

foundation focus

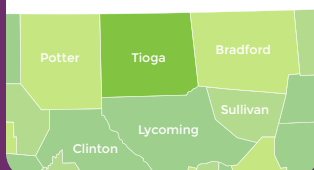
VOLUME 27 | SPRING 2017

Conquering Cancer. Celebrating Life.

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*“Award-winning programs
share a common thread:
a patient-centric
focus that drives delivery
of care.”*

—David J. Lopatofsky, MD, MMM, FAAFP



We are grateful for this opportunity to be UPMC Susquehanna. It is unlike anything we have been a part of in our journey thus far. It will enable us to shorten timeframes for developing new strategies to increase the breadth and quality of our services, improve access to care and offer even greater benefits to our patients and community.

As we anticipate enhancements to our care and services through our partnership with UPMC, the caregivers who comprise Susquehanna Health Medical Group and UPMC Susquehanna are excited about the future and proud of what they have built. Through dedication and years of hard work to

implement and continually improve patient-centered strategies, two of our programs were recently named among the best in the nation.

Our hospice and palliative care team earned the top national award, the 2016 Circle of Life Award, from the American Hospital Association. The award recognizes the team's forward-thinking and innovation, which enable our patients to have access to high-quality service at home, in the hospital and in long-term care settings throughout a broad rural area. This allows patients and their families to experience a greater quality of life during what can be an emotionally challenging time.

In November, our medical group was recognized as a 2016 Acclaim Award Honoree by the American Medical Group Association. With this most prestigious quality award, Susquehanna Health Medical Group is named, along with that of fellow recipient Cleveland Clinic, among the nation's best for seamlessly providing safe, effective, efficient and patient-centered care using evidence-based medicine and robust information technology regardless of who, or where, the patient is.

These award-winning programs share a common thread: a patient-centric focus that drives our delivery of care. Through our physician-led, professionally managed model, we strive to provide the right care, at the right time, in the right place and at the right cost. This focus is evident in some of UPMC Susquehanna's other recent awards, including:

- Accreditation by the Commission on Cancer (UPMC Susquehanna's Cancer Center), with six commendations
- The Joint Commission's Gold Seal of Approval® for Hip and Knee Joint Replacement Certification (Williamsport Regional Medical Center)
- The Joint Commission's Gold Seal of Approval® and the American Heart Association/American Stroke Association's Heart-Check mark for Advanced Certification for Primary Stroke Centers (Williamsport Regional Medical Center)
- Williamsport Regional Medical Center received international recognition as a Baby-Friendly birth facility by Baby-Friendly USA
- Recognition by Highmark Blue Cross Blue Shield as a Blue Distinction Center for Knee and Hip Replacement (Williamsport Regional Medical Center)
- Named among the nation's "Most Wired" (information technology) health care organizations, *U.S. News & World Report* (14 of the past 16 years)

- NCQA Level 3 Patient-Centered Medical Home Recognition—of our Lycoming Primary Care Practices for demonstrating care coordination and communication across the continuum of care
- American College of Cardiology's National Cardiovascular Data Registry Gold Performance Achievement Award — for demonstrating sustained achievement of performance measures in the treatment of acute myocardial infarction (heart attack) patients (Heart & Vascular Institute)
- American Heart Association Mission: Lifeline® EMS Gold Award for implementing quality improvement measures for the treatment of patients who experience STEMIs (heart attacks) (Susquehanna Regional EMS)

At UPMC Susquehanna, we are blessed to have talented and dedicated physicians, advanced practice professionals and service partners who provide care and healing to our patients. We are proud of these accomplishments and national-level awards, all of which provide evidence of our passion for excellence and drive to continually improve. Our fellow UPMC partners have a similar focus and culture, which makes this collaboration such a natural—and our most significant—step to enhance our ability to serve our patients.

We are also grateful for you, our donors. It is with your support that we can take all of these steps together to enhance the future of health care in our region.

Sincerely,



David J. Lopatofsky, MD, MMM, FAAFP

*Chief Administrative Officer, Susquehanna Health Medical Group
Executive Vice President/CMO, UPMC Susquehanna*

Susquehanna Health Foundation

1001 Grampian Boulevard, Williamsport, PA 17701
32-36 Central Avenue, Wellsboro, PA 16901

Vice President of Development

Sherry Watts
swatts@susquehannahealth.org
(570) 320-7464

Director of Development

Stephanie Steinbacher
slsteinbacher@susquehannahealth.org
(570) 320-7041

Major & Planned Gifts Officer

Thomas M. O'Connell, CFP®
toconnell@susquehannahealth.org
(570) 320-7612

Senior Development Officer

Valerie Trego
vtrego@susquehannahealth.org
(570) 320-7465

Special Events Coordinator

Kristen Lorson
klorson@susquehannahealth.org
(570) 320-7463

Development Associate

Kelly Regan
kmregan@susquehannahealth.org
(570) 320-7460



Back row from left to right: Dr. Nathalie Lavallee, Dr. Susan Branton, Dr. Charles Agbemabiese and Dr. Joanne Lalli. Front row: Jennifer Hammond.

Conquering Cancer.

Celebrating life.

From her hospital bed the day after undergoing a bilateral mastectomy at Williamsport Regional Medical Center, **Jennifer Hammond**, 50, of Williamsport looked at her breast surgeon, **Dr. Susan Branton**, and plastic surgeon, **Dr. Nathalie Lavallee**, waiting to hear when she would be able to close the chapter on her second round with breast cancer.

Dr. Lavallee was to attempt reconstruction of both of Jennifer's breasts during the same surgery in which Dr. Branton performed the mastectomy. But Jennifer knew, from discussions with both surgeons, that reconstruction of her right breast might require a follow-up procedure. As an employee service partner brought Jennifer's breakfast, Dr. Lavallee confirmed that Jennifer would need another procedure.

Both surgeons spent time comforting Jennifer and answering her questions as she struggled to absorb the information. Then something surprising happened.

"Before Dr. Lavallee left my room, she positioned my table tray and asked me if I wanted my breakfast heated up," Jennifer says. "It was a small thing, but it meant a lot to me. It was just one of many ways I could see my care team looking at me as a complete person."

This second leg of Jennifer's journey with breast cancer had begun eight months earlier, in May 2016. Her primary care physician, **Dr. Joanne Lalli**, referred Jennifer to the Breast Health Center after finding a suspicious lump during a routine physical.

Having recently passed the milestone

of being cancer free for five years following her first experience with breast cancer, Jennifer knew the Breast Health Center staff well. She arrived alone for the appointment, believing the Center's staff would find only some cystic tissue. Her lightheartedness turned to fear after her sonogram results indicated she should stay for a biopsy.

"My whole day just changed on a dime, and my eyes were filled with tears," Jennifer says. "Dr. Branton, who performed the biopsy, said, 'I know it's

"It was a small thing, but it meant a lot to me. It was just one of many ways I could see my care team looking at me as a complete person."

— Jennifer Hammond

scary,' and she just made me feel validated and a lot more secure. She instilled a lot of confidence in me."

A few days later, Jennifer learned she had a completely different type of breast cancer than she had had before. The latest diagnosis showed that Jennifer now had the aggressive and threatening triple negative form. The lumpectomy and

radiation treatments Jennifer experienced with her first bout with breast cancer had left her hair and breasts intact. This time, as she met with Dr. Branton and medical oncologist **Dr. Charles Agbemabiese** to discuss treatment options, Jennifer faced her worst fears: She would need two courses of chemotherapy and a double mastectomy.

"Several of my friends wanted me to get a second opinion," Jennifer says. "Honestly, I was overwhelmed at the thought of gathering everything up and going to a bigger city. I also knew two people who got second opinions and were told they would receive the same treatment at UPMC Susquehanna. I had experience with this program and confidence that I was in good hands."

Jennifer also wanted to remain close to her job as coordinator of tutoring and learning centers at Penn College and to the support of family and friends. With Dr. Branton's blessing, Jennifer followed through on plans for her family's annual beach vacation in June, which included a small celebration of her 50th birthday, before beginning treatments.



Jennifer with one of her great nieces



Jennifer reading with one of her great nephews

“It was that holistic approach. Spending time with my family, especially my great nieces and nephews, helped me relax,” Jennifer says. “I remember thinking, ‘A year from now, this will all be behind me.’”

Upon her return from the beach, Jennifer wasn’t certain she would go through with the surgery. A friend’s experience with a double mastectomy and breast reconstruction was a source of nagging concern, yet Jennifer respected the counsel of her doctors, who explained that removal of all breast tissue was the most definitive way to prevent another breast cancer recurrence. Dr. Branton helped ease Jennifer’s worries by immediately arranging for her to see Dr. Lavallee. Jennifer also credits Dr. Branton with helping her following an extremely difficult first experience with chemotherapy.

