seven drawers on the new pediatric resuscitation cart are each marked with a different color to correspond to recognized pediatric sizes—from the pink/red top drawer for the smallest, then purple, yellow, white, blue, orange and the green bottom drawer for the largest children. Inside each drawer is appropriately sized equipment to restore the patient's breathing or heartbeat. The cart also holds a defibrillator on top.

"The cart streamlines the process to make it faster and safer for the patient. If staff measure the patient at green, they can immediately open the green drawer without having to do any calculations or conversions," says **Sharon Adams, RN, BSN**, Manager of Patient Care for Muncy Valley Hospital Emergency Department. "Everything is available at their fingertips to enact a seamless, rapid response and get treatment started promptly."

The cart has been in the Muncy Valley Hospital Emergency Department since October 2014 thanks to the grant from the Tree House Fund, a field of interest fund within the First Community Foundation Partnership of Pennsylvania. The Tree House Fund supports

organizations focused on programming and projects that benefit children and youth in the north-central region of Pennsylvania.

Purchase of the cart coincided with the decision to equip other Susquehanna Health locations with this life-saving innovation, including the emergency departments at Williamsport Regional Medical Center and Soldiers + Sailors Memorial Hospital.





# MORE CONTRIBUTIONS AT WORK

Free Lung Cancer Screenings  
Part of High-Demand Outreach

Forty high-risk individuals received free lung cancer screenings through a community outreach program funded by contributions to Susquehanna Health Foundation and the Susquehanna Health Cancer Center. The screenings, held in late summer 2014, were part of a Susquehanna Health community outreach program that is aimed at reducing the higher-than-average incidence of lung cancer in the region. Demand for the free low-dose computed tomography (LDCT) scans was so great that organizers stopped advertising them after just one week.



**"Quitting smoking is by far the best preventative measure for lung cancer. Every component of our outreach includes smoking cessation education."**

– Michelle Gaida

"We were absolutely surprised by the response," says **Michelle Gaida**, Executive Director of the Susquehanna Health Cancer Center. "Radiology had to expand both screening days from half days to full, eight-hour days. There is an interest and demand for the screening, but for many, the cost was a significant barrier."

Lung cancer is the deadliest cancer and third leading cause of death in the United States. According to the Centers for Disease Control, the incidence rate of lung cancer in Susquehanna Health's service area is higher than the state average. Pennsylvania Department of Health records also show that more Lycoming County adult residents smoke than the state average.

To combat these risks, Susquehanna Health began with education. Clinicians established a lung cancer and tobacco cessation booth for a community block party in early August. They surveyed and consulted with 45 adult smokers and found that 37 percent of them have a family history of cancer, and 35 percent were receptive to the idea of quitting as a result of that counseling.

"Quitting smoking is by far the best preventative measure for lung cancer," says Michelle. "Every component of our outreach includes smoking cessation education."

The free screening was offered next. Lung cancer screening is not an alternative to smoking cessation, but the U.S. Preventative Services Task Force (USPSTF) recently recommended that annual screenings with LDCT in high-risk individuals could prevent a substantial number of lung cancer-related deaths. Susquehanna Health's free screening at the Medical Plaza at Montoursville included a commitment to follow-up screenings (per evidence-based guidelines) for participants until their insurance covers it.

Per USPSTF recommendations, participants were 55 to 80 years old with a 30-pack-a-year smoking history. Those who no longer smoked had to have quit within the past 15 years. A physician referral and tobacco use counseling were also required.

For 24 of the participants, the screenings revealed conditions such as emphysema, smoking-related lung disease, bronchiectasis, coronary calcifications and fatty liver. Two participants with "probably benign" findings were recommended for a follow-up screening in six months. All of the participants' referring providers received the screening results along with the USPSTF screening and Lung-RADS follow-up guidelines.

"Since those initial screenings, most commercial insurance companies are covering LDCT screenings for those who meet the eligibility criteria. Medicare just announced final plans for coverage too. Those changes could help get more cases of lung cancer detected earlier and possibly improve chances of survival," says Michelle. "Our outreach will continue to be important to tell the community about the scans and the life-saving value of smoking cessation."



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- Honoring Women Golf Tournament • **June 1**
- Coaches' Invitational Golf Tournament • **July 10**
- Susquehanna Health Invitational Golf Tournament • **August 10**
- Muncy Valley Hospital Invitational Golf Tournament • **September 11**
- Soldiers + Sailors Memorial Hospital Pro-Am Golf Tournament • **September 21**



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