“I told Dr. Branton, ‘I can’t do chemo,’” Jennifer says. “She met with me right away, took my feelings very seriously, and treated me with great respect. Together

“My life was never on hold. I tried to do all the things I normally do, and there were plenty of moments to enjoy and opportunities to love the people I love.”

— Jennifer Hammond

with Dr. Agbemabiese, they adjusted my treatments and medications to make chemotherapy more tolerable.”

With support and encouragement from her doctors, the Cancer Center nurses, family and friends, Jennifer completed 20 weeks of chemotherapy in early December.

“My life was never on hold. I tried to do all the things I normally do, and there were plenty of moments to enjoy and opportunities to love the people I love,” Jennifer says. She notes that she tried not to miss brunches with her family or weekly Friday night gatherings with her friends for homemade pizza.

Prior to her January 2017 surgery, the effectiveness of Jennifer’s chemotherapy was confirmed with PET scan results showing she was cancer free. Although scar tissue from her first cancer treatment interfered with combining mastectomy and breast reconstruction, Jennifer received the best possible news: all of the breast tissue removed was cancer free.

“When I got that news, I knew it was all worth it,” she says. “The biopsy is a much more thorough examination of

the breast tissue than a PET scan. They [pathologists] really comb through the tissue to detect the presence of microscopic amounts of cancer. My doctors told me the absence of any residual cancer was unusual and a significant finding like that makes my prognosis extremely good.”

Jennifer follows up with all three of her doctors and is thankful for their seamless overlap of care and support.

Now, Jennifer is focused on her future. Prior to her first cancer diagnosis, she lost 100 pounds. She is applying that same drive to getting strong and remaining cancer free. As she recovers from surgery, she’s walking along the Susquehanna River, rejoining her Zumba group at Penn College and trying out healthy, flavorful recipes.

She’s taking time to get caught up on work and returning to the beach to celebrate another birthday before scheduling her second reconstructive surgery for the fall of 2017.

“Turning 50 was a little different than I imagined, but I’m still here; I’m still kicking, and I know 51 is going to be so much better!” she says. “And I’m already looking forward to our family beach trip NEXT year when it [breast cancer] will all really, really be behind me.”



The Donor REPORT

A note to our donors: If your name has been omitted or misprinted, please notify us and accept our sincere apology.

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HELPING HANDS GALA

A FUN NIGHT OUT FOR A GREAT CAUSE

Grab some friends and join us for a night of dinner, dancing and games. Every year the Helping Hands Gala is a different theme, from the Roaring '20s to Superheroes. This year, the theme is Medieval Times. Yes, people dress up—from a lot to a little!

The fundraiser will be held on March 24, 2018, at the Acacia Club in Williamsport. You can buy a patron ticket now for \$200, which admits you to the gala. Guest tickets can be purchased closer to the event for \$35.



2007-08 Gala: The '50s



2014-15 Gala: Heroes vs. Villains



2015-16 Gala: Roaring '20s

To purchase your ticket or for more information on the Helping Hands Gala, please contact the Foundation at (570) 320-7460.

The proceeds from the event will contribute to the purchase of CAREpoint—a sophisticated medical command receiving station designed to better coordinate hospital and pre-hospital care in rural communities. The system allows Emergency Medical Service (EMS) staff to transfer information to hospitals quickly and securely so a doctor can "see" a patient before they even get into the emergency room and better prepare for their arrival. Especially in the cases of trauma, heart attacks, strokes, and burns, **this can translate into saved time—and lives.**

CAREpoint will fully integrate all three UPMC Susquehanna Emergency Departments and EMS activities in Lycoming and Tioga Counties.

New Equipment

Brings Specialized Rehabilitation Services to Tioga County

The addition of key equipment is improving treatments and access for patients in Tioga County who are dealing with disabling, sensitive and sometimes extremely painful conditions. Purchased with funds from the 2016 Friends of Soldiers & Sailors

Annual Support Campaign, the new equipment gives physical, occupational and speech therapists greater flexibility to customize treatments for their patients.

According to **Aaron Stephens**, Director of Rehabilitation Services for Soldiers & Sailors Memorial Hospital (SSMH), this equipment is a game changer in Tioga County because it enables therapists to give better service to their patients and in more convenient locations.

“Our department is fortunate to have highly specialized therapists bringing advanced care to our rural community,” Aaron says. “This equipment and advanced certification allows our team to expand our services and where they are offered. Knowing support that aids our therapists in their work came from people in our community is spectacular.”

With the rehabilitation department’s new specialists and equipment, the community will have access to treatment for a wide variety of gender-specific conditions. Specialized treatment is available for women’s health issues pertaining to pre-natal and postpartum care, breast and gynecological cancer care, urinary and bowel incontinence and concerns specific to female athletes. Treatment for men’s health issues stemming from prostate surgery and the pelvic floor is also available.

Pelvic Floor Model & Pathway for Incontinence

A pelvic floor model and the Pathway MR-20EMG, a tool used for pelvic muscle re-education and relaxation training, is assisting two SSMH physical therapists as they study to become women's health specialists, a certification offered through the American Board of Physical Therapy.


"The Pathway [machine] provides biofeedback that we can use to help our patients train the pelvic floor and address conditions like incontinence and pelvic pain, which can be uncomfortable and even limiting to a person's quality of life," says **Brooke Patt**, MSPT.

The Pathway MR-20EMG helps physical therapists ensure that patients are recognizing sensations and performing pelvic exercises properly for maximum benefit. Brooke hopes the new tool and availability of specialists will encourage more people to seek treatment for incontinence and other conditions they sometimes ignore but that often have a huge impact on an individual's quality of life.

"There are many men and women dealing with incontinence or pelvic floor issues who don't realize that treatment is available," says Brooke. "Many are fearful or too uncomfortable to discuss their condition, and they are struggling unnecessarily."

VitalStim Plus Kit for Strokes

Patients with difficulty swallowing due to stroke or injury can improve their strength and sensory performance using VitalStim at SSMH. This tool provides visual and audible feedback during speech therapy sessions to increase patients' efforts and participation in therapy. It also provides therapists with data to measure the patients' progress. Purchase of a new VitalStim Plus Kit will expand the team's capability to provide this treatment in outpatient settings.



25 million Americans suffer from urinary incontinence, but only 1 in 12 people affected seeks help*

PhysioTouch for Lymphedema

Lymphedema often results in painful swelling for patients recovering from breast, uterine and prostate cancer and other surgeries; fibromyalgia; and other conditions that compromise the body's natural internal clean-up crew—the lymphatic system. Treatment by a certified lymphedema specialist, which Tioga County is fortunate to have, can decrease swelling to dramatically reduce disability and

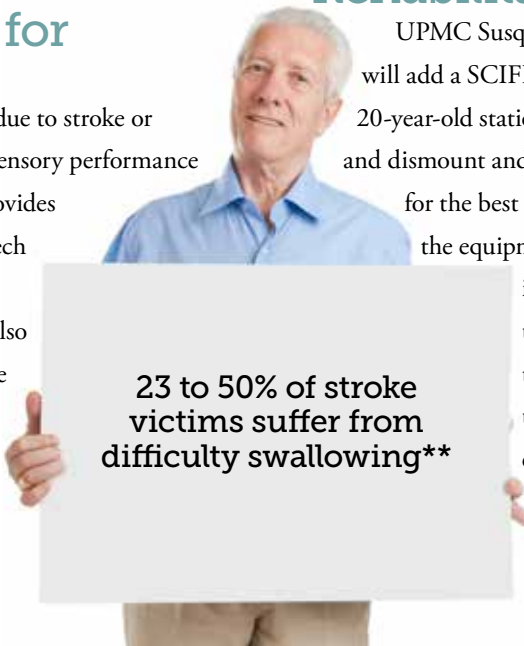
improve quality of life. Using the PhysioTouch, a therapist can apply negative pressure and mechanical vibrations, which activate the lymphatic system to soften tissue and fibers and assist in removal of lymphatic fluid.

"This device has actually been proven to reduce the lymphedema (or swelling) three times faster than manual therapy alone," Aaron says.

Experience with PhysioTouch, already in place at UPMC Susquehanna's Medical Plaza at Mansfield, shows the equipment reduces costs as well as the number of visits for patients who have lymphatic build-up. Campaign funds will help the Rehabilitation Services department purchase additional units to provide patients with greater access to this treatment.

Resistance Bike for Overall Rehabilitation

UPMC Susquehanna's Knoxville Rehabilitation Services will add a SCIFIT ISO 7000 Upright Bike to replace a 20-year-old stationary bicycle. The new bike is easy to mount and dismount and has an oversized seat that can be adjusted for the best biomechanical fit. Users will benefit from the equipment's bi-directional resistance as well as isokinetic resistance, which adapts to each user. Isokinetics are less stressful on the body than other types of exercise and encourage users at all levels of fitness to comfortably exert themselves to their potential.



23 to 50% of stroke victims suffer from difficulty swallowing**

To learn more about UPMC Susquehanna's Rehabilitation Services or to find a location near you, visit UPMCSusquehanna.org/Rehab

* According to the National Association for Continence

** According to the National Center for Biotechnology Information, US National Library Medicine

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The Cornerstone Society recognizes individuals who supported Susquehanna Health Foundation with a contribution of \$10,000–\$99,999. Donors are listed through **December 31, 2016.**

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Not long after joining the staff at UPMC Susquehanna in August 2016, **Dr. Sandeep Sagar** and his wife, **Maria**, an engineer and fitness figure competitor, made a generous donation to Susquehanna Health Foundation. He called the gift a natural step for himself and his family.

“It was something we wanted to do as part of making a new home,” Dr. Sagar says. “It’s an investment in the medical center and community. I feel that it is our turn and our duty to help others by being generous. I also believe that, by giving, I am helping with the development of my colleagues, the medical center and the community.”

Dr. Sagar says the gift also recognizes the many people—including his parents, siblings, children, grandparents, other family members, friends, professors and mentors—who sacrificed on his behalf and/or influenced his development along his journey to Williamsport, where UPMC Susquehanna recruited him to help develop the health system’s clinical cardiac electrophysiology program.

Born on a rooftop in a small Indian village that had no running water or sewer system, Dr. Sagar migrated to the United States at age 12. He joined the Navy as soon as he was able, at age 17, and attended Old Dominion University part-time to earn his degree. After 10 years of military service, including time spent in the Middle East, Dr. Sagar went on to earn combined doctorate degrees in physiology and biophysics and a medical degree in 2001 and 2002 respectively at Chicago Medical School. He spent the next 10 years at Mayo Clinic in Rochester, MN, working as a clinic investigator, performing research in cardiac gerontology and completing his training in internal medicine, cardiology and clinical cardiac electrophysiology. Prior to joining UPMC Susquehanna, Dr. Sagar was an assistant professor of medicine at the University of Texas in San Antonio.

With an opportunity to build an all-encompassing electrophysiology program at UPMC Susquehanna, Dr. Sagar believes the compassion and humility he learned from his Indian roots, combined with his experience in leading a team in this rapidly growing, competitive field, have prepared him for the challenge. He says he

is pleased to have found the perfect place to fulfill his goal of developing a world-class program that provides outstanding care to the community.

“Over the years, I have learned that a steadfast focus on people, vision, culture and values is an essential ingredient to operational success and excellence,” Dr. Sagar says. “UPMC Susquehanna provides the best opportunity to further a culture that is good for the team and best for patients.”

Dr. Sagar says he was impressed with UPMC Susquehanna from his first interaction—a long telephone conversation with **Heather Haefner**, Executive Director of the health system’s Heart & Vascular Institute. During the call, Heather stressed her focus on caring for the community as well as her commitment to UPMC Susquehanna and its Heart & Vascular team.

Dr. Sagar says he was further impressed by the relationships Heather had cultivated between the Institute and the strong heart and vascular programs at Cleveland Clinic and UPMC. Dr. Sagar later discovered that Heather’s dedication was matched by that of **Dr. Michael Lazar**, Medical Director of UPMC Susquehanna’s Heart & Vascular Institute, and his wife, **Krista**, a medical student and physician assistant. He saw their commitments aligning with his personal view of health care and his goals for an electrophysiology program.

During his visit to Williamsport Regional Medical Center, Dr. Sagar took note of the hospital’s newly renovated, well-equipped Surgery Center and recently constructed electrophysiology laboratory. He says UPMC Susquehanna’s investment in equipment and facilities is clear and provides technologies with which he was accustomed to working at other major medical centers. Dr. Sagar says he was already close to deciding to join UPMC Susquehanna when he asked to meet with the health system’s electrophysiology team. To his surprise,

“I feel that it is our turn and our duty to help others by being generous. I also believe that, by giving, I am helping with the development of my colleagues, the medical center and the community.”

—Dr. Sandeep Sagar



Heather and the entire crew—

Michelle Nickolaus, CRNP; Stephanie DeViney, CRNP; Annette DiEugenio, RN; Arlene Wesley; Jim Dunn; Tim Lutz, RN; Donna Cowles, RN; Stephen Tyree, RN; Bobbie Hagemeyer, RN; Mike Seiler; and Dr. Bill Cicio—gathered to meet him for dinner.

“This demonstrated to me not only their commitment to the program but also their contentment with their teammates and work environment,” Dr. Sagar says.

Afterward, Dr. Sagar decided to accept the role of further developing UPMC Susquehanna’s electrophysiology program. Although relocating his family—sons **Antonio, 18, and Rohin, 14,** and daughters **Isabell, 15, and Micah, 11**—to a new home and community just days before a new school year presented challenges, Dr. Sagar says an easy welcome from the community helped as his children began immersing themselves in school and sports.

“Friendliness is a very unique trait of this community,” Dr. Sagar says. “It’s unlike anything we have experienced anywhere else.”

He continues to be impressed with the overall medical community, too, noting there are many outstanding physicians, excellent nurses and superb technicians. With the limited time he had before making his decision, Dr. Sagar says he is pleased with his initial assessment.

“My first impression of the EP lab was spot-on accurate,” he says. “It is an outstanding facility, and the work we do here is top notch. It compares with what anyone in the state is doing, and the team is proud of that. They are committed, they work hard, there’s a great deal of camaraderie and most importantly, our patients know we care, and that’s a very positive thing. We have the best electrophysiology team in the country, and now, with UPMC’s support, there is no reason we cannot accomplish our goal of becoming the go-to center for EP in central PA.”

KEYSTONE SOCIETY

The Keystone Society lists those who commit to contribute \$250 or more annually to Susquehanna Health Foundation. Listed below are all Keystone Society members through **December 31, 2016.**

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 Dawn Lipinski
 H. Franklin and Pamela Little
Alexa Llewellyn, PA-C
 Rebecca A. Logan
 Bonnie L. Lorson
 Kristen and Adam Lorson
Michelle Lorson
 Joey Lowmiller
 Loyalsock Township Board of Supervisors and Staff
Loyalsock Township High School
 Sarah Luprek
 Lycoming Creek Lions Club
 Charissa A. Lynn
 M. W. Farmer & Co.

KEYSTONE SOCIETY

\$250–\$499 *Continued*

Emily MacCready
Michele and Paul Mach
Jillian MacInnis
Anne M. Madigan
Suzanne Maggiore and Robert Cooper
Megan Maize
Bernie Maliko
Lora Malloy
Joseph and Maryann Maresco
Jessica Marion
Lori Markel
Thomas Marnon
Brian, Erin and Kennedy Marsh
Charles W. Martin
Michael and Suzanne Martin
Rick Mason and Anne Rice
Rosanne Mattiace
Norma Mattocks
Patti J. McClelland
Jay and Sue McCormick
John and Lynda McCormick
Connie McCullough
Nicole McEntire
Constance McFadden
Linda S. McKee
Kaily McLenegan
Shaun McQuay
MediSync
Glenda Merkel
Alicia Merrick
James and Anne Meyer
Kimberly Mielke
Alice Miller
Cynthia A. Miller
Gregory J. Miller
Jennifer L. Miller
Nicole Miller
Ryan and Jacki Miller
Amanda Mills
Theresa Moff
Erin A. Molino
Staci Mondell
LaRue and Nancy Montanye
Deborah and David Montgomery
Janet Beth Moore
Janeen Morgan
Mountain View Farm - Wayne and Ann Rider
Joshua Moyer
Sharon Moyer
Carla Murphy
Craig and Kris Muthler
Joseph and Susan Myers
Nicole P. Nardi
Danut F. Neagu
Anda M. Nichols
Betty H. Niles
Nova Group Inc.

Cynthia K. O'Connor
Mr. and Mrs. W. Carey Ohl
Colleen O'Neil
Dr. Mark Osevala
Mr. and Mrs. Edward H. Owlett III
Beda Oyler
Torey Packard
David Palski
William P. Panaski
Denise Paras
Denise Parke
Nancy E. Patchen
Heather Patterson
Diane Pelesh
Joyce Y. Peterson
Dr. Luan Pham
Michael Phelps
Mrs. Jonathon G. Phillips
Trey Phillips and Judy Hakes
Ben and Lynn Plankenhorn & The Family
Mr. and Mrs. Charles M. Plankenhorn
Chris and Denise Plankenhorn
Anita L. Ploetz
Alicia and Eric Pohjala
Nadja Politza
Mary M. Pondo
Rick, Anita and Amy Poust
Abby Price
Kylie Probst
Lynn Pryor and Charles Dixon
Charlotte G. Ratke
Karen S. Reasner
Kelly and Brian Regan
Dr. Christopher Reilly and Dr. Teresa Bianco
Charles Reinert
Anne Rhoads
Mr. and Mrs. John W. Rich
Susan L. Rider
Mr. and Mrs. Todd Rishel
Grace E. Rizzo
Richard Roberts
The Rod Cochran Agency, Inc.
Diane M. Rodgers
Ed and Amy Rogers & Family
Paul H. and Tacie E. Rooney Jr.
Carol A. Roupp
Elizabeth Rovenolt
Frostina Roy
Misty Rozyckie
Daniel Rumsey
Rebecca Russell
John and Marian Ryan
Kyle Sampsell
Tayne Sampson
Kimberly J. Sands
Garrett and Lori Sanner
Christina Sarge
Susan Sarginger

Lynn S. Sauers, RN
Megan E. Saunders
Lisa Schaeffer
Amber L. Schappell
Edward E. Schechterly
Amber Scheidt
Tinicia R. Schick
Alyssa Schilling
Charles and Marlene Schmoke
Maggie Schneider
SDI Industries
Sherri Sechrist
Servpro of Lancaster East
Sherry Sevier
Jennifer Shaffer, PA-C
Carol P. Shaner
Emily Sherman
Terri A. Shick
Vicki Shimko
Michael Simon
Donald and Andralee Sinsabaugh
Sandra Sipe
Kierstin Slesienski
Thomas and Margo Slichter
Cassidy Sloan
Jim Slotterback
Bud and Jan Smeenik
Holly Smeltzer
Allison Smith
Amanda J. Smith
Michael and Brenda Smith
Ruth Smith
Susan M. Smith
John Snurkowski
Lori Spencer
Karen Spooner
Michelle L. Sponenberg
Misty L. Spotts
Terri St. John-Graves
Donna Stackhouse
Teresa A. Stackhouse
Heather Stafford
Lynnda H. Steimling
Keli Stewart
Beverly Stocum
Alicia Stoltzfus
Carl P. Strand
David and Rita Strickler
Suzanne M. Stroble
Elizabeth Stugart
Erma Stump
Patricia A. Sullivan
Stephanie Suzadail
Arlie Swailes
Niccole C. Thomas
Tiffany Thomas
Taylor Thompson
Jessica Tote

Carrie Troutman
Sheena Troxell
Nate Truckenmiller
Apryl Tubbs
TurnKey Electric, Inc.
Nicole Ulsamer

United Way of the National Capital Area

Tara Updegraff
Rudolph and Lynne van der Hiel
Dr. Jeffrey N. Verzella
Renee A. VonStein
Tyler and Emily Wagner
Stephen and Corinne Waldman
Benjamin Walker
Jerry and Joy Walls
Cynthia Wanamaker
David Watral
Mark and Kelly Watson
Michele Watson

Michelle Vaughan

Jessica Weaver
Robyn Weaver
Sabria Weaver
Tammy E. Weber
Dr. Jason and Chandra Weigle

Wellsboro High School Girls' Softball
Byron F. and Marlene B. Wetmore
The Allen, Bill and Mike Wetzel Families
Christine Wheary
Barry K. and C. Cynthia Whipple
Mariah Wilkinson
A. Claude and Lois Williams
Alysse Williams
Casey Williams
Rhonda Williams
Scarlet Williams
Nikolus Williams-Daniels
Heather M. Williamson
Harry H. Winter Estate
Valerie J. Wohlfert-White
Andrea J. Woodling
Donald A. Woolever
Renay Wright
Sherry Wyble
Kim Wykoff
Carol A. Yacko
Carrie Yetter
John Yocum
David and Karen Young
Romy D. Young

Reed and Janet Zimmer
Amy Zimmerman
Christopher Zirkle

Obstetrics Unit Receives Grant

This winter, Soldiers & Sailors Memorial Hospital's Obstetrics Unit received a \$22,120.69 grant from the **Earl W. and Ina G. Tabor Foundation** to purchase a GE Panda Baby Warmer. The warmer will benefit the more than 350 babies who are born each year at Soldiers & Sailors Memorial Hospital.



Pictured left to right: Stephanie Steinbacher, Director of Development; Thomas Owlett, Tabor Foundation Board Member; Khara Martin, Patient Care Manager; Matt Romania, Director of Nursing; and Tina Cooper, Registered Nurse.



2016 Foundation Impact Report

With the completion of another successful year, we can look back with pride on our many accomplishments. These achievements would not have been possible without the support of our dedicated employees, physicians and donors, like you. Your annual gifts offer valuable financial assistance that enhances the patient care we are able to provide. Thank you for demonstrating how much you value and believe in our efforts.

Foundation Contributions



623

individuals honored or remembered with 1,670 tribute gifts



4,387

individuals, organizations and foundations supported us



\$197,210

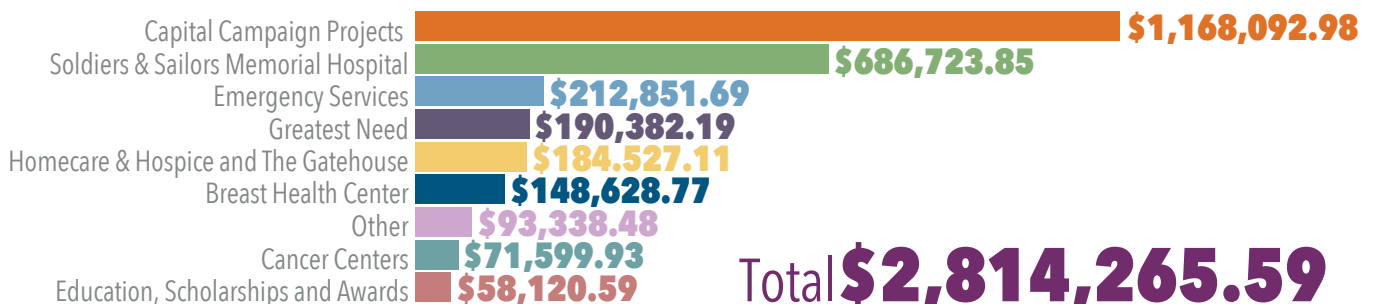
donated from planned gifts



\$506,394

UPMC Susquehanna Employees and Medical Staff contributions

Contributions by Fund



2016 UPMC Susquehanna Community Support

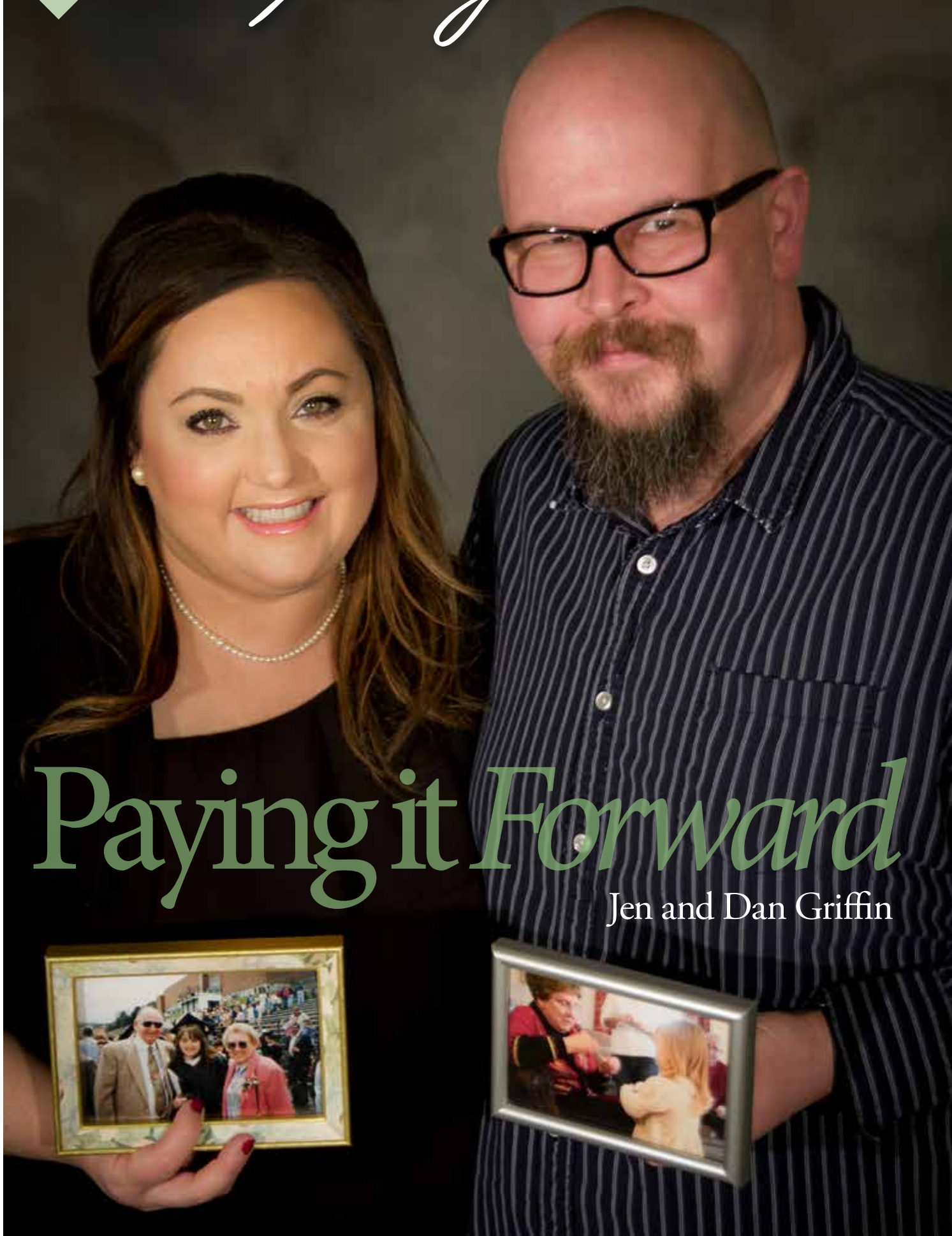
UPMC Susquehanna demonstrates an ongoing commitment to the community through programs that provide free and discounted care to those unable to afford health care; care to low-income beneficiaries of government programs; and services designed to improve community health, increase access to health care and train the next generation of medical professionals.

Helping Those in Need

Charity Care (discounted and free care based on need)	\$1,524,334
Unreimbursed Costs of Government Programs (Medicaid and Medicare)	\$78,461,945
Nurse Family Partnership Program (unreimbursed costs)	\$101,904
Services for Which No Payment was Received (reflected at cost)	\$8,097,385
Total	\$88,185,568

Programs and Services

Community Health Services (The LifeCenter, St. Anthony's clinic, support groups, cancer patients' transportation, etc.)	\$851,603
Training Education for Health Professionals (internships, job shadowing and physician time spent with medical students)	\$2,345,440
Cancer Center Clinical Trials	\$176,895
Financial Contributions/Subsidized Health Services (support of community health and dental clinics, ambulance services, Little League World Series, Hospitality Inn, Project Bald Eagle, etc.)	\$2,056,428
Community Benefit Operations/Building Activities (efforts to address causes of regional health problems, community health needs assessment, student observations, etc.)	\$135,780
Property Taxes (includes voluntary payments and services provided in lieu of taxes)	\$715,669
Total	\$6,281,815
Grand Total Community Support	\$94,467,383



Paying it *Forward*

Jen and Dan Griffin

When **Jen Duchman Griffin** left her hometown of Montgomery to attend college, she received a letter from her grandmother every week. Each brief letter, with \$10 tucked in the envelope, was a reminder of Jen's loving family back home. It's just one of many ways Jen's grandparents, **Charles Sr.**, "Pap" and **Audrey "Grandma" Duchman**, were supportive of her throughout her life. Now, she keeps their memory alive with a monthly contribution to Susquehanna Health Foundation.

"My grandparents were such a big part of our lives," Jen says. "Whenever something was going on, they were there. I really didn't know a world without them."

Jen's husband, **Dan Griffin**, remembers meeting Charles and Audrey at one of many family birthday celebrations when he began dating Jen almost 20 years ago.

"They were very welcoming and pretty laid back, but you could tell they doted on their grandchildren," he says.

Although Charles and Audrey passed away within a few months of each other in 2012, if you listen to Jen and Dan laugh and share stories about them, it's clear Jen's grandparents' legacy of love and family commitment has been preserved.

The Duchmans, who lived in Montgomery, were active community volunteers. Charles was a 39-year member of the Montgomery Lion's Club, including serving as a District 14-G Governor in the 1980s. Jen recalls accompanying her grandparents on Lion's Club business in Dallas, TX, at age 12. The trip involved Jen's first flight and was especially memorable, because her grandmother had arranged a visit to the South Fork Ranch, where Jen's favorite television series at the time, *Dallas*, was filmed.

Jen's grandparents were present at all of her milestone moments. They attended her high school tennis matches and helped Jen move into her dormitory at Mansfield University during her freshman year. Her grandfather made paddles for Jen's sorority and became a "sorority sweetheart." A few years later, in 2002, as Jen was preparing to marry Dan, her grandfather drove her to Virginia to pick up her wedding gown and then turned around and drove the four hours back to Montgomery.

"Grandma was calling us on the phone the whole time to check on us," Jen says.

When Jen and Dan settled in Baltimore, MD, where both work for Baltimore Sun Media Group, Charles and Audrey helped them move. In exchange, Jen and Dan treated the Duchmans to a night out that included having dinner and playing Keno, a game of chance similar to Lotto. The memory of Jen's grandmother choosing numbers for the game still makes Jen and Dan laugh.

Just as they were there for Jen and Dan, Charles and Audrey were also present at sporting events and activities for Jen's sister, Michele, and their five other grandchildren as well as their nine great-grandchildren. They called family members on their birthdays to sing "Happy Birthday." Jen's birthdate is the day after her grandfather's, so there was always anticipation of reciprocal telephone calls.

"They made each of us feel special, whether it was writing letters to me or going to a football game for my cousin," Jen says. "Being close to us was what they wanted, and that was very special to all of us."

Jen and Dan decided to remember Jen's grandparents with a contribution

to Susquehanna Health Foundation, because Jen's parents, Charles and Susan Duchman, and sister, Michele Rodarmel, work for UPMC Susquehanna, and both grandparents received care at Williamsport Regional Medical Center and Muncy Valley Hospital throughout their lives. At one point during their final months, Charles Sr. and Audrey were hospitalized at the same time at the Skilled Nursing & Rehabilitation Center at Muncy Valley Hospital and were able to share a room. The whole extended family gathered to visit them there.

"The staff was very welcoming, and everyone was just over-the-top nice," Jen says. "Very kind and always compassionate."

After making a couple of annual gifts to Susquehanna Health Foundation in memory of Jen's grandparents, Jen and Dan chose to make monthly contributions, not unlike the \$10 gifts Jen received from her grandparents while she was in college. She enjoys seeing her grandparents' names listed in the *Foundation Focus* and knowing that the gifts she and Dan provide in memory of the Duchmans will also have a positive impact on the community.

"I want them to be remembered," Jen says. "I think it's just really important to do that for them, because they were always right there for us."

I want them to be remembered.
I think it's just really important
to do that for them, because they
were always right there for us.

—Jen Duchman Griffin



Stop the Bleed

Helping non-medical professionals and first responders save lives

Although it's still early in the integration process, UPMC Susquehanna and UPMC are already celebrating important affiliation wins. One of the most critical to the communities in our region involves training and equipping non-medical professionals and first responders to save lives in emergency situations when time is of the essence.

Due to UPMC's partnership with the Copeland Regional Trauma Council, a consortium of trauma centers in Pennsylvania, Ohio and West Virginia, UPMC Susquehanna is currently working to implement Stop the Bleed, a national campaign designed to teach and equip bystanders and first responders how to stop uncontrolled, life-threatening bleeding.

UPMC has launched a large Stop the Bleed training initiative, and through grant funding has dedicated more than \$1.3 million over the next three years to:

- Provide free training to first responders, officials associated with vulnerable populations (schools, community events, public venues, etc.) and non-medical bystanders to teach them how to stop uncontrolled bleeding when injury occurs
- Train law enforcement officers on how to apply bleeding-control techniques to themselves, injured civilians and other officers
- Place Stop the Bleed Kits with tourniquets, hemostatic gauze and bleeding-control agents in every school in areas surrounding UPMC-affiliated hospitals
- Supply combat application tourniquets to all law enforcement officers

Although UPMC has devoted considerable resources toward these goals, additional funding at the local level is needed to bring these important tools to our local community.

“Each year, half a million people bleed to death following traffic accidents, wounds and severe trauma.”

Stop the Bleed Efforts in Our Area

Tony Bixby, NRP, CCEMT-P, FP-C serves as the Stop the Bleed site coordinator for UPMC Susquehanna. Recently, UPMC staff trained paramedics from Susquehanna Regional EMS (SREMS) and Soldiers & Sailors Memorial Hospital to teach the Stop the Bleed course. They also provided 10 hemorrhage-control mannequin legs and training tourniquets for the training program.

You can help by donating toward these efforts.

Each Stop the Bleed Kit is \$318.

Each tourniquet is \$24.

To sponsor all or part of one of these items:

- Mail the enclosed envelope along with a check to Susquehanna Health Foundation
- Make an online donation at UPMCSusquehanna.org/Donate
- Call Susquehanna Health Foundation at (570) 320-7460

TREE OF LIFE CLUB

The **Tree of Life Club (TLC)** is the employee giving club at UPMC Susquehanna. ☉ denotes Hour Club members. The Hour Club is an elite group that recognizes employees who make a tremendous commitment by giving back one hour of pay every pay. Listed below are all **new** TLC donors from **July 1 – December 31, 2016.**



☉ Lyndsay Adkins
 ☉ Elizabeth Affsprung
 Dr. Aamir Ahmed
 Karen Aldenderfer
 Dr. Natasha R. Alligood-Percoco
 Morgan Andersen
 Natalia Anderson
 Denise Andrew
 Ciara Arnold
 ☉ Denise Ayers
 Austin Bananto
 Shannon Barbier
 Jennifer Bay
 Laurie Bell
 Matthew Bikle
 Mikaela Boergermann
 Lisa Bonfandio
 ☉ Allyson Elizabeth Bower
 Carli Bower
 ☉ Chance Bower
 Pamela Bowman
 Christy Brace-Harvey
 Aimee Brennan
 Dr. Jenna Brown
 ☉ Kymberly Browne
 Hunter Button
 Dr. Richard W. Conley
 Kayla Cooper
 Kelli Copley
 Tiffany Copp
 Connie Coyner
 Tanya N. Cunningham
 Jesse Dagutis
 Patrick Daly
 Patrick Dapp
 Brigitte Davies
 ☉ Casey L. Day
 ☉ Linda S. Dellaquila
 ☉ Victoria Dent
 Rita Derr
 Brenda DeSanto
 Amanda Dibble
 Abigail Dockey
 ☉ Jason Dow

☉ Dashanka Drummond
 Jeweleen Dunkleberger
 ☉ Molly Durland
 Myrna Ebeling
 Billie Evers
 Alexandria Farnsworth
 ☉ Whitney Farrand
 Gale Ferguson
 Sue Fletcher
 Alexander Freeman
 ☉ Howard L. Fulmer
 ☉ Ashton Gawe
 Corissa Gehr
 ☉ Jackson Gehris
 ☉ Abigail Gesselman
 Tara Getgen
 Katelyn Gilbert
 Clarissa C. Gingell
 Bradley Glant
 Skyanne Goas
 ☉ Tasha Gowin
 ☉ Ashley Griess
 Irish M. Griffin
 ☉ Natalie Grubbs
 Peggy Gunter
 Andrea Gurekovich
 Jolene M. Hall
 Rose Hall
 Chelsea Hanley
 Kristin Harer
 Sharon Harzinski
 Aidan Helt
 Corinne L. Hilfiger
 Megan Hollick
 Morgan Holmes
 Abigail Hricko
 Heather Huntington
 Diana Huskin
 Nina Johnstonbaugh
 Nicole Kaizen
 Tammy J. Keefer
 ☉ Daisey Kelley
 Christy Kepner
 ☉ Ciji Kepner
 Tammy Killinger
 ☉ Carrie Kitajima
 Jessica Koenig
 ☉ Emma Koppenhaver
 Kendra Kozuhowski
 Kaitlyn LaForme
 Jean Laird

Walter Lancaster
 Blair Larson
 Alexa Llewellyn
 ☉ Michelle Lorson
 Jillian MacInnis
 Megan Maize
 ☉ Lora Malloy
 ☉ Jessica Marion
 Jeanne Marquardt
 ☉ Ryan McAndrew
 Heidi McCarty
 Jason McCloskey
 ☉ Connie McCullough
 Erin McMurray
 Carolyn Miele
 Donna R. Mitchell
 Ashley Mitchley
 ☉ Isabelle Montoya
 Katherine Moore
 ☉ Barbara J. Morgan
 ☉ Janeen Morgan
 Keri Moriarity
 Elizabeth Moss
 ☉ Joseph Naimoli
 Pamela Niemczyk
 Brooklyn M. Norman
 Rebecca Oliver
 Jenni Palmatier
 Heather Patterson
 Violeta Pesa
 ☉ Kou Pha
 Marissa Pool
 Darlene Poust
 Kailynn Prentiss
 Matthew Pride
 ☉ Kylie Probst
 ☉ Tammy Pugh
 Tiffany Rainey
 Lauren Rauch
 Brandy Reed
 Tammy Jo Reed
 ☉ Walter Reese
 Nicole Reeves
 ☉ Kelly M. Regan
 Edward Richards
 Angela Richey
 Heather Riefer
 Jennifer Robb
 Claudia Robbins
 Victoria Robbins
 Marissa Rojas

Marissa Rook
 ☉ Thomas Root
 Andrea Roupp
 Brittany Rugh
 Stephanie Rushton
 Rebecca Russell
 ☉ Dr. Sandeep Sagar
 Dakota Sandoe
 Kimberly J. Sands
 Benjamin Sauers
 Lance Savidge
 ☉ Suzanne Scheib
 Celina Seyler
 ☉ Holly Shadle
 Lakara Smith
 Nicole Smith
 Olivia Smith
 Bridgette R. Snyder
 Brittany Snyder
 Megan Snyder
 ☉ Karen Spooner
 Alex Sullivan
 Patricia A. Sullivan
 Samantha Switzer
 ☉ Albert Swortwood
 ☉ Valerie Terre-Blanche
 ☉ Ashley Thomas
 Erica Thomas
 ☉ Tiffany Thomas
 Susan Tillotson
 Jordan Utter
 Bryttani VanValkenburg
 Courtney Vidonish
 Jane Watkins
 ☉ Michelle Waughen
 ☉ Casey Weatherwax
 Benjamin Weaver
 ☉ Robyn Weaver
 Sonya Whaley
 Jennifer Williams
 Kelli Winder
 ☉ Leah Winner
 Kirsten Winter-Wills
 Megan Wooding
 ☉ Ariel Woodring
 Heather Woodrum
 Amy Zimmerman
 Ryan Zimmerman



An inspired career choice.

Kelly Douglass, MSN/CRNP, is always working toward a goal. As a teenager, she decided to become a nurse and has set her sights on incremental career targets. At age 35, she has already reached many of them. Through Kelly's membership in the Tree of Life Club (TLC), Susquehanna Health Foundation's employee giving program, she incrementally helps UPMC Susquehanna achieve its goals, too.

The inspiration to become a nurse came when Kelly's sister had surgery for brain cancer at a major medical center. Kelly believed that, as a nurse, she could ensure patients would receive better care than what she witnessed there. In 2001, at age 19, Kelly earned her associate's degree in nursing from Virginia Western Community College and married **Tim Douglass**, now a certified registered nurse anesthetist, whom she had met at a church youth

camp. Afterward, Kelly and Tim moved to Tim's hometown of Williamsport, and Kelly began her nursing career at UPMC Susquehanna working in Orthopedics.

In 2004, Kelly and Tim left for California to fulfill their dreams of being traveling nurses. The experience, which Kelly calls amazing, allowed her to work in a variety of settings from pulmonology to oncology and from pediatrics to emergency medicine. It also enabled her to earn her BSN from Regis University in 2005.

When she returned to Williamsport in 2007, Kelly began working in the emergency department at Williamsport Regional Medical Center and started studying to achieve her next goal—becoming a certified registered nurse practitioner (CRNP).

Several times during that period, Kelly received the Rosalie Kaleda Scholarship, a fund established by a retired UPMC Susquehanna midwife, to help pay for employees seeking an advanced professional degree. That support, combined with her belief in UPMC Susquehanna's mission, led Kelly to become a TLC member. More recently, Kelly became an Hour Club Member to help fund UPMC Susquehanna's goals for the future.

"I really love the health system and its mission to extend God's healing love," says Kelly. "I love being part of that, and it is very important to me."

While UPMC Susquehanna pursued the work of building, renovating and equipping its facilities with state-of-the-art technology to better serve the community, Kelly achieved her

**"I love the versatility,
and I love what I do.
I love the people."**

—Kelly Douglass

goal of earning her MSN/CRNP from Frontier Nursing University. During that time, she and Tim also welcomed two sons, now ages seven and five. In 2013, with her advanced degree, Kelly transferred to Family Medicine at Warren Avenue, which allows her to develop relationships with and provide outstanding care to a variety of patients.

"I love the versatility, and I love what I do. I love the people," Kelly says.

Kelly also likes the ease of one hour's pay being deducted from every paycheck to support UPMC Susquehanna. Each year, she re-evaluates her giving commitment and is pleased to confirm that UPMC Susquehanna's vision is still in line with hers and Tim's. She is grateful for the opportunity to help improve the health system's facilities and technology so the people in her community can continue to receive excellent care. She also appreciates the opportunity to give back to UPMC Susquehanna.

"The health system has always been very supportive of me," Kelly says. "I have had the strong support of supervisors, managers and mentors here who encouraged me to achieve my personal dreams and goals, so giving to the Foundation is a way to give back for all that I have been given."

chili COOK-OFF

Employee donors who are part of the Tree of Life Club (TLC) were recognized with a series of blind-taste-test, chili cook-off events featuring competitors Herman & Luther's, The Brickyard Restaurant and Ale House and ARAMARK. The events were held in October and November 2016 at all four UPMC Susquehanna hospitals to celebrate and thank donors for their generosity.



From left are development associates Sara Bacher and Kelly Regan; Chris Ballard, Vice President and Chief Administrative Officer, Muncy Valley Hospital; and Sherry Watts, Vice President of Development

Over the past 10 years, TLC donors have returned more than \$2.5 million to the communities and patients they serve. Projects supported by employee donations include the Susquehanna Tower; renovations in all hospitals, including the Skilled Nursing & Rehabilitation Center at Muncy Valley Hospital and The Gatehouse at Divine Providence Hospital; fetal monitors for The Birthplace; new operating rooms; the Cancer Center at Soldiers & Sailors Memorial Hospital; and The Joint Center's rehabilitation gym.

Thank you to the event sponsors: ARAMARK, Bayard Printing Group, The Brickyard Restaurant and Ale House, The Country Store of Pennsdale, Herman & Luther's, Lycoming Bakery and Your Building Centers for helping make these events so successful.

LEGACY SOCIETY

The Legacy Society recognizes those who made a planned or estate gift to Susquehanna Health Foundation.

Legacy Society Members – Current

Mr. and Mrs. Donald R. Creamer
 Robert P. and Linda H. Crockett
 Ron and Jeanne DeFeo
 John and Janet Dougherty
 Timothy M. and Mary C. Gage
 Dr. Davie Jane Gilmour
 Joe and Carolyn Hume
 Clarence and Lillian Iceman
 Steven and Mary Ann Johnson
 Mr. and Mrs. Michael D. Karstetter
 Raymond E. Kehrer Jr.
*In Memory of Hilda and Raymond
 Kehrer Sr.*
 Ruth and Ben Keller
 Mr. and Mrs. George Koons
 Dr. Bonelyn Kyofski
 Nancy J. Lady
In Memory of Andrew Lady
 Christy and David Lassiter
 Stephen C., John W. and John C. Lundy
 Fund
 E. LaRue Lunt
 Dr. and Mrs. George A. Manchester
 Charlotte E. Maxwell
 *Mr. and Mrs. Peyton D. McDonald
 Mrs. Betty Niles
 Dr. Robert and the Reverend Christine
 Purcell
 Patricia J. Rambo
 Ben and Ann Riles
 Donna E. Sayah
 Walter and Marian Schell
 Mr. and Mrs. Michael D. Scherneck
 Jean Soars
 Marvin and Jean Staiman
 Bill and Kim Van Campen
 Mr. and Mrs. Richard A. Vanderlin
 Matthew G. Wech

Thelma White
 Dr. and Mrs. Chan Yoon
 Marie B. Zurinsky

Legacy Society Members – Past

Ruth D. Adams Estate
 Ruth A. Anstadt Estate
 John and Eva Mae Archer
 Ruth S. Askey Estate
 Howard R. Baldwin Jr. Estate
 Estelle S. Bartlett Estate
 Dorothy M. Bartlow Estate
 Kathryn R. Biggar Estate
 Gertrude M. Blatchley Estate
 Kenneth and Lulu Blessing Trust
Diane Bookmiller
 Virginia M. Bower Estate
 Margaret R. Brown Estate
 Helen L. Bruner Estate
 Richard K. Burrows
 Helen Callaghan Estate
 Adelina Caporaletti
 Palma Colesanti Estate
 Alice and Charles Corbett
 Anne E. Cranmer Estate
 Ralph R. Cranmer Estate
 E. Ruth Crist Estate
 A. Virginia Dannelley Estate
 William H. Jackson Dawson Estate
 Austin Deck Estate
 Doris and Fred Diehl Estate
 Mary G. Dore Estate
 Richard M. Dore Estate
 James W. Dow Estate
 William J. Dunlap Sr. Estate
 Walter P. Eilers Sr. Estate
 Kathleen L. Enigk Estate
 Aurele B. Ewing Trust
 Jo-Anne Fawcett Estate
 Katherine M. Fetter Estate
 Elizabeth K. Frederick Estate
In Memory of William Frederick
 G. Alan and Priscilla D. Frey
 Sarah J. Fry Estate
 Leonard F. Gajewski Estate
 Lester Gehr Estate
 George W. and Lillian B. German
 Testamentary Trust
 Louise Goodman
 Peter J. Goodwin
 Amelia F. Grieco Estate
 Mary Hanner Estate
 Catharine A. Harrison Trust
 Ralph and Mary Hart Endowment Fund
 David A. Harvey Estate
 Christine H. Himes Estate
 K. Alan Himes Estate
 Catharine Hollenbeck Estate
 Ida A. Hoshauer Estate
 Charles William Humphrey Estate
 B. G. Johnson Estate
 Rosetta C. Keefer Estate
 Esther Kehler Estate
 Matthew Kissell Estate
 Mary E. Krise Estate
 Elizabeth P. Lyon Estate
 Joseph N. Lytle Estate
 Robert B. and Virginia W. MacIndoe Trust
 Esther Malleson Estate
 Thomas J. Malloy Estate
 W. Robert Maust Estate
 Marguerite Mayer Estate
 Mrs. Peter J. McGovern
 Janet I. McQuillen Estate
 Kenneth Meier Estate
 Mary G. Mosser Estate
 Wilhelmina J. Myers Estate
 Donald A. Nyce Estate
 Ruth E. Ohnmeiss Estate

Ted and Janet Owlett Estate
 Theresa M. Paternostro Estate
 Larry Allen Persun Estate
 William Pickelner Estate
 Dr. and Mrs. Paul B. Reis
In Memory of Al J. Smith
 Robert K. Rewalt Estate
 Paul L. Ridall Estate
 Thomas J. Rider Trust
 Lulu B. Roat Estate
 Beatrice W. Royston Estate
 Joy M. Shaner Estate
 Rebecca E. Sherman Estate
 Emily W. Simpson Estate
 Henry C. Sitler Estate
 Josephine Smith Estate

John G. and Mabel M. Snowden
 Memorial Fund
 Louella B. Snyder Estate
 Anna D. Stapleton Estate
 Marion Stopper Estate
 Ralph B. Strawbridge Estate
*In Memory of John W. and Sarah M.
 Strawbridge and Enjar and Clara P.
 Norman*
 Luther L. Stroup Estate
 Gertrude Strunk Estate
 Barbara W. Taber
 W. Wendle Taggart
 Russell E. Tingue Trust and Emogene L.
 Tingue Estate
 Argeno and Eleanor Vannucci Estate
 Ross Vickers Estate

Luigi Vittorio Estate
 Mary C. Vogel Estate
 Raymond F. Vogel Estate
 Jane Voneida Estate
 E. Louise "Petie" Waltman Estate
 Dwight and Eunice Waltz Estate
 Leonard G. Weber Estate
 Weisel Family Trust
 Eugene Welteroth Estate
 Helen Wilkins Estate
 Beatrice I. Winters Estate
 Marion Calvert Wright Estate
 Albert F. Young Trust
 Mary Louise Zimmerman Estate



Are You Missing From This List?

PLANNED GIVING

If you have already included Susquehanna Health Foundation in your final will or trust or are thinking about it, you should be part of our Legacy Society. Members of the Legacy Society are a vital part of the future of UPMC Susquehanna, providing input and helping to ensure that the community we serve will have world-class health care for generations.

You are never too old or too young to join. With the knowledge that all gifts made to Susquehanna Health Foundation will be used to support your community, there's never been a better time to become a Legacy Society member.

Legacy Society member benefits include the opportunity:

- **To meet personally with a Foundation officer to ensure your planned gift or bequest will have maximum benefit to and impact on the community and in the ways you intend.** We'll listen to your thoughts and plans and make sure we clearly understand your wishes.
- **To learn about current Foundation activities and provide input on future campaigns.** As a Legacy Society member, you'll receive regular news about Foundation and health system activities, and you'll have the opportunity to provide feedback.
- **For UPMC Susquehanna leadership to thank you for your donation.** Even if you prefer that your gift remains anonymous to the community, we would love the opportunity to personally thank you for your support.
- **To promote broader support for UPMC Susquehanna by inspiring family, friends and neighbors to include Susquehanna Health Foundation in their estate planning, too.** The addition of your name to our Legacy Society membership might be the encouragement some of your family members, friends or neighbors need to begin thinking about their own final plans.
- **To belong to a network of like-minded, giving members who have the best interests of the community at heart.** Our Legacy Society includes members of all ages, incomes and interests who share a common passion for UPMC Susquehanna and the future of health care for our community.

For more information about the Legacy Society, please contact Tom O'Connell, Susquehanna Health Foundation Major and Planned Gifts Officer, at (570) 320-7612 or toconnell@susquehannahealth.org.

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new doctors

By bringing the best physicians and advanced medical treatments to our region, UPMC Susquehanna delivers on its promise to provide high-quality, patient-centered care.

Ronald Campbell, MD

Sports Medicine
(570) 321-2020

Orthopedics welcomes Dr. Ronald Campbell as a sports medicine specialist. He joins Drs. Patrick Carey and Edward Gusick at Divine Providence Hospital campus. Dr. Campbell earned his medical degree from Howard University College of Medicine and completed his residency at Howard University Hospital in orthopedics. He is fellowship trained in sports medicine and offers a wide range of services including shoulder and elbow reconstructive surgery.



James R. Fick, MD

Neurosurgery
(570) 321-3260

Neurosurgery welcomes Dr. James R. Fick. Dr. Fick earned his medical degree from the University of Iowa College of Medicine and completed his internship in general surgery and residency in neurosurgery from the University of Cincinnati Medical Center in Ohio. Fellowship trained in neuro-oncology from the University of California in San Francisco, Dr. Fick is board certified through the American Board of Neurological Surgeons. Dr. Fick joins UPMC Susquehanna from Penn State Hershey Medical Group in State College, where he served as associate professor of the department of neurosurgery.

Soemiwati Holland, MD

Endocrinology
(570) 320-7848

Endocrinology welcomes Dr. Soemiwati Holland.

She joins Dr. M. Jeanne de Leon at Divine Providence Hospital. Dr. Holland completed her residency in internal medicine at Hackensack University Medical Center's Mountainside Hospital in Montclair, New Jersey. She completed her fellowship in endocrinology at Baylor Scott & White Health in Temple, Texas. She is board certified in internal medicine and is a part of the American Association of Clinical Endocrinology.



Alicia Meadows, DO

Rheumatology
(570) 321-2020

Rheumatology welcomes Dr. Alicia Meadows as a rheumatology specialist. She joins Dr. Keith Shenberger at Divine Providence Hospital campus. Dr. Meadows earned her medical degree from Philadelphia College of Osteopathic Medicine and completed her residency in rheumatology at Geisinger Medical Center. She is fellowship trained in rheumatology and offers a wide range of services, including care for joint pain, rheumatoid arthritis and osteoporosis.



Robert Muller, MD

Family Medicine
(570) 326-8500

Primary Care welcomes Dr. Robert Muller. He

joins Drs. Guy Giordano, Rachel Hogg and Kimberly Jones at Family Medicine at Warren Avenue. Dr. Muller earned his Doctor of Medicine degree at Temple University School of Medicine in Philadelphia and completed his residency in family medicine at the Family Medicine Residency Program at Williamsport Regional Medical Center.

He is board certified in Family Medicine.



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T. Max Hall III

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UPMC & Microsoft Join Forces to Revolutionize Health Care Delivery

UPMC and Microsoft announced plans to form a strategic research partnership that will empower people to live healthier lives.

By combining Microsoft's expertise in artificial intelligence (AI), cloud-based hosting and business optimization with UPMC's clinical, research and product development experience, the partnership plans to create technologies that will help solve some of the biggest challenges facing the health care industry. Solutions will include integration of disconnected information systems, improved communications with patients and ways to help manage regulatory uncertainty and physician burnout.

"Despite UPMC's efforts to stay on the leading edge of technology, too often our clinicians and patients feel as though they're serving the technology rather than the other way around," says **Dr. Steven D. Shapiro**, Chief Medical and Scientific Officer of UPMC and President of UPMC Health Services Division. "With Microsoft, we have a shared vision of empowering clinicians by reducing the burden of electronic paperwork and allowing the doctor to focus on the sacred doctor-patient relationship. Our planned partnership with Microsoft will help us transform the delivery of care and wellness in a way that was never possible before."

"We are incredibly energized about the opportunities to make a difference in health care with a leading provider and

“With Microsoft’s vision and technological ingenuity, our planned, multi-year collaboration has the potential to help us deliver vastly better care and a better patient experience at a lower cost—the ‘triple aim’ of health care.”

Tal Heppenstall, President of UPMC Enterprises

payor like UPMC,” says **Peter Lee**, Corporate Vice President of Microsoft Research and leader of Microsoft’s New Experiences and Technologies (NExT) organization. “This will be the first significant partnership in a new initiative that Microsoft is calling Healthcare NExT, which will deeply integrate greenfield research and health technology product development. Through these collaborations between health care partners and Microsoft’s AI and Research organization, our goal is to enable a new wave of innovation and impact.”

The two organizations intend to focus on projects that will empower both physicians and patients and advance groundbreaking immunology research by using Microsoft’s deep AI expertise and global-scale cloud. The partnership expects the

new products to be piloted at UPMC, under the guidance of the health system’s innovation and commercialization arm, UPMC Enterprises, which encompasses a broad portfolio of both home-grown and externally created technology companies.

“UPMC has a long history of applying technology the right way and bringing innovations to market,” says **Tal Heppenstall**, President of UPMC Enterprises. “With Microsoft’s vision and technological ingenuity, our planned, multi-year collaboration has the potential to help us deliver vastly better care and a better patient experience at a lower cost—the ‘triple aim’ of health care.”

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2017 Lifetime Achievement Award Honorees



On May 19, UPMC Susquehanna will honor **Dr. William McCauley, James Mothersbaugh** and **Hudock Capital Group, LLC**, with Lifetime Achievement Awards. All will be recognized for their tremendous impact on health care, our community and UPMC Susquehanna.



Dr. William C. McCauley

When he arrived at The Williamsport Hospital in 1975, Dr. William McCauley introduced new services and technologies to the Intensive Care Unit. Because of Dr. McCauley's diligent efforts, the health system improved respiratory therapy

services and developed a modern pulmonary function laboratory. Later, as Medical Director of the Critical Care Unit, Dr. McCauley initiated the use of continuous positive-airway pressure devices in ambulances to treat acute respiratory failure, established protocols for managing severe sepsis and launched a program that uses hypothermia to treat cardiac-arrest patients. In 2008, during the latter phase of his career, he became president of the physician group. While in this role, he aligned many physician practices to meet the needs of patients and the organization.

To recognize his dedication to his patients and commitment to providing high-quality health care in our community, Dr. McCauley is being honored with the **Physician Award**.



James E. Mothersbaugh

James "Jim" Mothersbaugh assumed leadership of the finance committee and the role of treasurer for the health system's board during a time of unprecedented change in health care. With more than 25 years of service to the health system, Jim has a unique view. His success in

the business community and knack for numbers have provided him with the financial stewardship needed to take on growing our medical group, developing and financing the Health Innovation Center and the Susquehanna Tower, expanding the health system's surgical and cardiology services, and overseeing the incorporation of Laurel Health System.

Jim has been a guiding presence since the health system's birth in 1994. He has played a key role in its subsequent expansion, including the two-year process in which system leadership, clinicians and long-standing board members evaluated more than 30 potential partners before choosing UPMC. In recognition of his outstanding contributions, Jim is being honored with the **Trustee Award**.



Hudock Capital Group, LLC

When it comes to the Hudocks and giving back, philanthropy runs in the family. In the hands of Michael and Barbara Hudock, their son Michael Hudock Jr., and his wife, Lyneah, Hudock Capital has been advocating for the importance of health care and the arts for more than a decade.

Always finding creative ways to unite the two passions to enhance healing for our

community, the Hudocks have funded stunning artwork throughout the hospitals. They've also filled our halls with music by donating a 1923 Steinway piano with an automatic playing mechanism for the Susquehanna Tower lobby. From the Foundation's two capital campaigns to matching donations for the #GivingTuesday Campaign, the Hudock family has channeled their passion for giving back into everything they do. To recognize their incredibly generous support, UPMC Susquehanna is honoring Hudock Capital Group with the **Philanthropist Award**.

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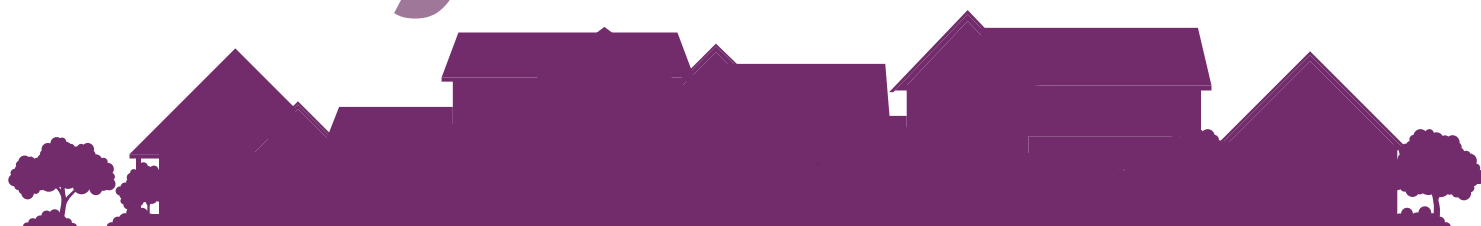
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